



2015

Parkland Food Bank



ANNUAL REPORT

Parkland Food Bank Society

The Parkland Food Bank exists to address the needs of hunger in Spruce Grove, Stony Plain, and Parkland County, primarily by providing food to those in need.

Box 5213, 105 Madison Cr.
Spruce Grove, AB T7X 3A3
780-962-4565
Charitable Registrations # 128510484RR0001

**Parkland
Food Bank**

Celebrating

1985-2015

30  **Years**

**Providing Food Assistance To
Spruce Grove, Stony Plain and Parkland County!**



FAST FACTS

Parkland Food Bank:

- Works with agencies throughout Parkland County, such as Auggies Café and Boys and Girls Club Wabamun After School Program. These agencies receive food to assist with their programming
- Provide food to four schools for either breakfast, lunch or snack programs
- Serves more than 2100 people per month through our hamper program
- Approximately 40% of our clients are children under the age of 18
- Collected, sorted, repackaged, and redistributed over 335,446 kg's of food in 2015. The approximated value of this food is \$838,615.00
- Completed our building expansion and renovation project

Volunteers:

- In 2015, more than 10,000 volunteer hours were contributed
- Volunteers assist with warehouse duties such as:
 - Picking up food donations in the community
 - Unloading, weighing and storing food
 - Sorting food donations
 - Repackaging bulk food
 - Packing food hampers
 - Administrative work
 - Fundraising
 - Warehouse cleaning and maintenance



MESSAGE

From the Board Chair

Back in 1985, the Parkland Food Bank was born out of a severe economic downturn. 30 years later, another economic downturn has reinforced the need for a food bank in our region. With these challenging times, more people than ever before are turning to the Food Bank for support. The need has increased dramatically.

At the same time, our community has stepped in to offer its assistance. With the generous support of area businesses, community groups and individuals, we were able to open the doors to our new expansion this past Spring. It could not have come at a better time. The additional space has given us the necessary capacity to respond to the dramatic increase of clients, over the past year.

While it has been a challenging year on a number of fronts, we are heartened by the amazing people in area who have stepped forward to offer their time and talents to help us support our community. More food and money are being donated, more hours are being volunteered and more community groups and businesses stepped forward to assist us.

On behalf of the board, I would like to thank our generous donors, our exceptional staff and our amazing volunteers for helping move one step closer to solving the poverty puzzle. I am proud to be part of this amazing organization and to be surrounded by such a dedicated and passionate group of people. Together, we can end hunger in our community.

Craig Curran-Morton



2015 OVERVIEW

This report presents a summary of the activities for the Parkland Food Bank Society for 2015. Parkland Food Bank experienced our busiest year in our 30 year history, helping more of our neighbors than ever. We assisted a record number of households this year (1119) surpassing our 2010 record of 941 households, the peak of the 2008/2009 recession. The uncertainty of the economy, the increasing growth of our communities plus the shortage of affordable housing in our area, continues to influence usage of the food bank. We expect to see more individuals and families coming to us for assistance over the next couple of years while the economy stabilizes and families can recover.

Parkland Food Bank's success continues due to the tremendous support from the businesses, individuals, community groups and churches of Spruce Grove, Stony Plain and the County of Parkland. The generosity is reflected in the amazing food donations, community events, monetary gifts and gift in kind donations we receive.

Parkland Food Bank volunteers are second to none. We have over 170 volunteers giving their time and skills on a regular basis to keep Parkland Food Bank operational. The more challenges we face, the more our volunteers step up and keep us feeding the community.



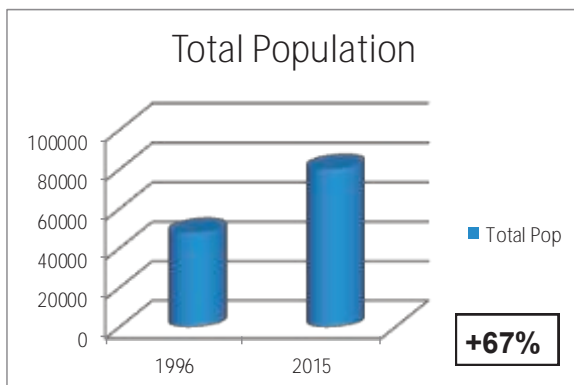


Grand Opening September 2015.

In the early 1980's Alberta was hit by an overexpansion of its oil industry and a world-wide economic recession causing unemployment rates to jump from 4% to 10% within two years.

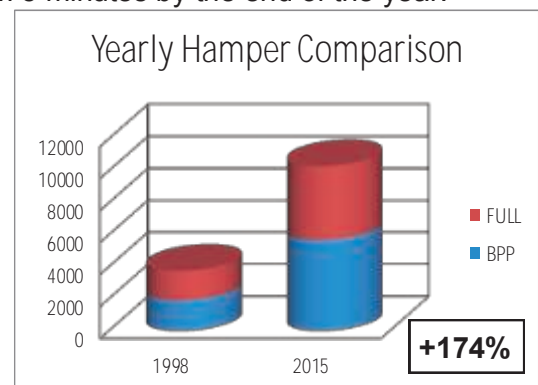
In response to the needs in our community a group of concerned citizens began providing food bank services in the basement of the Stony Plain United Church in 1984. Parkland Food Bank was incorporated as a registered charity in 1985, and as demand for the service grew, a search for a more permanent home began. In that same year, the food bank relocated to Spruce Grove and after several more location changes throughout the years, Parkland Food Bank secured a free long term lease agreement with the City of Spruce Grove for the land located at 105 Madison Crescent, in 1997.

The Parkland Food Bank built a 3,000 square foot building to house the food bank operations. The first full year we were operating out of the new facility we served 3749 hampers to the combined population of Spruce Grove, Stony Plain, and the County of Parkland which was approximately 48,000 people.



Fast forward to 2015 and once again we see Alberta struggling with unemployment rates jumping from 5.4% in January 2015 to 7.9% in January 2016. As well, our community has been struggling with a lack of affordable, accessible housing. This lack of affordable housing have many living in our community choosing to pay their rent over purchasing groceries. At the same time, those needing to live off of disability benefits or income support are struggling as well as there is a substantial difference between the benefits they receive and what it costs to meet their basic needs of shelter and food. This has all left Parkland Food Bank trying to fill the gap between incomes and basic necessities for the individuals and families in our area.

With growth and change came a need to expand our facility. After years of fundraising and planning, Parkland Food Bank completed a \$540,000 expansion and renovation project towards the end of 2015. This extra space and new equipment came just in time as we went from handing out a hamper every 4 minutes at the beginning of the year to handing out a hamper every 1.75 minutes by the end of the year.





Parkland Food Bank as it was built in 1997

2015 Building Expansion



Parkland Food Bank after 2015 expansion



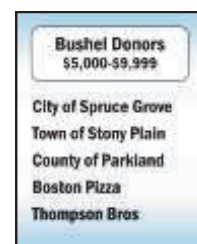
Walk in freezer thanks to the Edmonton Community Foundation!



Inside expansion getting framed and ready for drywall. Feb. 2015

2015 Building Expansion Sponsors

A great big thank you to the following sponsors and to all the individuals that supported our expansion project! We would have never been able to complete this project without support like yours.



What We Do

The purpose of Parkland Food Bank is to address the needs of hunger among residents of Spruce Grove, Stony Plain and Parkland County. We provide weekly access to food for individuals and families in short term, long term and emergency situations.

Parkland Food Bank gave out over 10,200 food hampers to 1,119 separate families in 2015. When we count each instance a client accessed the food bank, we provided 2-5 days' worth of food for 26,058 people. Our clients are eligible to receive two different types of hampers.

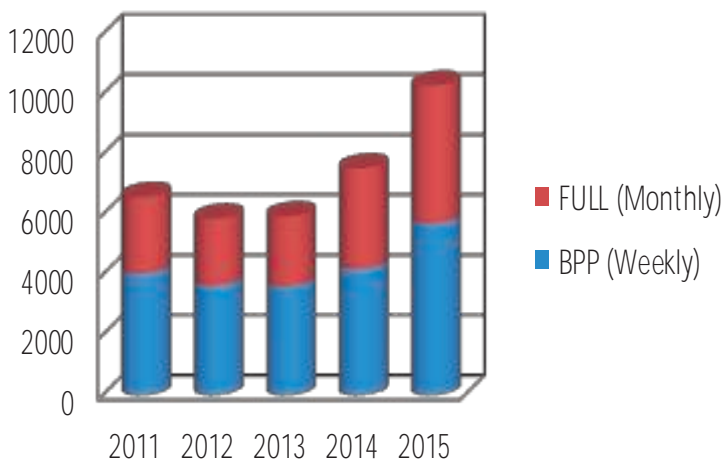


Full Hamper - consists of a standard pre-packed box of non-perishable items, plus milk, meat, eggs to which a box of available produce and pastry is added. Clients can help themselves to bread. These hampers are designed according to the number of people in a family and to last a period of four or five days. Clients may receive one Full Hamper every calendar month.

Weekly Hamper (BPP) - are primarily made up of perishable items (Bread, Produce and Pastry) picked up Monday to Friday from our local retail outlets. Clients can come once any week they are not receiving a Full Hamper. Additional canned or frozen items are added as supplies permit.

In 2015 we saw a 37% increase in Monthly Full Hampers over 2014.

Yearly Hamper Comparison



Pre-packed boxes of non-perishable items, for Full Hampers, built in different sizes for the families we serve.



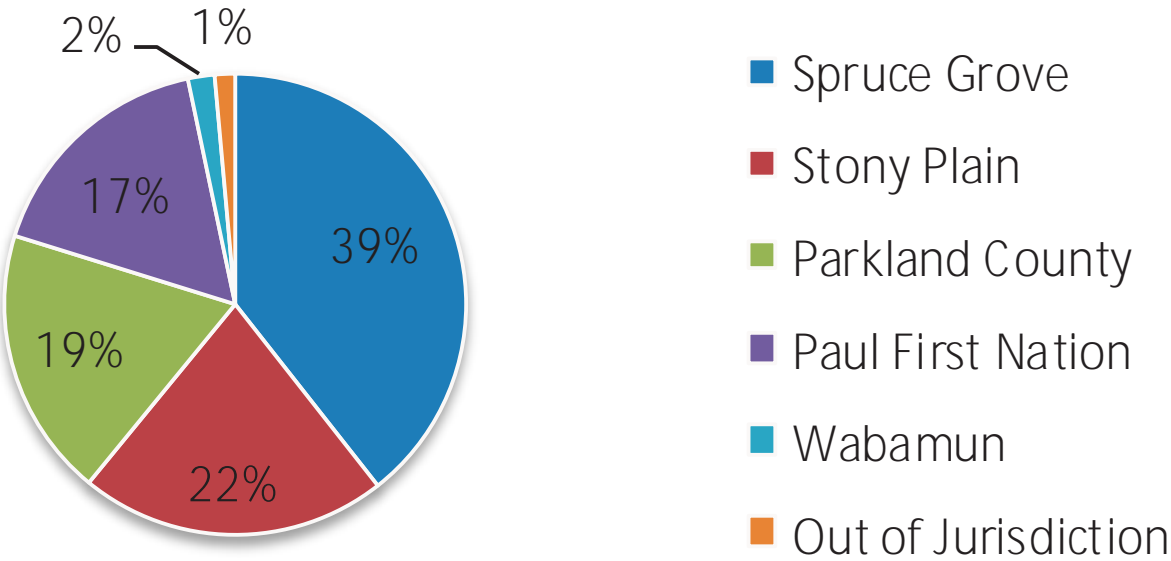
Service Statistics

Population growth in the communities served by the food bank is one contributing factor to the increase in clients registered.

Community	Population	
	2011	2015
Stony Plain	15,051	16,127
Spruce Grove	26,171	32,036
County of Parkland	30,568	

*Figures from 2011 Federal Census population statistics; 2015 Municipal Census population statistics.

Households Served by Location (Unique)



*Reports on the community of residence of households who received services during this reporting period. This is a unique count, so each households community of residence is only counted once, regardless of the number of times they received services during the reporting period, and the data reflects the most recently updated household status for the family.

The Neighbors We Serve

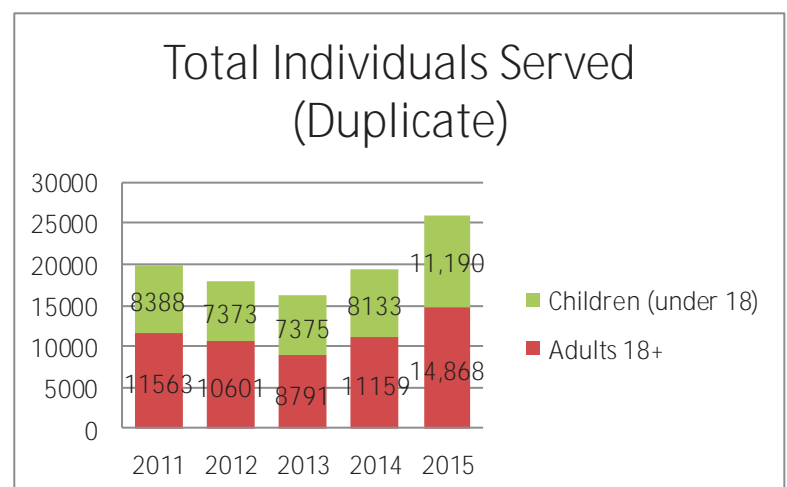
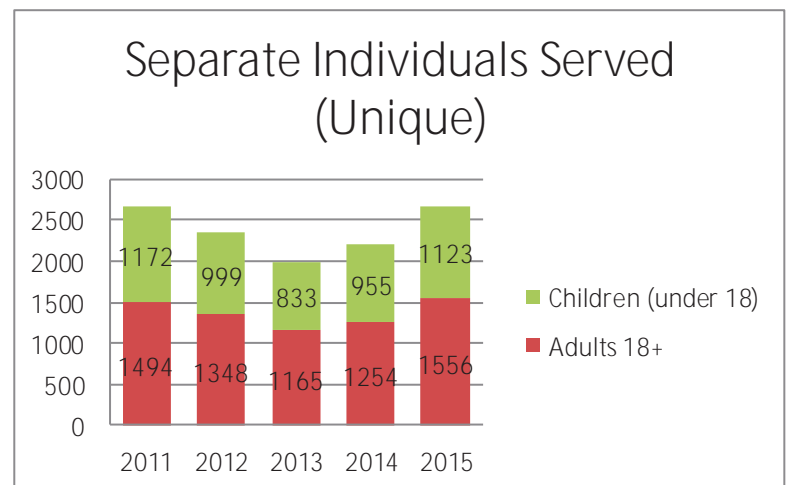
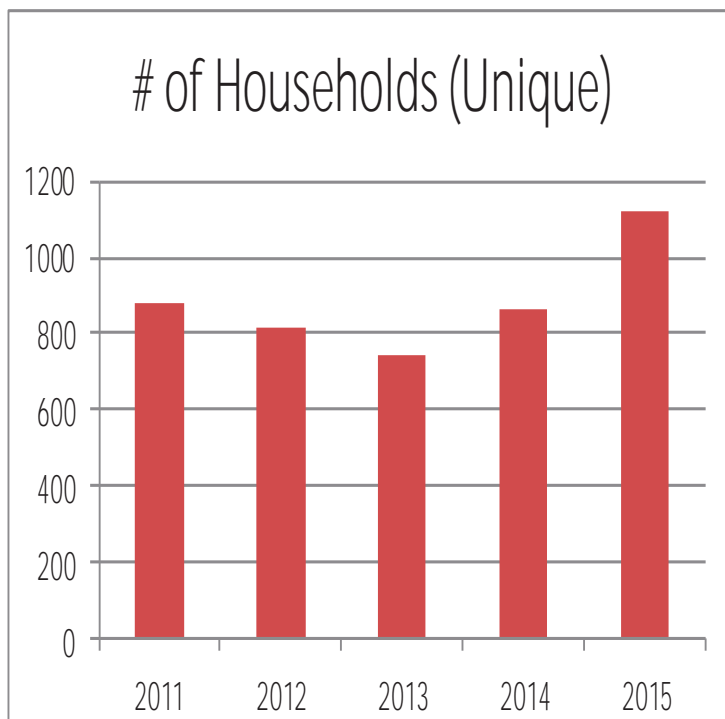
There are many reasons why people are in need of assistance. Our clients consist of:

- Persons with disabilities
- Seniors
- The working poor
- Persons receiving income support
- Newcomers to the area
- Those experiencing an unexpected financial loss due to job loss, divorce, illness, or an increase in rent and utilities.

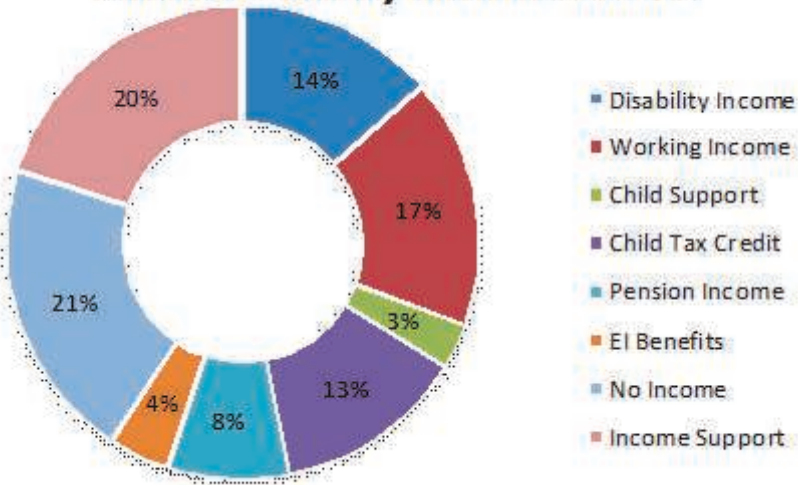
You will notice that the following graphs are classified into two different categories.

Unique Count - each family or individual only being counted once, regardless of the number of times they visited.

Duplicate Count - each family or individual is counted for each time they received services.



Clients Primary Income Source



Monthly Net Income (Unique)

Net income is all income minus rent, utilities, insurance, car payments and any child support or child care costs. This is what households have left to pay for groceries, clothing, personal care items, school fees, etc.

- 28% of households we served had a negative net income every month
- 52% of households we served had a net income of less than \$1000 every month.

Living Wages in the Edmonton area in 2015

'The living wage is based on a set of assumptions that reflects the cost of living in Edmonton in the spring of 2015 by using the most current data available.' ("MORE THAN MINIMUM Calculating Edmonton Living Wage", 2015)

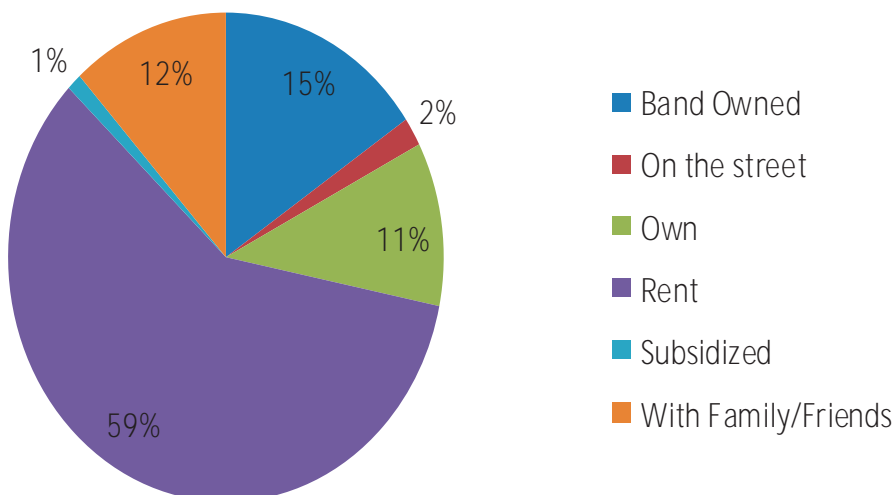
Living wage for a family of four with both parents working 35 hours/week—\$63,190.40 combined annually

Living wage for a lone parent household with one child, working 35 hours/week—\$35,180.60 annually

Living wage for a single adult household, working 35 hours/week—\$31,959.20 annually

Alberta has the highest rate of working poverty in Canada. In 2011, 59.2% of Alberta children in poverty lived in families where one or both parents worked full-time for the entire year (Statistics Canada, 2014c).

Housing Type



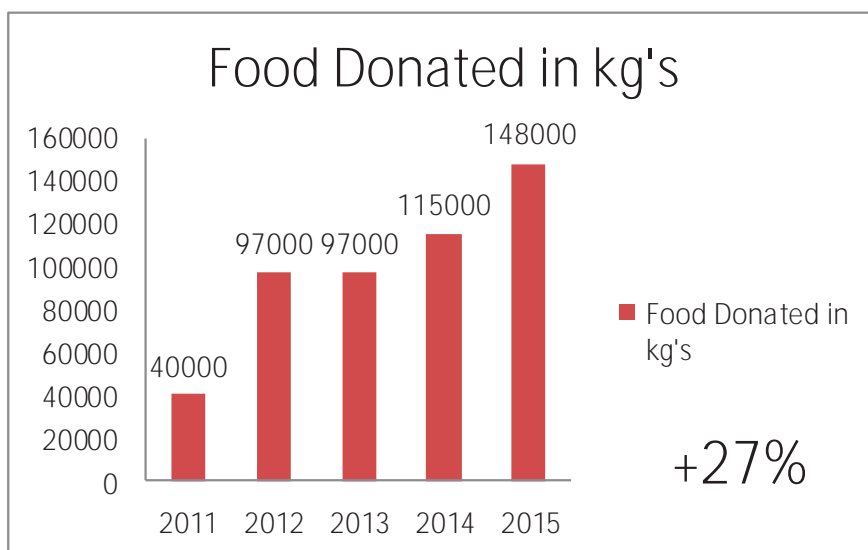
**Average rent amount
Spruce Grove
2015
\$1,421.00/month**

Food Donations

Chart includes food product donated by individuals, businesses, churches, food drives, special events, and collection bins but does not include reclamation food, bread, or food given as a Gift in Kind. The 148,000 kg's of food donated to us from the community has a cash value of \$814,000.00.



Millgrove School's Pound Away Hunger Drive



Friends of the Food Bank—Community Collection Bins

- Co-op
- Freson Bros. Fresh Market
- Good Shepherd Lutheran Church
- Homegrown Foods
- Red Apple
- Rona
- Safeway Spruce Grove
- Safeway Stony Plain
- Save-on-Foods
- Sobeys
- Spruce Grove FCSS
- Spruce Grove Medical Center
- Stony Plain United Church
- St. Aidan & St. Hilda Anglican
- St. Andrews United Church
- St. Matthews Lutheran Church
- Superstore
- Town of Stony Plain

Friends of the Food Bank—Gift in Kind for Non Food Items

- Zender Ford—Food Bank truck
- Links Brand Fencing, ASAP Fencing, A-Riverside Auto, Grove Auto- Security Fence
- Home Depot—Raised garden beds
- Black Dirt Compnay—Gravel for parkland lot
- Staples—Office furniture and printer
- Clearly Superior—Window and windshield replacement
- Econolube—Oil changes
- Reliable Landscape Inc.— Lawn maintenance
- Tyscott Mechanical— Snow Removal



Friends of the Food Bank—Food Drives/Events/Donors

**Thank you to all the businesses, community groups, churches and unnamed individuals who supported
Parkland Food Bank in 2015**

1183461 Alberta Ltd.
1909428 Alberta Inc.
4th Brownies Spruce Grove
Agriculture Financial Services Corporation
Alberta Food Bank Network Association
Alberta Health Services EMS
Alquinn Homes
ASAP Fencing
ATB - Alberta Treasury Branch
Atco Gas
Be Free Yoga
Bear Skin Art Tattoo
Birdsell Grant
BLCO Enterprises Ltd.
Body by Bucci
Border Paving
Brightpath Daycare
Brookwood School
Calahoo Meats
Cami Homes
Canada Day Event Spruce Grove
Cascadia Metals
Cedar Brae Social Committee
Christian Fellowship Church
Christian Ministry
Christian Reformed Church
Church of Jesus Christ Latter Day Saints
Cindy Manke - Halloween House
City Financial
City of Spruce Grove Parks & Development
Clearly Superior Glass Inc.
Concord National
Congregational Christian Church
Co-op Stony Plain
Core Electric
Cosack Inn
Cummins Western Canada
Curves Spruce Grove 904194 AB Ltd
CWT Logistics Management Inc.
Deercon Inc.
Deering Holding Inc.
DMS Evestroughing Inc.
Duffield School
Dwen Construction Ltd.
DynaLife
East Parkland Bible Church
Ecole Medidian Heights School
Edmonton Gleaners Society
Edmonton Gymkhana Association
Edmonton Petroleum Golf & Country Club
Edmonton Trailer Sales & Leasing Ltd.
Elite Sportswear
Emeco Canada Ltd.
Engage City Church
Farm Credit Canada
Flamin Floozies of Spruce Grove
Forest Green School
Freson Bros
Friends of Greystone School Society
Frontline Fitness
Good Shepherd Lutheran Church
Greystone School
Griffin Tae Kwon Do
Grove Cruise
Grove RV and Leisure Inc.
Grove Seniors Village
Holy Trinity Catholic Church
Home Grown Foods

Hope Christian Reformed Church
Horizon Stage
Hubbles Lake Resort
IHC Rehab
Immanuel Lutheran Church of Rosenthal
Initiation Ice Cap Tournament
J.M.B. Janitorial Services Ltd.
Jen-Col Construction
Joffre's Water Spruce Grove
John Paul 11 School
Kailey's Art Classes
Karen Sievwright (Zumba in the Park)
Karo Dental
Keephills School
Keith Grant / Grove U-Pick
Kristy's Little Learners Playschool
Lighthouse Church
Liquor on McLeod Ltd.
Loblaw Companies
Maid in Alberta Cleaning Services Ltd.
Mallard Agencies Ltd.
Maridon Music Ltd.
Master Paving Alberta Ltd.
McLeod Mercantile Ltd.
Memorial Composite Rotary Interact Club
Meridian Heights School
Mewassin United Church
Millgrove School
Mini Monster Bash
Mission of St. Saviour Anglican Church
Mixcor Aggregates
Monday Devon Ladies League
Muir Lake Community League Bingo
Muir Lake School
Mystical Stone Yoga Studio
Nethercan Woodworking Ltd.
Nexus Technologies Group Ltd.
North Central Co-operative Association
Original Joes Franchise Group Inc.
Pankewich Holding Ltd.
Papa Murphy's Pizza
Parkland Baptist Church
Parkland Retired Teachers Association
Parkland Riding Club
Parkland School Division
Parkland Seventh-Day Adventist Church
Patterson Ent. Ltd.
People's Pentecostal Church
Phina's
Puralator Tackle Hunger Campaign
Quick X
Rainbow Palace Restaurant
Red Apple
REM 15 AA/PAT Saints Midget AA League
Robinson & Company
Rococo Homes
Rona
Rotary Club of Stony Plain
Rotorchrome Industries Inc.
Royal LePage Pumpkin Giveaway
Safeway Spruce Grove
Safeway Stony Plain
Sandyview Meats
Save-on-Foods
Silent River Kung-fu
Sir Alexander Mackenzie School
Sobeys
Spruce Grove Bingo

Spruce Grove Chamber of Commerce
Spruce Grove Chiropractic
Spruce Grove Church of Latter Day Saints
Spruce Grove Composite High School
Spruce Grove Cougars Football
Spruce Grove Daycare
Spruce Grove Girl Guides
Spruce Grove Legion
Spruce Grove Minor Football Club
Spruce Grove Oil Wives
Spruce Grove Playschool
Spruce Grove Saints Jr A Hockey
Spruce Grove Specialized Transit Services
St. Aidan and St. Hilda Anglican Church
St. Andrews United Church
St. Augustines Anglican Church
St. John Lutheran Church
St. Joseph School
St. Marguerite School
St. Matthews Lutheran Church
St. Peter Apostle Social Justice Project
St. Thomas Aquinas Middle School
Stony Plain Alliance Church Youth
Stony Plain Church of Latter Day Saints
Stony Plain Dental
Stony Plain Farmers Market
Stony Plain First Night Festival
Stony Plain Legion #256 Ladies Aux.
Stony Plain Minor Hockey
Stony Plain PeeWee 3A
Stony Plain Scotia Bank
Stony Plain United Church
Stony Plain United Church Women
Sundowners Toastmaster
Sunrise Dental
Superstore
Swallow Hollow Orchards
Sylvan Development Ltd.
Sysco
Tasha Laurie - Zumba in the Park
The Branch Manager
The Pampered Chef
The Pooch and Pony
The Thrift Shop
Thompson Bros. LP
Tire Craft
TOPS Spruce Grove
Tour of Alberta
Town of Stony Plain
Village of Spring Lake
Village of Spring Lake
Wabamun Anglican Church
Walmart Canada Corp.
Warburg Hutterite Colony
West Edmonton Mall
West Parkland Gas Co-op Ltd.
Western Financial Group Inc.
Westgrove Clinic
Whispering Waters Senior Centre
Windsor Estates
Winners
Woodhaven School
WSP Canada Inc.
Xi Alpha Phi Sorority
Young Guns
Zencor Equities Ltd.

Parkland Food Bank Volunteers

2015 was an incredibly challenging year at Parkland Food Bank and our volunteers went above and beyond to make sure families continued to be fed through renovations, new equipment, a dramatic increase in clients needing our services and the record amount of food received, thanks to the incredible generosity of our community! Our warehouse supervisor Elena sums up the importance of our volunteers in this email sent out when we finally finished sorting through the holiday donations late this February.

To all the volunteers,

“Thank you very much to all of you who came on Saturday to tackle "Mount Sortus"! It feels like a dance floor in the new warehouse and it's so nice to have all that breathing space again.

Typically 60% of our annual donations come piling in between Oct - Jan and this year was no exception. It tends to throw everything off balance, maxing out our available space and overloading our volunteers with an exhausting amount of work.

But thanks to all of you amazing volunteers, we managed to move through it, all while undergoing some major changes in our warehouse (with the installation and implementation of the new shelving system) plus a drastic increase in the amount of clients we serve.

I want to acknowledge all the drivers and assistants who, throughout our busy season, collected and unloaded over 70 000 kg's of donations! And to all the volunteers who moved all that food through our system, from offloading it, weighing it all, sorting it all, preparing the hampers and greeting & serving our clients.

Oct 2015 - Jan 2016: 74 543 kg's

Oct 2014 - Jan 2015: 54 278 kg's

An increase of 20 265 kg's from last year!

You are such an incredible bunch! Each of you gives 110% when you're here and we are continually amazed with the productivity level that happens on a daily basis. Without your selfless commitment to serve those in need within our community, the food bank would not be the successful operation that it is today!

I love this quote by Terri Guillemets:

"The world is hugged by the arms of volunteers".

Your kindness is touching the hearts of so many people.

Thank you to the moon and back for what you do.

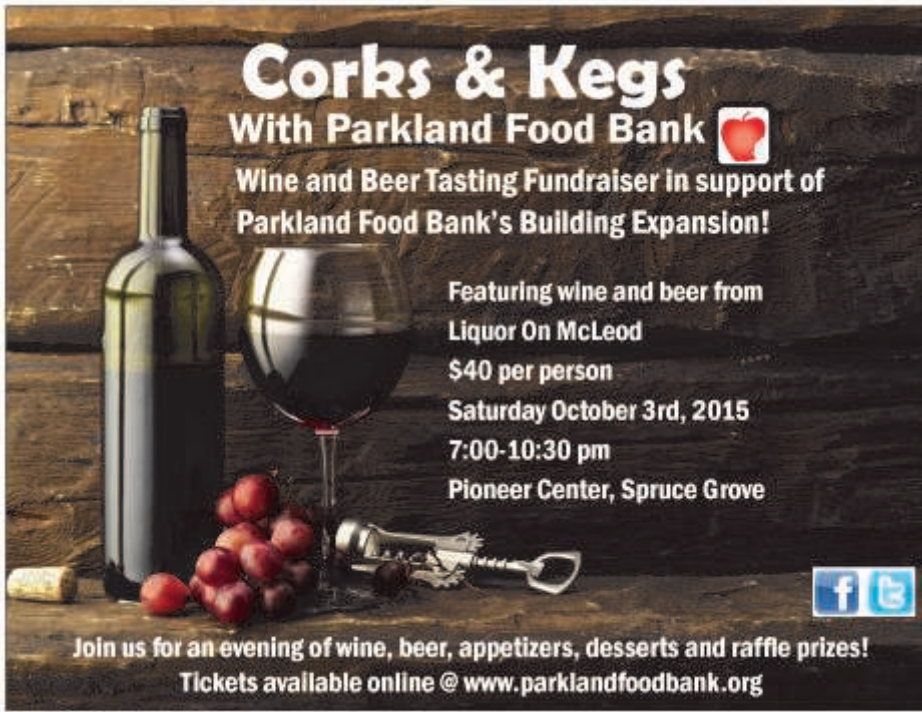
Elena”

For more information on volunteering at Parkland Food Bank visit www.parklandfoodbank.org.



Parkland Food Bank Special Events

Fundraising is an essential component of support for Parkland Food Bank. We wanted to create some events that really let us interact and have some fun with the community who supports us!



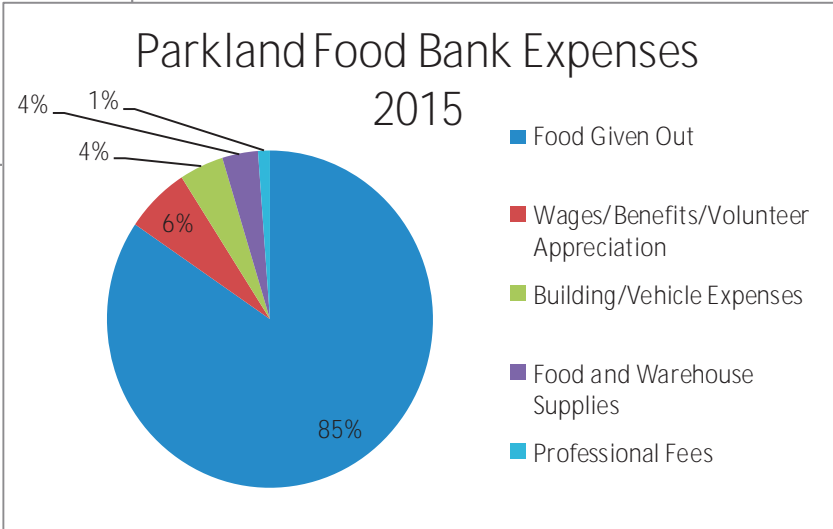
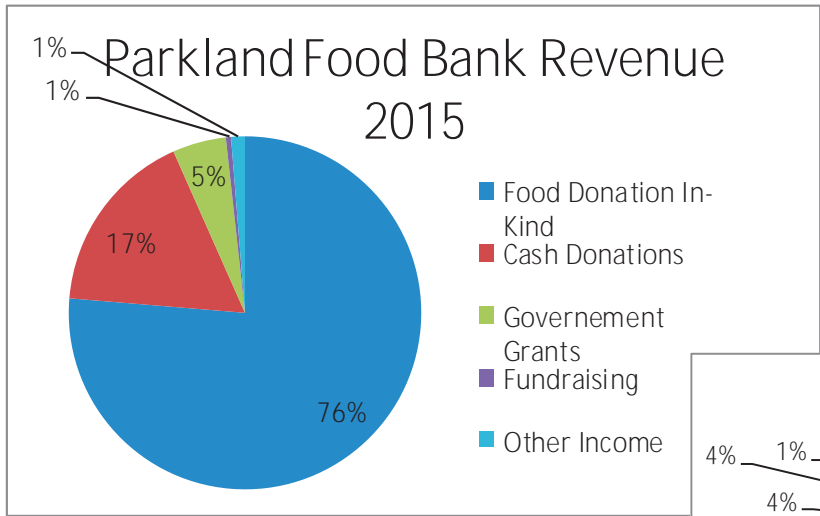
October 3, 2015 we had 100 members of our community join us for a night of wine and beer tasting, appetizers, desserts and raffle. It was a fantastic night and we can't wait to do it again Nov. 5, 2016! Tickets will be available online soon.

Event Sponsors



Parkland Food Bank Revenue and Expenses

The following charts give a very quick overview of where Parkland Food Bank received its money from in 2015 and how all money was spent. For a more detailed look at Parkland Food Banks 2015 Audited Report, visit our website at www.parklandfoodbank.org.



PARKLAND FOOD BANK SOCIETY
Statement of Revenues and Expenditures
For the Year Ended December 31, 2015

	2015	2014 (Note 11)
REVENUE		
Food donations in kind (Note 7)	\$ 838,615	\$ 632,915
Donations (Note 8)	187,210	131,123
Government grants	54,000	12,500
Amortization of deferred contributions (Note 5)	13,019	2,043
Fundraising	5,172	14,450
Other income	507	368
Interest income	237	621
Donations for building	175	22,276
	1,098,935	816,296
EXPENSES		
Food donations in kind (Note 7)	838,615	653,316
Wages and benefits	62,033	81,890
Amortization of capital assets	37,695	6,141
Food and warehouse supplies	35,204	6,032
Professional fees	11,662	5,638
Repairs and maintenance	9,551	2,823
Utilities	9,541	6,634
Office	7,464	5,887
Automotive and travel	7,206	6,407
Insurance, licenses and permits	3,876	4,293
Waste removal	3,365	3,723
Volunteer appreciation	2,441	2,295
Fundraising	1,432	8,218
Telephone	1,142	2,012
	1,031,227	795,309
EXCESS OF REVENUE OVER EXPENSES	\$ 67,708	\$ 20,987

See notes to financial statements
Parkland Food Bank Society

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PARKLAND FOOD BANK SOCIETY
Statement of Cash Flow
Year Ended December 31, 2015

	2015	2014
OPERATING ACTIVITIES		
Excess of revenue over expenses	\$ 67,708	\$ 20,987
Items not affecting cash:		
Amortization of deferred contributions	(13,019)	(2,043)
Amortization of capital assets	37,695	6,141
	<u>92,384</u>	<u>25,085</u>
Changes in non-cash working capital:		
Government remittances receivable	(6,730)	(3,824)
Accrued interest receivable	382	33
Prepaid expenses	(6,926)	616
Accounts payable and accrued liabilities	6,865	3,537
Deferred income	4,138	-
	<u>(2,271)</u>	<u>362</u>
Cash flow from operating activities	<u>90,113</u>	<u>25,447</u>
INVESTING ACTIVITIES		
Purchase of capital assets	(326,701)	(132,177)
Disposal (purchase) of long term investments	52,000	(628)
Cash flow used by investing activities	<u>(274,701)</u>	<u>(132,805)</u>
FINANCING ACTIVITY		
Deferred contributions received	43,737	140,775
Cash flow from financing activity	<u>43,737</u>	<u>140,775</u>
(DECREASE) INCREASE IN CASH	<u>(140,851)</u>	<u>33,417</u>
CASH - BEGINNING OF YEAR	<u>299,841</u>	<u>266,424</u>
CASH - END OF YEAR	<u>\$ 158,990</u>	<u>\$ 299,841</u>

See notes to financial statements
Parkland Food Bank Society

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Our 2015 Board of Directors

Parkland Food Bank's Board of Directors is a governance board. They are responsible for setting policies and providing oversight and leadership to Parkland Food Bank.

Craig Curran-Morton

Board Chair

Dianne Lukey

Past Chair

Kai Shuler

Vice-Chair

Laura Nelubowich

Secretary

Gabrielle Seymour

Treasurer

Sandra Christiansen

Director

Harriet Nelson

Director

Bill Shaver

Director

Brett Esslinger

Director

Sonia Kochansky

Director

Stephen Webber

Director



Let's Connect

Location

105 Madison Cr.
Spruce Grove, AB

Mailing Address

Box 5213
Spruce Grove, AB
T7X 3A3

Phone

780-962-4565

Fax

780-960-2560

