Parkland Food Bank

Annual Report 2016

Community helping community to make healthy food accessible
2016 has come to a close and the need for the Parkland Food Bank has never been greater. Our client numbers are up dramatically year over year. In fact, we are serving double the number of people today than we did just a short 2 years ago. This speaks volumes about the current economic climate we find ourselves in.

As depressing as the economic situation is, we are buoyed by the support we have received from the community. Donations, financial and food, have kept pace to meet the demand. We have received wonderful support from businesses and community organizations as they continue to step forward to help. Our orchard sponsorship program has begun to bear fruit with several businesses stepping forward to offer ongoing, multi-year support.

This support we have received and the expansion we have undergone in 2015 have allowed us to increase the number of days and hours we are open to support clients and to add an additional staff member to support our amazing volunteers.

While we had hoped that we had reached the peak in client need last year, 2017 does not show signs of slowing. However, with an amazing staff, incredible volunteer base and supportive communities in the Parkland region, we will continue to strive to end hunger in our community.

Sincerely
Craig Curran-Morton

From the Executive Director

2016 has been an amazing year of both challenges and opportunities! We have certainly made great use of our expansion that was completed in 2015 and have been unendingly grateful for the extra capacity as we continue to break records both for clients fed and food donated to us by our amazing community supporters.

As we move into 2017 we are preparing to take the next steps to increase our capacity once again to meet our growing communities needs in the coming years. We will be:

• Completing the second story to our warehouse addition to increase our storage space and create an office for our Warehouse Supervisor. This addition will give us the ability to put in a proper staircase to access our second story as well as a conveyor system to move product between floors safely.
• Re-grading and expanding our parking lot for clients and volunteers.
• Upgrade carts and pallets in the warehouse.

I am just so very thankful to our supporters and volunteers who continually give so much of themselves. Parkland Food Bank is simply a reflection of the amazing heart of our community, and we wouldn’t exist without our donors.

I would also like to pass on a great big thank you from our clients, who are grateful to know that whatever is going on in their lives, they don’t face their hard times alone. There are many, many individuals and businesses that are helping them out when they need a little hand up!

Blessing to you all,
Sheri Ratsoy

2016 Board of Directors

Craig Curran-Morton   Jennifer Brunet
Kai Shuler               Brett Esslinger
Gabrielle Seymour       Bill Kelly
Laura Nelubowich        Sonia Kochansky
Dianne Lukey            Stephen Webber
Snap Shot

THE FOOD

51% of yearly food donations from our local community got donated October—December 2016

Transportation volunteers spent 2000 hours picking up donations.

THE PEOPLE

13,771 Volunteer Hours/Year

We had 157 individuals volunteer with us in 2016. Average age of our volunteers is 54 and our oldest volunteer is 82!
Fast Facts

DISTRIBUTED ENOUGH FOOD FOR

217

MEALS EVERY DAY OF THE YEAR

53% HAD NO INCOME

42% ARE CHILDREN

45 Volunteers donate their time every day we were open

104 Emergency hampers given out per day we were open

39,898 Client visits
Emergency Hampers

What We Do

The purpose of Parkland Food Bank (PFB) is to address the needs of hunger among residents of Spruce Grove, Stony Plain and Parkland County. We provide weekly access to food for individuals and families in short term, long term and emergency situation.

PFB gave out over 15,000 food hampers to 1,576 separate households in 2016. When we count each instance a client accessed the food bank, we provided 2-5 days’ worth of food for 39,898 people. Our clients are eligible to receive two different types of hampers.

FULL HAMPER—consists of a standard pre-packed box of non-perishable items, plus milk, meat, eggs to which a box of available produce and pastry is added. Clients can help themselves to bread. These hampers are designed according to the number of people in a family and to last a period of four or five days. Clients may receive one Full Hamper every calendar month.

WEEKLY HAMPER (BPP) - are primarily made up of perishable items (Bread, Produce and Pastry) picked up Monday to Saturday from our local retail outlets. Clients can come once any week they are not receiving a Full Hamper. Additional canned or frozen items are added as supplies permit.

H2 WEEKLY HAMPER— for clients that have no access to cooking appliances or refrigeration, we provide a hamper of ready to eat, non-perishable food that clients can access once a week.

In 2016 we saw a 67% increase in monthly Full Hampers over 2015!

Dear Food Bank Staff, Volunteers, and Supporters,

You all have been a God-send to me this past year in dealing with financial difficulties and hardships. You have made life much easier to manage with all the help, assistance and work you have given me and our communities. It has made a world of difference!

Thank you for all you have done to help me and others in such times to make a good and wonderful difference to our lives in this regard.

God bless you all!

December 26, 2016
THE NEIGHBORS WE SERVE

Job loss = Divorce = Illness = Disabilities = Fixed Gov’t Income = Working Poor = New to the Community

MONTHLY NET INCOME

Net income is all income minus rent, utilities, insurance, car payment and any child support or child care costs. This is what households have left to pay for groceries, clothing, personal care items, school fees, etc.

- 34% of households had a negative net income every month
- 50% of households had a net income between $0—$1000 every month.
DONATIONS

Chart includes food product donated by individuals, businesses, churches, food drives, special events, and collection bins but does not include reclamation food, bread or food given as a Gift in Kind. The food donated to Parkland Food bank has a cash value of $1,212,671.

COMMUNITY COLLECTION BINS

GIFT IN KIND FOR NON FOOD ITEMS

Boston Pizza-Dock Lift
Econolube-Oil Changes
Grove City Meats-Meat Cutting
Home Depot-Vegetable Plants and Seeds
Reliable Landscape Inc.-Lawn Maintenance
The Black Dirt Company-Garden Soil
Tyscott Mechanical-Snow Removal
Zender Ford-Food Bank Truck and Maintenance
<table>
<thead>
<tr>
<th>Friends of the Food Bank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Drives/Events/Donors</td>
</tr>
</tbody>
</table>

- McOuat, Kirsten
- McRae, Tiffany
- Meachin, Elizabeth
- Melanson, Joan
- Mennie, Donna
- Meridian Cove
- Meridian Heights School
- MetaFitness & Wellness Center
- Metzner, Brenda
- Mewassin United Church
- Mini Monster Bash
- Miss Lauren Music
- Mitchell, Suzanne
- MLW Brutes Baseball Team
- Mogck, Larry
- Molyneux, Heather
- Mommy Connections
- Morrissette, Rene
- Mottershead, Lyle
- Muir Lake Community League Bingo
- Muir Lake School
- Munro, Alex & Paulaette
- Murray, Ellwood
- Murray, Janet
- Myshak Sales & Rentals
- Naomi’s Tupperware
- Nav Canada Villeneuve Airport
- Nelson Environmental Remediation Ltd.
- Nelson, Harriet
- Nelubowich, Laura
- Nesnaj, Elaine
- Nethercan Woodworking Ltd.
- New Life Community Church
- Nexus Technologies Group Ltd.
- North Central Co-operative Association Ltd.
- Norwex Cleaning Supplies
- Obenauer, Jason
- Ochoa Whelan, Erin
- Oldcastle Architectural Exopocrete
- Oleskiw, Susan
- Olson, Harold
- O’Neill, Fran
- O’Neill, Glenn & Tracey
- Overwaitea Foods
- Owens, Janice
- Pagnotta, Stefano
- Panekewich Holding Ltd.
- Parent, Gina
- Parjah, Danielle
- Parkbridge Lifestyle Communities Inc.
- Parker, Frank
- Parkland Area Retired Teachers Association
- Parkland Baptist Church
- Parkland County
- Parkland Celebration Choir
- Parkland Dental Associates Inc.
- Parkland Farm Equipment Ltd.
- Parkland Medical Clinic
- Parkland Montessori School Ltd.
- Parkland Potters Guild
- Parkland School Division
- Parkland Seventh-Day Adventist Church
- Parkland Spring Fling Home And Garden Show
- Parkland Village School - Helping Hands
- Patti-Lou Cumby Insurance
- Paulsen, Kara
- Pearl, Kerry or Sharon
- Peavey Mart (Corporate)
- Peavey Mart Spruce Grove
- Pembina Valley OES 128
- Penner, Keith
- Perks Coffee House
- Perpetual Fitness
- Peter Schiemann Memorial Tournament
- Peters, Diane
- Peters, Katharine
- Petkau, Julia
- Phina’s
- Pineridge Golf Resort
- Pink, Edward
- Powell, Wendy
- Prescott Learning Centre
- Prince, Colleen
- Prince, Elaine
- Quick X Transport
- R G McLennan Professional Corporation
- Rainbow Palace Restaurant
- Ratsyo, Travis
- Ravanel, Michelle
- Real Canadian Superstore
- Rebus, John
- Red Apple
- Redmond, Susan
- Rental Bus Line
- Restoring Hope To Cities
- Richard, Codie
- Richards, Pat
- Richardson Milling
- Robinson & Company Barristers & Solicitors
- Robinson, Lesley
- Robinson, Yvonne
- Rock Bottom Digging Limited
- Rocco Homes
- Romantic Notions
- Rona
- Rondreau, Mandi
- Rose, Annette
- Rose, Louise
- Rose, Patrick
- Ross, Wallace Or Elaine
- Rotary Club Of Parkland After Dark
- Rotary Club Of Spruce Grove
- Rotary Club Of Stony Plain
- Rotorchome Industries Inc.
- Royal Canadian Legion Branch 281
- Royal LePage
- Ryan, John
- Sael, Beverly
- Safeway Spruce Grove
- Safeway Stony Plain
- Sage, Mary
- Salon Montage
- Save-On-Foods
- Sawatzky, Leighton
- Scantland, Joyce
- Scantland, Travis
- Schafer, Tom
- Scheideman, Evelyn
- Schellenberger, Deb
- Schell-Staff, Loretta
- Schoepp, Sharon
- Schofield, Greg
- Schooner, Lora
- Scolabank Spruce Grove
- Scott, Beverley
- Scribner, Ann
- Second Cup
- Servus Credit Union Ltd.
- Shanked Computer Recycling Inc.
- Shoppers Drug Mart
- Siegel, Ruth
- Simmonds, Georgina
- Skorek, Cathleen
- Smith, Jackie And Bryon
- Smith, Jean
- Smith, Mara
- Smith, Ruth
- SML Christian Academy, Kindergarten Teachers
- SMS Equipment Inc.
- Sobey’s
- Sokoloski, Kristine
- Specialized Transit Services Spruce Grove
- Spitzer, Gene
- Springman, Marjorie
- Spruce Grove Aerials Gymnastics Club
- Spruce Grove AutoPro
- Spruce Grove Chiropractic Centre
- Spruce Grove Curling Club Ladies League
- Spruce Grove FCSS
- Spruce Grove Fire Fighters Association Local 3021
- Spruce Grove Lions Club
- Spruce Grove Oil Wives
- Spruce Grove Public Library
- Spruce Grove Red Hat Society
- Spruce Grove Ringette
- Spruce Grove Saints Junior A Hockey
- Spruce Grove Strongest Man Competition
- Spruce Grove Soccer Association
- Spruce Grove Vipers
- Spruce Haven Manor Spruce Grove Social Club
- Spruceland Millworks
- St. Michael’s Grove Manor
- St. Aidan And St. Hilda Anglican Church
- St. Andrews United Church
- St. Augustine’s Parkland Anglican Church
- St. Augustine’s United Church Wabamun
- St. John Paul II Catholic School
- St. John’s Lutheran Church
- St. Joseph Catholic School
- St. Laurent, Margaret
- St. Marguerite Catholic School
- St. Matthew’s Lutheran Church Spruce Grove
- St. Peter The Apostle Catholic High School
- St. Saviour Mission
- St. Thomas Aquinas Middle School
- Stanway, Mabel
- Starbright Daycare Nursery Ltd.
- Stelianis, Zoe
- Stelter Homes Inc.
- Stony Plain Alliance Church
- Stony Plain Central
- Stony Plain Church Of Jesus Christ Latter Day Saints
- Stony Plain Cowboy Festival
- Stony Plain Dental Centre
- Stony Plain Farmers’ Market
- Stony Plain Horticultural Society
- Stony Plain Legion #256 Ladies Auxiliary
- Stony Plain Library
- Stony Plain Minor Hockey Pee Wee 2
- Stony Plain Minor Soccer
- Stony Plain Seed Cleaning Association Ltd.
- Stony Plain United Church
- Stony Plain Women’s Institute
- Sunrise Dental
- Sysco Foods
- Tasha’s Zumba Fitness
- TCL Supply Chain Inc
- Telus
- Tessier, Amy
- The Black Dirt Company
- The Branch Manager
- The Church Of Jesus Christ Of Latter-Day Saints Spruce Grove
- The Fix Coffee Co.
- The Pampered Chef
- The Ranch Golf Club
- The Smile Spot
- The Thrift Shop
- The Toronto-Dominion Bank
- The Wildrose Party CA Stony Plain
- Therrien, Cale
- Thompson Bros. LP
- Thompson, Gail
- Tomyn, Kathleen
- TOPS 4720
- Towle, Carolyn
- Town Of Stony Plain
- TRC Management
- Trehearme, Nicole
- Trevor Horne, MLA
- Trites, Patrick
- Tully, Mrs. Victoria
- Tworek, Olga
- UEW Local 30703
- Ulim, Bruce
- United Nurses Of Alberta
- Van De Goor, Aesta
- Vander Well, Shauna
- VanDijk, Augustinus
- Vankeulen, Colleen
- Village Of Spring Lake
- Vascilin, Melissa
- Vriend, Darcy
- Wabamun Pee Wee Hockey
- Waddle, Sherry
- Walker, Ruth
- Walmart Canada Corp
- Walton, Marilyn
- Warburg Hutterite Colony
- Ward School Of Dance
- Weatherald, Leanne
- West Parkland Gas Co-op Limited
- Wiart, Dana
- Williams, Kelly
- Woodhaven School
- Wolshlager, Annette
- Wright, Evelyn
- Wright, Jack
- Xi Alpah Phi
- Yellowhead Mechanical
- Zawacki, Lorri
- Zender Ford
- Zender, Chad
- Zender, Tiffany
- Zoboma - Janet
- Zumba Babe

In Honour or In Memory of:
- Angie Moen & Erin Heward
- Leanne & Ross Weatherald
- Brenda Bradshaw
- Elaine M Ross
- Denis Scantland
- Rob Page
- Patrick & Georgina Trites
- Hannah Murphy
- Avilla Torrence
- Elmer R. Trautman
- Teagan, Sawyer & Marshall Jensen
Parkland Food Bank Special Events

Corks & Kegs
With Parkland Food Bank
Wine and Beer Tasting Fundraiser in support of Parkland Food Bank Society

On November 5, 2016 we had 180 members of our community join us for a night of wine and beer tasting, appetizers, desserts and silent auction. It was a fantastic night and we can’t wait to do it again November 4, 2017 in the Stony Plain Heritage Park. Tickets will be available online starting Aug. 1, 2017

Event Sponsors

Corks & Kegs Silent Auction Donors

3 B's Flowers
Acheson Business Assoc
All Precious Jewelers
ATB Financial
Barn Owl
Bartle & Gibson
Beer Hunter
Bella Latina Jeans
Birksell Grant LLP
Black Dirt Co.
Boston Pizza SG
Browns Social House
Cervus Equipment
Cheesecake Café
City Financial
Coles
Country Pumpkin
Courtyard Café
Crock a Doodle
Dales Jewelers
Dara's
Devonian Garden
Drayden Insurance
Elegance Hair Design
Elite Sportswear
Elizabethan Catering
Expocrete
Famosa
 Gifts and Gadgets
Grove City Meats
Grove RV
Hawkings Epp Dumont LLP
Home Depot
Home Grown Foods
Horizon Stage
Jubilations Dinner Theatre
Kiwi Nurseries
Knighton Men's Wear
Landmark Cinema
Liquor on McLeod
Mainstreet Law LLP
Melcore
Movie World Spruce Grove
Movie World Stony Plain
North Central Co-op
Original Joe's
Pooch & Pony
Porta Roma Restaurant
Rainbow Palace
Ramada Inn
River Cree Casino
Romantic Notions
Rona
Royal LePage (Kyla Suder)
Salon Montage
Sam's on McLeod
Sandyview Farms
Servus Credit Union
Smiley Eyes Photography
Snap Fitness
Sorrentino's
State & Main
Strongco
TD Bank Spruce Grove
The Parlour
Thompson Bros
Tri Leisure Centre
Tutti Frutti
Village Fashions
Visions By Vicki
We Frame It
Woodland Quilts
Young Guns Paintball
Zender Ford
# Financial Statements

## PARKLAND FOOD BANK SOCIETY

### Statement of Revenues and Expenditures

For the Year Ended December 31, 2016

<table>
<thead>
<tr>
<th></th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Food donations in kind (Note 6)</td>
<td>$1,212,671</td>
<td>$838,615</td>
</tr>
<tr>
<td>Donations (Note 7)</td>
<td>261,409</td>
<td>187,210</td>
</tr>
<tr>
<td>Amortization of deferred contributions (Note 4)</td>
<td>30,536</td>
<td>13,019</td>
</tr>
<tr>
<td>Fundraising</td>
<td>28,996</td>
<td>5,172</td>
</tr>
<tr>
<td>Government grants</td>
<td>27,750</td>
<td>54,000</td>
</tr>
<tr>
<td>Donations for building</td>
<td>904</td>
<td>175</td>
</tr>
<tr>
<td>Other income</td>
<td>827</td>
<td>507</td>
</tr>
<tr>
<td>Interest income</td>
<td>72</td>
<td>237</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>1,563,165</td>
<td>1,098,935</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Food donations in kind (Note 6)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wages and benefits</td>
<td>76,803</td>
<td>62,033</td>
</tr>
<tr>
<td>Food and warehouse supplies</td>
<td>75,150</td>
<td>35,204</td>
</tr>
<tr>
<td>Amortization of capital assets</td>
<td>63,222</td>
<td>37,695</td>
</tr>
<tr>
<td>Professional fees</td>
<td>13,581</td>
<td>11,662</td>
</tr>
<tr>
<td>Office</td>
<td>12,290</td>
<td>7,464</td>
</tr>
<tr>
<td>Utilities</td>
<td>11,313</td>
<td>9,541</td>
</tr>
<tr>
<td>Fundraising</td>
<td>9,706</td>
<td>1,432</td>
</tr>
<tr>
<td>Insurance, licenses and permits</td>
<td>5,899</td>
<td>3,876</td>
</tr>
<tr>
<td>Automotive and travel</td>
<td>4,508</td>
<td>7,206</td>
</tr>
<tr>
<td>Waste removal</td>
<td>3,786</td>
<td>3,365</td>
</tr>
<tr>
<td>Repairs and maintenance</td>
<td>3,222</td>
<td>9,551</td>
</tr>
<tr>
<td>Volunteer appreciation</td>
<td>1,920</td>
<td>2,441</td>
</tr>
<tr>
<td>Telephone</td>
<td>1,460</td>
<td>1,142</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>1,495,531</td>
<td>1,031,227</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>EXCESS OF REVENUE OVER EXPENSES</strong></th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$ 67,634</td>
<td>$ 67,708</td>
</tr>
</tbody>
</table>

### PFB Revenue 2016

- 79% Food
- 17% Donations
- 2% Cash
- 2% Government Grants

### PFB Expenses 2016

- 90% Food and Warehouse Supplies
- 5% Wages/Volunteer Appreciation
- 3% Building/Vehicle Expenses
- 1% Other Income