## Volunteering as a Group

We often receive requests from those who would like to help, but scheduling and lack of space is a barrier to many groups.

To allow everyone who would like to participate in food – or fundraising activities on our behalf, we suggest a few activities that you can do as a group:

### Take a monetary collection

Among your co-workers, students, or club members. You can get really creative with this idea – use the funds from your Christmas Party, office draws, or create a competition within your group to raise the most funds. Monetary donations go towards the maintenance of our facility and to the purchase of milk, meat, margarine and occasionally produce which goes into the hampers.

# Collect food items as a group or as have a competition between similar industry groups (ie Hair salons, liquor stores, etc).

Or break into smaller groups and compete to see who can collect the most. You are also welcome to contact our office about what goes into a food hamper and see how many completed hampers you can donate.

### Host an event

Such as a car wash, dinner or concert and give a portion of the proceeds to Parkland Food Bank.

### Become a corporate sponsor

We are always eager to have new sponsors join us in our efforts. Corporate sponsorships are available for many of our events and maintenance of our vehicle and building. Contact Sheri Ratsoy, Executive Director for more information.

Whatever your project or activity may be, we will gratefully accept your contribution to the programs and services we provide to those needing a helping hand in our community. If you have a new idea or suggestion for fundraising or foodraising activities, we'd be glad to have your input. Please give us a call at (780)-962-4565 so we can work with you to help the hungry!

See below for Most Wanted Food Items and our equipment wish list.

# Most Wanted Food ItemsWish List• Canned FruitAdministration:• Spaghetti Sauce• Office Supplies and Gift Cards• Boxed Cereal• Volunteer Recognition and Appreciation<br/>Gifts• Baby Formula• Discounts on Products & Services• Office Computer• Office Computer• Gift Certificates for Fuel