

Annual Report 2016

Community helping community to make healthy food accessible

From the Board Chair

2016 has come to a close and the need for the Parkland Food Bank has never been greater. Our client numbers are up dramatically year over year. In fact, we are serving double the number of people today than we did just a short 2 years ago. This speaks volumes about the current economic climate we find ourselves in.

As depressing as the economic situation is, we are buoyed by the support we have received from the community. Donations, financial and food, have kept pace to meet the demand. We have received wonderful support from businesses and community organizations as they continue to step forward to help. Our orchard sponsorship program has begun to bear fruit with several businesses stepping forward to offer ongoing, multi-year support.

This support we have received and the expansion we have undergone in 2015 have allowed us to increase the number of days and hours we are open to support clients and to add an additional staff member to support our amazing volunteers.

While we had hoped that we had reached the peak in client need last year, 2017 does not show signs of slowing. However, with an amazing staff, incredible volunteer base and supportive communities in the Parkland region, we will continue to strive to end hunger in our community.

Sincerely

Craig Curran-Morton

From the Executive Director

2016 has been an amazing year of both challenges and opportunities! We have certainly made great use of our expansion that was completed in 2015 and have been unendingly grateful for the extra capacity as we continue to break records both for clients fed and food donated to us by our amazing community supporters.

As we move into 2017 we are preparing to take the next steps to increase our capacity once again to meet our growing communities needs in the coming years. We will be:

- Completing the second story to our warehouse addition to increase our storage space and create an office for our Warehouse Supervisor. This addition will give us the ability to put in a proper staircase to access our second story as well as a conveyor system to move product between floors safely.
- Re-grading and expanding our parking lot for clients and volunteers.
- Upgrade carts and pallets in the warehouse.

I am just so very thankful to our supporters and volunteers who continually give so much of themselves. Parkland Food Bank is simply a reflection of the amazing heart of our community, and we wouldn't exist without our donors.

I would also like to pass on a great big thank you from our clients, who are grateful to know that whatever is going on in their lives, they don't face their hard times alone. There are many, many individuals and businesses that are helping them out when they need a little hand up!

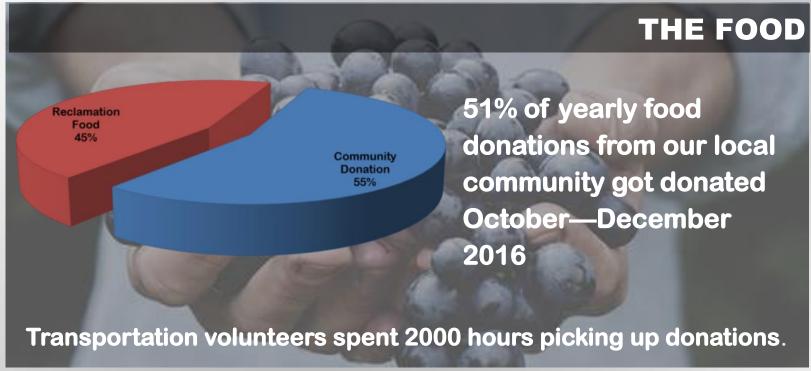
Blessing to you all,

Sheri Ratsoy

2016 Board of Directors

Craig Curran-Morton Kai Shuler Gabrielle Seymour Laura Nelubowich Dianne Lukey Jennifer Brunet Brett Esslinger Bill Kelly Sonia Kochansky Stephen Webber









DISTRIBUTED ENOUGH FOOD FOR

217

MEALS EVERY DAY OF THE YEAR



53% HAD NO INCOME



42%
ARE CHILDREN



45 Volunteers donate their time every day we were open



104 Emergency hampers given out per day we were open



39,898 Client visits

Emergency Hampers 1-2

What We Do

The purpose of Parkland Food Bank (PFB) is to address the needs of hunger among residents of Spruce Grove, Stony Plain and Parkland County. We provide weekly access to food for individuals and families in short term, long term and emergency situation.

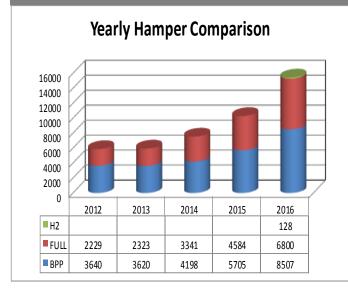
PFB gave out over 15,000 food hampers to 1,576 separate households in 2016. When we count each instance a client accessed the food bank, we provided 2-5 days' worth of food for 39,898 people. Our clients are eligible to receive two different types of hampers.

FULL HAMPER—consists of a standard pre-packed box of non-perishable items, plus milk, meat, eggs to which a box of available produce and pastry is added. Clients can help themselves to bread. These hampers are designed according to the number of people in a family and to last a period of four or five days. Clients may receive one Full Hamper every calendar month.

WEEKLY HAMPER (BPP) - are primarily made up of perishable items (Bread, Produce and Pastry) picked up Monday to Saturday from our local retail outlets. Clients can come once any week they are not receiving a Full Hamper. Additional canned or frozen items are added as supplies permit.

H2 WEEKLY HAMPER— for clients that have no access to cooking appliances or refrigeration, we provide a hamper of ready to eat, non-perishable food that clients can access once a week.

In 2016 we saw a 67% increase in monthly Full Hampers over 2015!



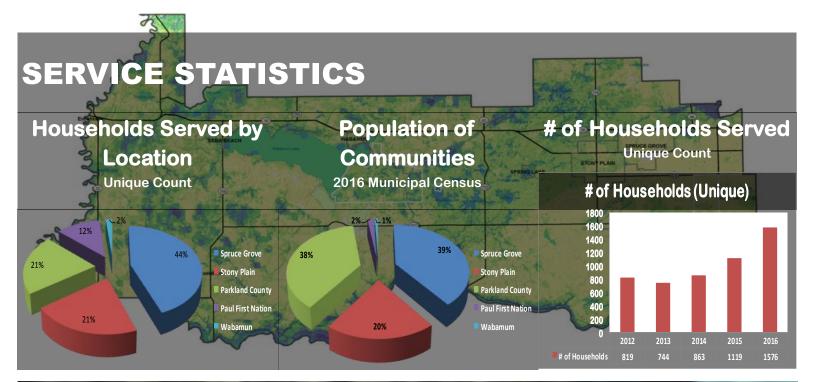
December 26, 2016

Dear Food Bank Staff, Volunteers, and Supporters,

You all have been a God-send to me this past year in dealing with financial difficulties and hardships. You have made life much easier to manage with all the help, assistance and work you have given me and our communities. It has made a world of difference!

Thank you for all you have done to help me and others in such times to make a good and wonderful difference to our lives in this regard.

God bless you all!





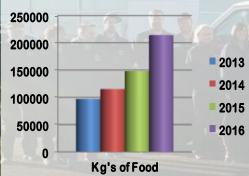
MONTHLY NET INCOME

Net income is all income minus rent, utilities, insurance, car payment and any child support or child care costs. This is what households have left to pay for groceries, clothing, personal care items, school fees, etc.

- 34% of households had a negative net income every month
- 50% of households had a net income between \$0—\$1000 every month.

DONATIONS





Ford

Parkland Food Bank

Vehicle Donated By

Chart includes food product donated by individuals, businesses, churches, food drives, special events, and collection bins but does not include reclamation food, bread or food given as a Gift in Kind. The food donated to Parkland Food bank has a cash value of \$1,212,671.

COMMUNITY COLLECTION BINS



Co-op

Freson Bros. Fresh Market
Good Shepherd Lutheran Church
Homegrown Foods
Red Apple

Rona

Safeway Spruce Grove

Safeway Stony Plain

Save-on-Foods

Sobeys

Spruce Grove FCSS

Spruce Grove Medical Center

Stony Plain United Church

St. Aidan & St. Hilda Church

St. Andrews United Church

St. Matthews Church

Superstore

Town of Stony Plain



PAY Parkland Foodbank

\$ 14 057 00

GIFT IN KIND FOR NON FOOD ITEMS

Boston Pizza-Dock Lift

Econolube-Oil Changes

Grove City Meats-Meat Cutting

Home Depot-Vegetable Plants and Seeds

Spruce Grove, Bosion Pizza

Reliable Landscape Inc.-Lawn Maintenance

The Black Dirt Company-Garden Soil

Tyscott Mechanical-Snow Removal

Zender Ford-Food Bank Truck and Maintenance

Friends of the Food Bank

Food Drives/Events/Donors

1289491 Alberta Ltd. 1585347 Alberta Ltd. 1711797 Alberta Ltd. 1800883 Alberta Ltd.

1817893 Alberta Ltd. O/A Tirecraft Stony

1909428 Alberta Inc. 1st Blueberry Beavers 1st Blueberry Cubs **Aarons Taxi**

Absolute Finishing

Acheson Business Association

Acker, Joe

Acupuncture And Beyond

Agropur

Alberta Food Bank Network Alberta Health Services EMS

Alberta Honey Producers Co-operative

Alberta Union Of Provincial Emp Loc 54

Albrecht, Carmen

Alla Dekterov Professional Corporation

Allard-Clough, Beth **Alguinn Homes**

American Process Group Ltd.

Anderson, Debbie Anderson, Maxine Anderson, Mrs. Millie Anderson, Muriel Archer, Connie Assinger Lumber Ltd. **ATB Financial**

Atco Structures And Logistics

ATV Stony Plain Auggie's Café

B & A Market Garden Baker, Frank Baldry, Leah Barclay, Glen Barton, Caroline Basara, Gene

Baseline Masionic Lodge

Baterman, Kim Bates, Helen Be Free Yoga

Beach Corner Liquor Store Beaverbrook Communities

Befus, Lila Bell, Curtis Bell, John Bendle, Jack Bennett, Garth Bennett, Louise Bergmann, Fave Bessette, Michelle Bigelow, Janine Bilawchuk, Travis Billey, Sherri

Bings Family Restaurant Birdsell Grant LLP Black, Morianna **BLCO** Enterprises Ltd. Blewett, Erica Blueberry Hall **Blueberry School BNI Parkland Boardwalk Rentals** Body by Bucci **Boston Pizza Foundation**

Bouffard, Andree Bradshaw, Pat Breathwaite, Elizabeth Breen, Kendra & Glenn **Bright Smile Dental**

Brightbank & District Lions Club

Broadbent, Mrs. Darlene

Brookbank, Don

Brookwood Elementary School

Broxton Park School Bubble Up Marketing Burgess, Suzanne Burkitt, William

Buyers Choice Home Inspection Cabin To Castle Property Inspection Inc.

Calahoo, Deanna Callihoo, Gladys Cameron, Keaton

Capital Power Corporation

Caraill Foods

Castle Rock Contracting Cedar Brae Social Committee

Chapula, Laura Christiansen, Sandra CitiFinancial City Of Spruce Grove City Of Spruce Grove Parks

Clark, Lori Clarke, Karen Clements, Jean-Ellen **CN** Canada Cochrane, Davla Collier, Simon **Competition Chevrolet**

Congregational Christian Fellowship Church

Co-op Food Store Copithorne, Yvonne Copper Kettle Soap Co. Copperline Excavating Ltd. Cotterill, Robert **Cottontail Corner** Crimtech Services Ltd.

Cripps, Kim Cross Country RV - Glowing Embers Park

Csillag, Noa Cummins, Mary Ellen Curran-Morton, Craig **Curves Spruce Grove** Dans, Nancy Davidson, Dayna Dawes, Chervl Deeprose, Peter

Deer Meadow Does Ladies League

Deer Park Block Party Deer Park Community Halloween

Deercon Inc. Deering Holding Inc. Degenhardt, Rita Demontigny, Riley **Diamond Grove RV DMS** Eavestroughing Inc.

Dodd, Trevor Donnelly, Catherine Doyle, Pat Eaves, Corrina

Edmonton Community Foundation Edmonton Emergency Relief Centre Edmonton International Airport Edmonton Trailer Sales & Leasing Ltd.

Edo Japan Restaurants Ltd. Ehm. Samantha Enders, Robert **Engage City Church Enterprise Holdings** Evien, David

Farm Credit Canada Farm2School **Farmers Day Parade** Faubert, Karen

Ferrero Canada, Tera Steadman

Fetting, Max

Fidelity Investments

Flamin Floozies Of Spruce Grove

Food Banks Canada Formula Alberta Ltd. FortisAlberta Inc. Freshie Restaurant Fresiler, Lynn Freson Bros Friendship Force Furman, Jacqueline, Brian Gardener, Charlotte Gardner, Charles

Gauthier, Cheryl Germain, Joanne Gibbon, Christopher Gilchrist, Janet Goerz, Paulette Gonie, Norm & Shirley Good Sam's - Fifth Meridian **Good Shephard Lutheran Church**

Graminia School Grant, Keith Gravel, Mable **Grove Cruise Grove Seniors Village** Hackman, Laura

Hagen, Una

Hampton Inn - West Edmonton Handi-Can Septic & Portable Toilets

Hardcastle, Rhonda Hawkstone Solutions Haydukewich, Erica Hayward, Marc Hembling, Grace Henderson, Georgia Henkel, Laura Hill. Dave

Hill, Lorraine Hill, Patricia Hills, Gwen Hinde, Lois Hoerbiger Hollands, Jamie

Holy Trinity Catholic Church

Home Depot Homegrown Foods

Hope Christian Reformed Church

Hopley, David & Cindy Huculak, Maris Huddleston, Joan Humphrey, Terry Hussey, Linda Ible. Lana **IHC Rehab**

Immanuel Lutheran Church Of Rosenthal

Ingraham, Jack

Initiation Ice Cap Tournament

Jacobs, Al Jansen, Janet Janssen, Antonius Jeanes, Lesley Jensen, Michael Jensen, Patricia J-Man Enterprises John Paul II School Johnson, Irene

Jol, Arnold Jol. Maxine K.T.S. Holdings Ltd. Kabachia, Dr. Shirley Kallal, Tom

Karar Studios Dance Ltd. Kemp, Lorna

Kemp, Roy Kim, Minjung

Kinette Club Of Spruce Grove Kingston Ross Pasnak LLP

Kinsmen Club Of Spruce Grove Bingo Ac-

Kinsmen Club Of Stony Plain

Kirkland Homes Kontuk, Sharon Koskinen, Ken

Kristy's Little Learners Playschool

Kropp, Darcelle Krushinsky, Janice

Ladies Auxiliary To The Royal Canadian

Legion #256 Lane, Karly Laurie, Pauline Leatherland, Lynne Lee. Carol

Lemesurier, Lawrence Lenkenhoff, Christian Lienau, Kenneth Lighthouse Church Linder, Kathleen & Ken Linton, Jeff & Sandra Lions Club Of Stony Plain

Living Waters Christian Academy

Liviniuk, Barbara **Lobay Dental Group** Loge, Jayme Look, Ann Lukey, Dianne Lutz, Richard Lutz, Robert

MacMillan, Mike & Kayley Madge, Sharon Maher, James

Maid In Alberta Cleaning Services Ltd.

Main Street Law Majeau, Don Makowsky, Erin Mallard Agencies Ltd. Malysh, Ida

Manderson, David Manke, Cindy Mapplebeck, Darolyn Maridon Music Ltd. Markiwsky, Melanie Marsh, Charmaine Maskalyk, Milton Mate, Sarah Mathis, Lindsay Matthews, Dennis McArthur, Derek McBride, Thea

McCann, Christine McEnery, Cheryl McLean, Ed McLeod, Duncan McLennan, Roderick A. McNabb, Anne











Friends of the Food Bank

Food Drives/Events/Donors

McOuat, Kirsten McRae, Tiffany Meachin, Elizabeth Melanson, Joan Mennie, Donna Meridian Cove

Meridian Heights School MetaFitness & Wellness Center

Metzner, Brenda **Mewassin United Church** Mini Monster Bash Miss Lauren Music Mitchell, Suzanne

MLW Brutes Baseball Team

Moack, Larry Molyneux, Heather **Mommy Connections** Morrissette, Rene Mottershead, Lyle

Muir Lake Community League Bingo

Muir Lake School Munro, Alex & Paulette Murray, Ellwood Murray, Janet Myshak Sales & Rentals Naomi's Tupperware Nav Canada Villeneuve Airport

Nelson Environmental Remediation Ltd.

Nelson, Harriet Nelubowich, Laura Nesjan, Elaine

Nethercan Woodworking Ltd. **New Life Community Church** Nexus Technologies Group Ltd.

North Central Co-operative Association Ltd.

Norwex Cleaning Supplies Obenauer, Jason Ochoa Whelan, Erin **Oldcastle Architectural Expocrete**

Oleskiw, Susan Olson, Harold O'Neill, Fran

0'Niell, Glenn & Tracey Overwaitea Foods Owens, Janice Pagnotta, Stefano Pankewich Holding Ltd.

Parent, Gina Pariah, Danielle

Parkbridge Lifestyle Communitites Inc.

Parker, Frank

Parkland Area Retired Teachers Association

Parkland Baptist Church **Parkland County Parkland Celebration Choir** Parkland Dental Associates Inc. Parkland Farm Equipment Ltd. Parkland Medical Clinic Parkland Montessori School Ltd. **Parkland Potters Guild Parkland School Division** Parkland Seventh-Day Adventist Church

Parkland Spring Fling Home And Garden

Parkland Village School - Helping Hands

Patti-Lou Cumby Insurance

Paulsen, Kara Peart, Kerry or Sharon Peavey Mart (Corporate) Peavey Mart Spruce Grove Pembina Valley OES 128 Penner, Keith Perks Coffee House

Perpetual Fitness

Peter Schiemann Memorial Tournament

Peters, Diane Peters, Kathrine Petkau, Julia Phina's Pineridge Golf Resort

Pink, Edward Powell, Wendy

Prescott Learning Centre Prince, Colleen Prince, Elaine **Quick X Transport**

R G McLennan Professional Corporation

Rainbow Palace Restaurant Ratsoy, Travis

Real Canadian Superstore Rebus, John **Red Apple** Redmond, Susan Rental Bus Line **Restoring Hope To Cities**

Ravanal, Michelle

Richard, Codie Richards, Pat Richardson Milling

Robinson & Company Barristers & Solicitors

Robinson, Lesley Robinson, Yvonne

Rock Bottom Digging Limited

Rococo Homes Romantic Notions

Rona

Rondeau, Mandi Rose, Annette Rose, Louise Rose, Patrick

Ross, Wallace Or Elaine

Rotary Club Of Parkland After Dark Rotary Club Of Spruce Grove Rotary Club Of Stony Plain Rotorchrome Industries Inc. Royal Canadian Legion Branch 281

Royal LePage Ryan, John Saal, Beverly Safeway Spruce Grove Safeway Stony Plain Sage, Mary Salon Montage

Save-On-Foods Sawatzky, Leighton Scantland, Joyce Scantland, Travis Schafers, Tom Scheideman, Evelyn Schellenberger, Deb Schell-Staff, Loretta Schoepp, Sharon Schofield, Greg Schowalter, Larry Scotiabank Spruce Grove

Scott, Beverley Scribner, Ann Second Cup

Servus Credit Union Ltd.

Shanked Computer Recycling Inc. **Shoppers Drug Mart** Siegel, Ruth Simmonds, Georgina Skorek, Cathleen Smith, Jackie And Bryon Smith, Jean

Smith, Mara Smith, Ruth

SML Christian Academy, Kindergarten Teachers

SMS Equipment Inc.

Sobeys

Sokoloski, Kristine

Specialized Transit Services Spruce Grove

Spitzer, Gene Springman, Marjorie

Spruce Grove Aerials Gymnastics Club

Spruce Grove AutoPro

Spruce Grove Chiropractic Centre Spruce Grove Curling Club Ladiies League

Spruce Grove FCSS

Spruce Grove Fire Fighters Association

Local 3021

Spruce Grove Lions Club **Spruce Grove Oil Wives** Spruce Grove Playschool Spruce Grove Public Library Spruce Grove Red Hat Society

Spruce Grove Ringette

Spruce Grove Saints Junior A Hockey Spruce Grove Strongest Man Competition

Spruce Grove Soccer Association

Spruce Grove Vipers

Spruce Haven Manor Spruce Grove Social

Spruceland Millworks

St Michael's Grove Manor

St. Aidan And St. Hilda Anglican Church

St. Andrews United Church

St. Augustine's Parkland Anglican Church

St. Augustine's United Church Wabamum

St. John Paul II Catholic School St. John's Lutheran Church

St. Joseph Catholic School St. Laurent, Margaret

St. Marguerite Catholic School

St. Matthew's Lutheran Church Spruce

St. Matthew Lutheran Church Stony Plain

St. Peter The Apostle Catholic High School

St. Saviour Mission

St. Thomas Aquinas Middle School

Stanway, Mabel

Starbright Daycare Nursery Ltd.

Stefaniuk, Zoe Steller Homes Inc.

Stony Plain Alliance Church

Stony Plain Central

Stony Plain Church Of Jesus Christ Latter

Stony Plain Cowboy Festival Stony Plain Dental Centre Stony Plain Farmers' Market

Stony Plain Horticultural Society Stony Plain Legion #256 Ladies Auxiliary

Stony Plain Library Stony Plain Minor Hockey

Stony Plain Minor Hockey Pee Wee 2

Stony Plain Minor Soccer

Stony Plain Seed Cleaning Association Ltd.

Stony Plain United Church Stony Plain Women's Institute

Sunrise Dental Sysco Foods Tasha's Zumba Fitness **TCL Supply Chain Inc** Telus

Tessier, Amy

The Black Dirt Company The Branch Manager

The Church Of Jesus Christ Of Latter-Day

The Fix Coffee Co. The Pampered Chef The Ranch Golf Club The Smile Spot

The Thrift Shop

The Toronto-Dominion Bank

The Wildrose Party CA Stony Plain

Therrien, Cale Thompson Bros. LP Thompson, Gail Tomyn, Kathleen **TOPS 4720** Towle, Carolyn Town Of Stony Plain

TRC Management Trehearne, Nicole Trevor Horne, MLA Trites, Patrick Tully, Mrs. Victoria Tworek, Olga UEW Local 30703

Ulmer, Bruce **United Nurses Of Alberta** Van De Goor, Anita Vander Well, Shauna VanDijk, Augustinus Vankeulen, Colleen Village Of Spring Lake Vasilcin, Melissa

Vriend, Darci Wabamun Pee Wee Hockey

Waddle, Sherry Walker, Ruth Walmart Canada Corp Walton, Marilyn

Warburg Hutterite Colony **Ward School Of Dance** Weatherald, Leanne

West Parkland Gas Co-op Limited

Wiart, Dana Williams, Kelly Woodhaven School Wolshlager, Annette Wright, Evelyn Wright, Jack XI Alpah Phi Yellowhead Mechanical

Zawacki, Lorri Zender, Chad Zender, Tiffanv Zoomba - Janet

Zumba Babe

In Honour or In Memory of: Angie Moen & Erin Heward Leanne & Ross Weatherald Brendan Bradshaw Elaine M Ross Denis Scantland

Rob Page Patrick & Georgina Trites Hannah Murphy Arvilla Torrence

Elmer R. Trautman Teagan, Sawyer & Marshall Jensen













Corks & Kegs Silent Auction Donors

3 B's Flowers Acheson Business Assoc All Precious Jewelers **ATB Financial Barn Owl Bartle & Gibson Beer Hunter Bella Latina Jeans**

Birdsell Grant LLP Black Dirt Co.

Boston Pizza SG

Browns Social House

Cervus Equipment

Cheesecake Café

City Financial

Coles

Country Pumpkin Courtyard Café

Crock a Doodle

Dales Jewelers

Dara's

Devonian Garden

Drayden Insurance

Elegance Hair Design

Elite Sportswear

Elizabethan Catering

Expocrete

Famosa

Gifts and Gadgets

Grove City Meats

Grove RV

Hawkings Epp Dumont LLP

Home Depot

Home Grown Foods

Horizon Stage

Jubilations Dinner Theatre

Kiwi Nurseries

Knighton Men's Wear

Landmark Cinema

Liquor on McLeod

Mainstreet Law LLP

Melcore

Movie World Spruce Grove

Movie World Stony Plain

North Central Co-op

Original Joe's

Pooch & Pony

Porta Roma Restaurant

Rainbow Palace

Ramada Inn

River Cree Casino

Romantic Notions

Rona

Royal LePage (Kyla Suder)

Salon Montage

Sam's on McLeod

Sandyview Farms

Servus Credit Union

Smiley Eyes Photography

Snap Fitness

Sorrentino's

State & Main

Strongco

TD Bank Spruce Grove

The Parlour

Thompson Bros

Tri Leisure Centre

Tutti Frutti

Village Fashions

Visions By Vicki

We Frame It

Woodland Quilts

Young Guns Paintball

Zender Ford

Financial Statements

PARKLAND FOOD BANK SOCIETY Statement of Revenues and Expenditures For the Year Ended December 31, 2016

	2016	2015
REVENUE		
Food donations in kind (Note 6)	\$ 1,212,671	\$ 838,615
Donations (Note 7)	261,409	187,210
Amortization of deferred contributions (Note 4)	30,536	13,019
Fundraising	28,996	5,172
Government grants	27,750	54,000
Donations for building	904	175
Other income	827	507
Interest income	72	237
	1,563,165	1,098,935
EXPENSES		
Food donations in kind (Note 6)	1,212,671	838,615
Wages and benefits	76,803	62,033
Food and warehouse supplies	75,150	35,204
Amortization of capital assets	63,222	37,695
Professional fees	13,581	11,662
Office	12,290	7,464
Utilities	11,313	9,541
Fundraising	9,706	1,432
Insurance, licenses and permits	5,899	3,876
Automotive and travel	4,508	7,206
Waste removal	3,786	3,365
Repairs and maintenance	3,222	9,551
Volunteer appreciation	1,920	2,441
Telephone	1,460	1,142
	1,495,531	1,031,227
EXCESS OF REVENUE OVER EXPENSES	\$ 67,634	\$ 67,708

