

Parkland Food Bank



...helping to take the bite out of hunger.

Parkland Food Bank

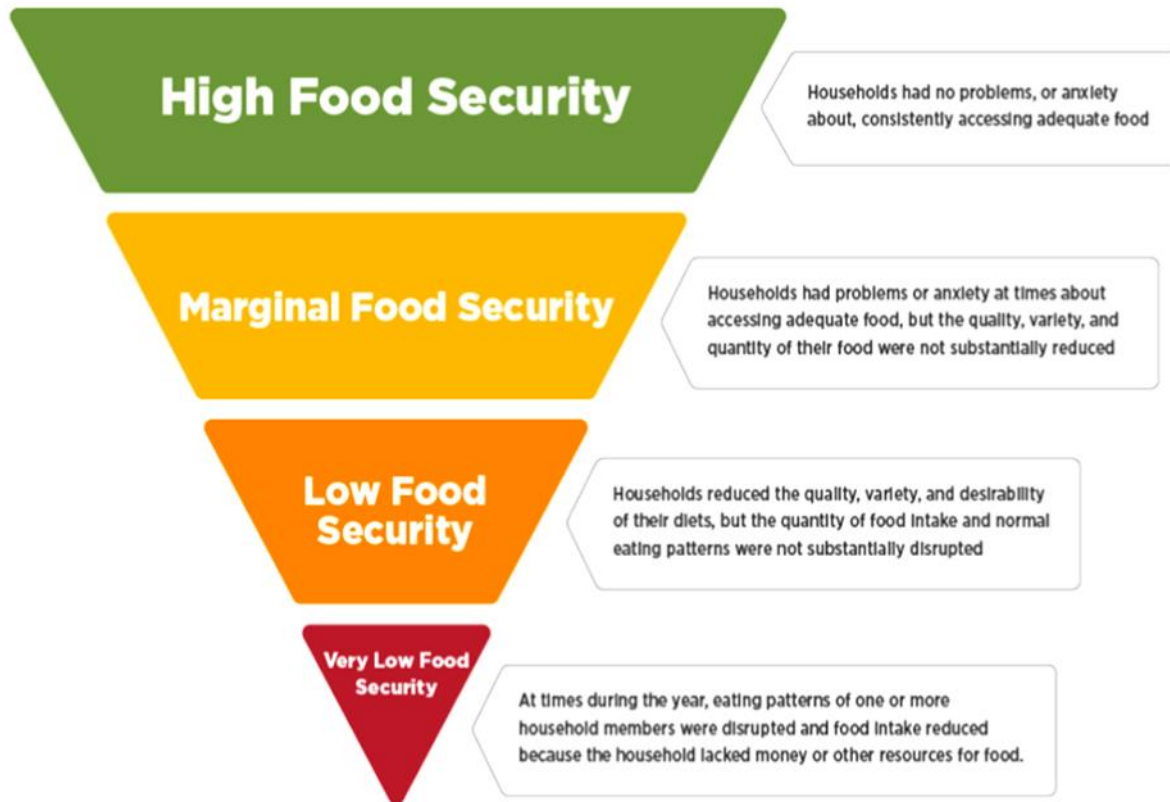
Annual Report 2017



Who is Parkland Food Bank?

Community helping community to make healthy food accessible

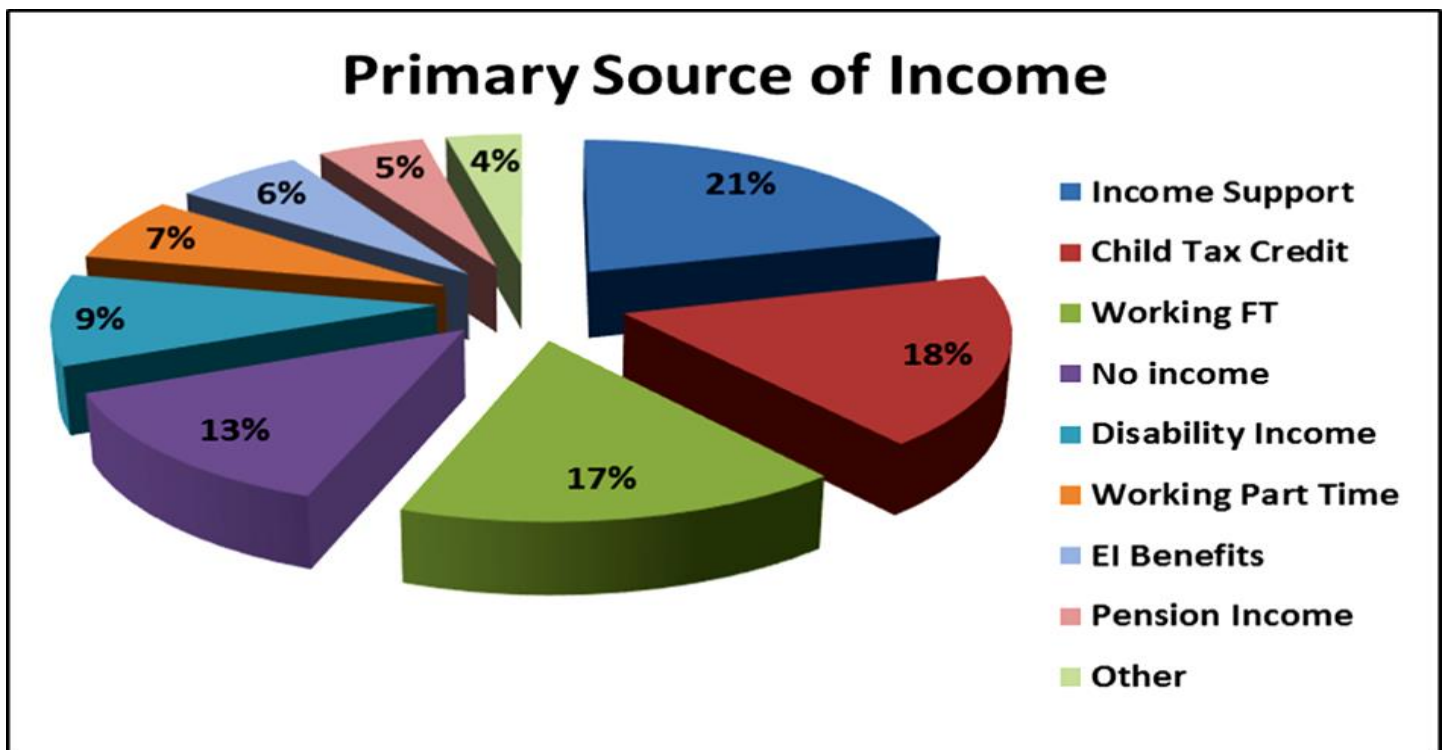
The purpose of Parkland Food Bank is to address food insecurity among residents of Spruce Grove, Stony Plain and Parkland County by providing weekly access to healthy food, to individuals and families in short term, long term and emergency situations.



Source: Adapted from the USDA Economic Research Service.



Who are our clients?



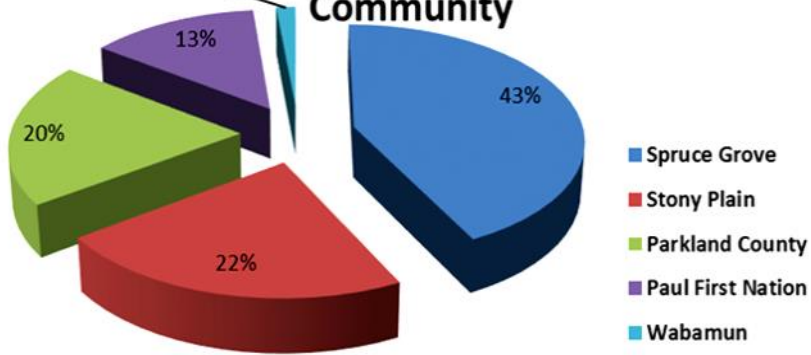
In Alberta, 1 in 10 households is food insecure, and 8 of every 10 households supported by social assistance reports food insecurity.

Our screening process gives us insight into the many reasons why our neighbours face food insecurity in the TriRegion. This includes:

1. Households on fixed incomes (including income support, disability income, employment insurance and pension income)
2. Lone-parent households (especially those headed by women)
3. Aboriginal households.
4. Unemployed households.
5. Working Poor (This could be anyone from your cashier at Costco to the receptionist at your doctors office.)

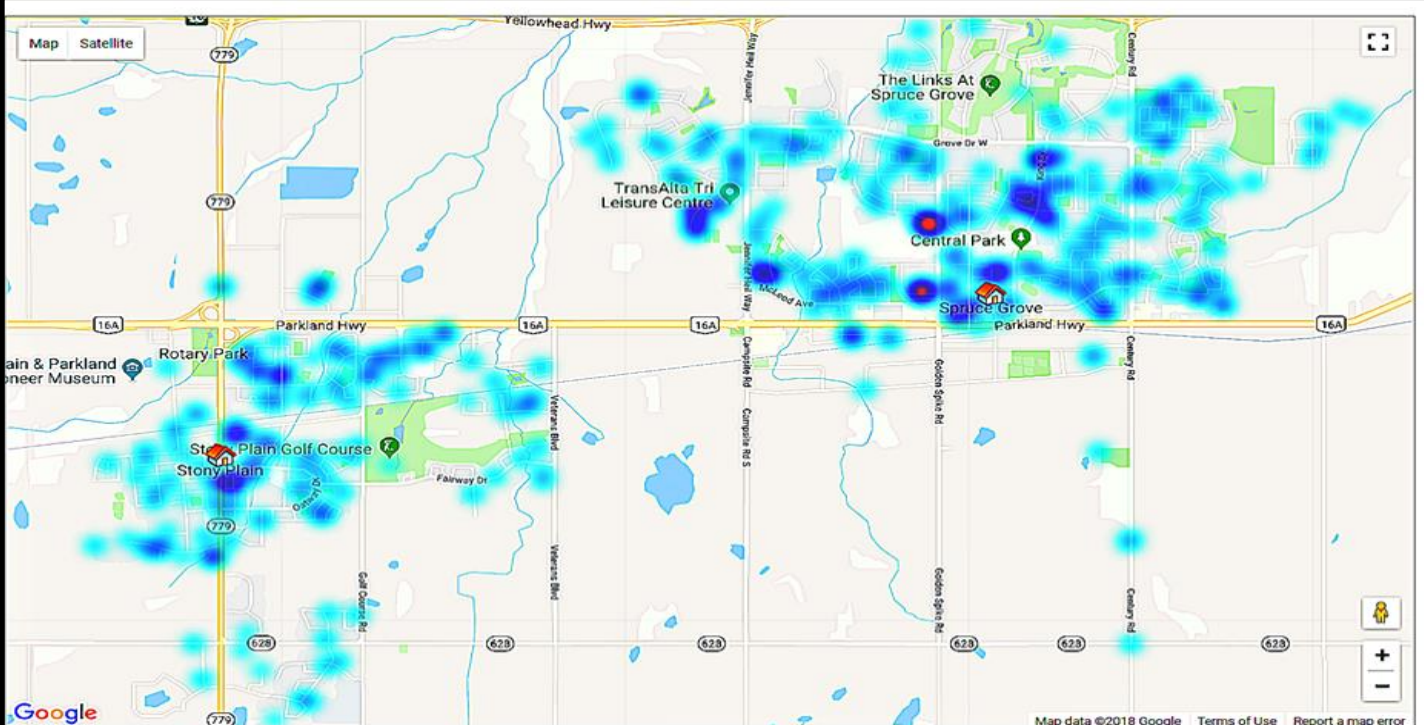
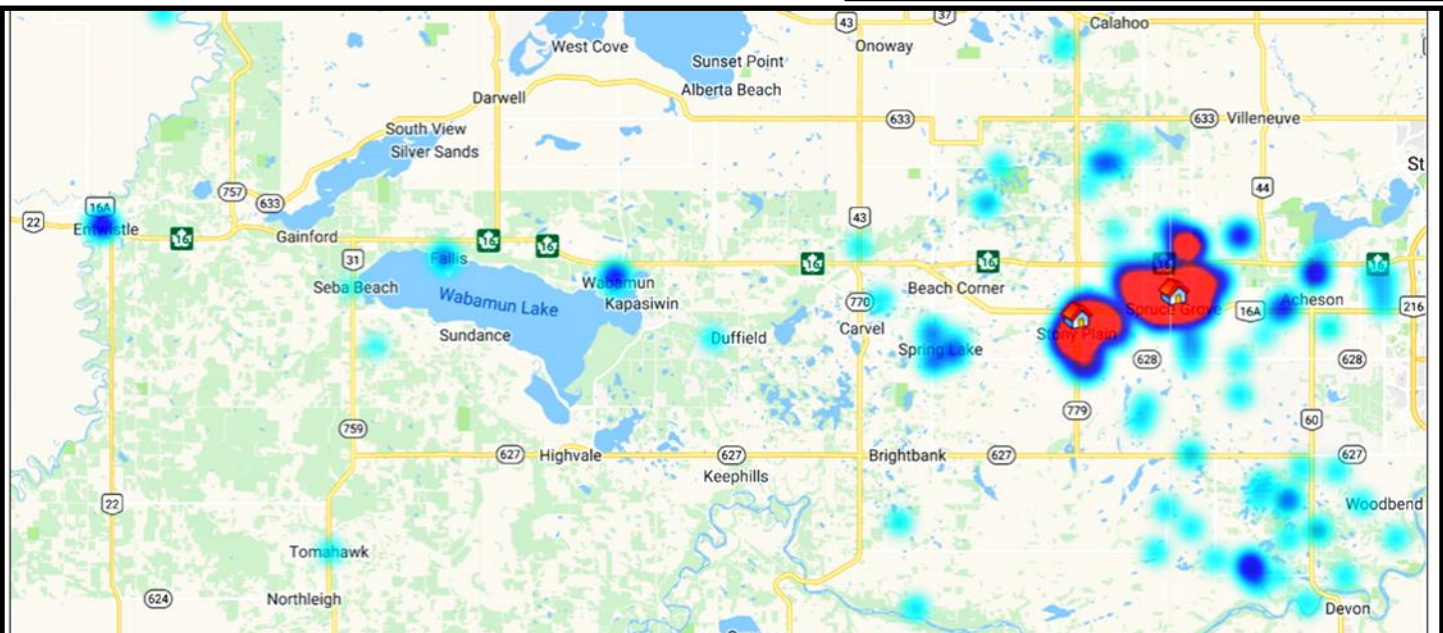


Unique Households Served by Community



Here is a visual representation of the 1,570 unique households from across the Tri-Region, that have accessed emergency food services from the food bank in 2017.

Lower density areas are represented by the light blue dots, getting darker and then red to the highest density areas.



Effects of Food Insecurity on Children

Prenatal:

- Contributing to low birth weights
- Increase risk for poor pregnancy outcomes

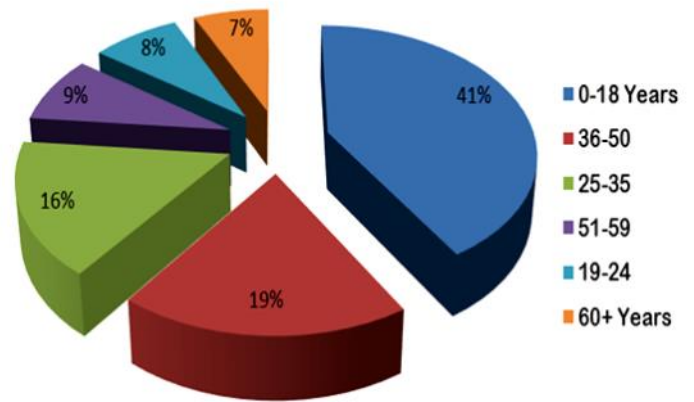
Childhood:

- greater risk of impaired cognitive, social and emotional development
- causing developmental delays and behavioral problems

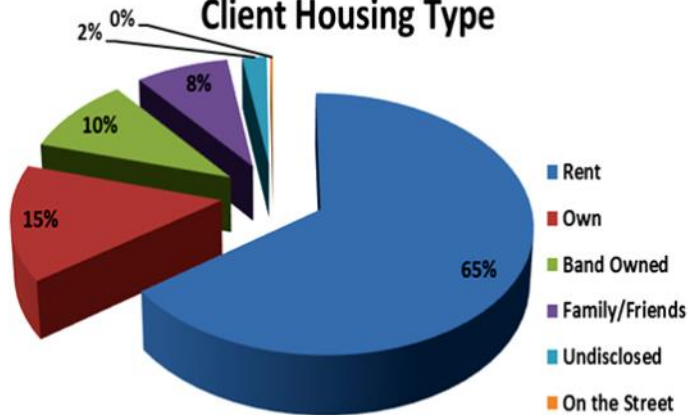
Adolescent:

- contributes to chronic diseases such as heart disease, diabetes and cancer
- more likely to be affected by mental illness, including depression.

Client Age Groups



Client Housing Type



Effects of Housing on Food Insecurity

Renters make up two-thirds of the food-insecure in our region. Owning a home provides protection against food insecurity as home owners have a considerable asset that can be used to leverage funds when there is need, such as job loss, sudden illness and other income shocks.



How do we help-Hamper Program

PFB gave out over 16,500 food hampers to 1,571 separate households in 2017. When we count each instance a client accessed the food bank, we provided 2-5 days' worth of food for 43,285 people. Most of our clients are eligible to receive two different types of hampers.



Full Hamper

Once every calendar month, clients can receive a Full Hamper consisting of a box of dry goods, milk, meat, eggs, pastry, produce and bread.

We gave out 7299 FULL hampers in 2017

BPP Hamper

Any week a client is not receiving a Full Hamper, they can come get a weekly hamper that includes bread, produce, pastry, yogurt, extra canned and frozen items, personal supplies or cleaning supplies.

We gave out 8988 weekly Hampers last year.



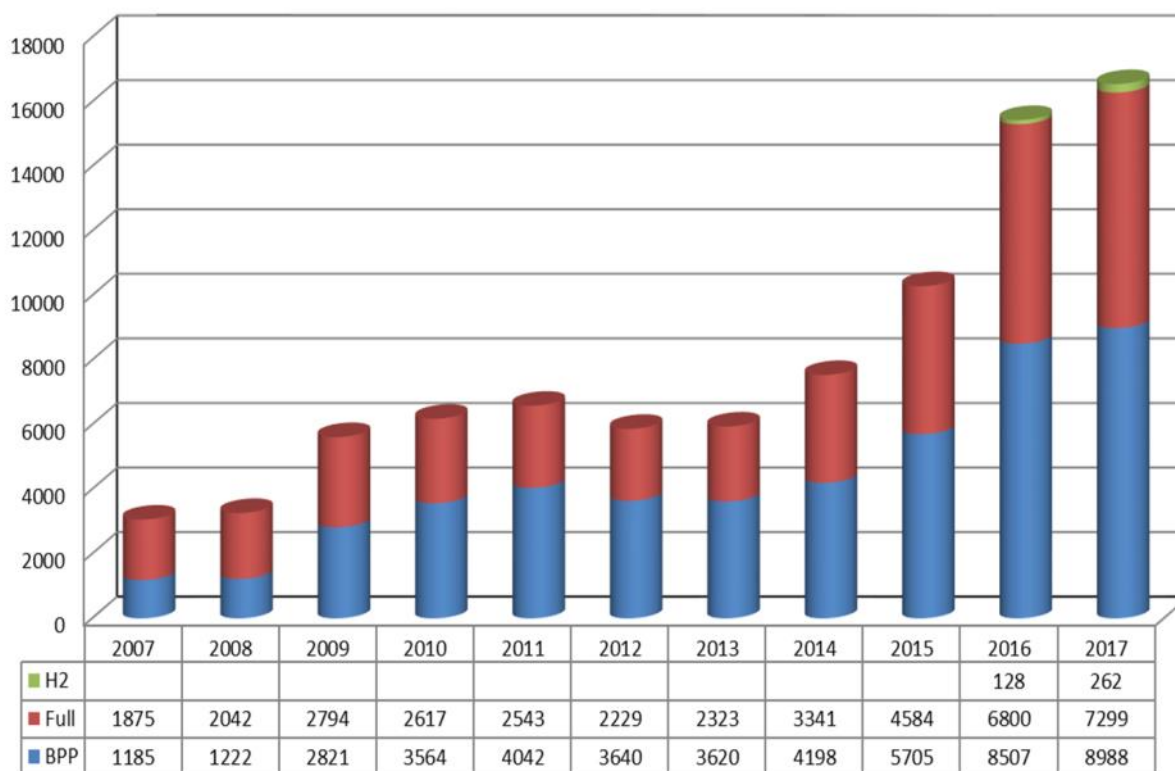
H2 Hamper

In response to the number of clients that do not have access to kitchen facilities (due to homelessness, living in hotel, etc.) we created the H2 Hamper program with ready to eat foods that do not need cooking or refrigeration. The hamper is designed to be small enough to carry in a back pack and can be accessed on a weekly basis.

Last year we gave out 262 H2 Hampers.



Yearly Hamper Comparison



You can see, with the growth in the communities and a couple of economic downturns, the food bank usage has increased 407% since 2008. That means, even after increasing our hours, we have gone from handing out a hamper every ten minutes we were open to handing out a hamper every 2.5 minutes we are open.

How do we help-Fresh Food Program

Sometimes, eating a nutritious diet is no easy task. For our clients, one of the biggest determinants to whether they have a healthy diet is income. People living on limited budgets often find there is not much left for food, particularly nutrient rich perishable food choices.

Parkland Food Bank gives weekly access to perishable food items such as fresh produce, dairy and bread products and monthly access to milk and meat.

For the most part, we are able to glean produce, dairy (yogurt, cheese) and bread through our Food Rescue Program, although we find we do need to purchase some produce from time to time.

Seeing as we typically only offer milk once a month, we ensure fresh product by purchasing milk through a local distributor. In order to offer 1L of milk per person, per month, we spent over \$33,000 in 2017.

We also offer meat once a month to our clients. We are able to get over half of our meat donated through our food rescue program but we still spent \$20,000 in 2017 to make sure we can provide 1lb of meat per person, per month.

How do we help-Food Rescue Program

In 2017, Parkland Food Bank started their Food Rescue Program. Food Rescue is a program that collects all surplus food regardless of quality and redirects it to the highest and best use. This surplus food is primarily fruit, vegetables, meats and dairy items that grocery retailers have traditionally thrown out. By accepting all food, a Food Rescue Program is able to offer retailers a cost effective, socially responsible, and environmentally friendly way of disposing of food they are not able to sell.

Parkland Food Bank Food Rescue Program picks up surplus food from Walmart, Superstore, Stony Plain Safeway, Freson Bros, Sysco Foods, TCL Foods and Save-on-Foods, up to 6 days a week. It is our hope to have all grocery stores in Spruce Grove and Stony Plain join our Food Rescue program in the near future.

Once food is collected, our volunteers sort it according to the high standards of Food Banks Canada to ensure that only the highest quality food is made available to people. Food that does not meet these standards is made available to local farmers to feed livestock.

164,000 kg of close-dated perishable product was diverted from the landfill last year and delivered to 3,600 clients, community agencies that make meals or provide school snacks and 3 farmers who use expired product for animal feed. This initiative is zero waste.

The benefits:

Healthy products including meat, dairy, produce and bakery items are available to our clients weekly.

Create awareness of hunger and need in our community.

Minimize waste in the landfill.

Create strong community relationships.

Highlight leadership in our business community

It is the goal of Parkland Food Bank to eliminate unnecessary food waste in Spruce Grove, Stony Plain and Parkland County. The more we can maximize food from our Food Rescue Program, the less we rely solely on community food donations, providing us with a broader food supply base.



How do we help-Food Hub Program

PFB is working on expanding as a food hub for other organizations. We currently assist three other local food banks, a church lunch program and five schools in supplying them with food from our Food Rescue Program or we pick up food from distributors for the other organizations to come get from us in quantities they can transport and store.

How do we help-Volunteer Program

Volunteers are the lifeblood of food bank operations. We simply could not provide the services we do without the members of our community stepping up to give their time and talents week after week. In 2017 we had 197 individuals volunteer with us, providing 20,000 hours of assistance. Our volunteer opportunities include:

Administration

Volunteers working in the front reception area of Parkland Food Bank are the first point of contact to our clients and to general members of the community that have business here at the food bank. This position is responsible for greeting food bank visitors, people interested in volunteering, donors, and clients and directing them appropriately.

Food Repackaging

Some of our food items come in large quantities that we then repackage for use in the full hampers. As we are handling the raw food product, it is important to use safety precautions to protect the client.

Food Sorting

Food that is received by Parkland Food Bank needs to be inspected and sorted to be stored for future use.

Hamper Assembly

This is where the full hampers are pre-packed to be ready for when a client comes in. Our clients are able to receive one of these full hampers every month. As a volunteer working in this area of the food bank, your duties would include stocking shelves with food, rotating stock and assembling the full hampers.

Cleaning

As a food service warehouse, we need to make sure we keep a high level of sanitation.

Special Events

This volunteer position is for people interested in helping out Parkland Food Bank on a casual basis for various food drives, fundraisers and events. Duties may include manning a donation table or working at a fundraiser.

Loading Dock

This position mostly involves receiving and storing the food donated to Parkland Food Bank. As members of the public come to Parkland Food Bank to donate food, you will be assisting them in unloading their vehicles if needed and collecting information about their donation.

Drivers and Driver Assistants

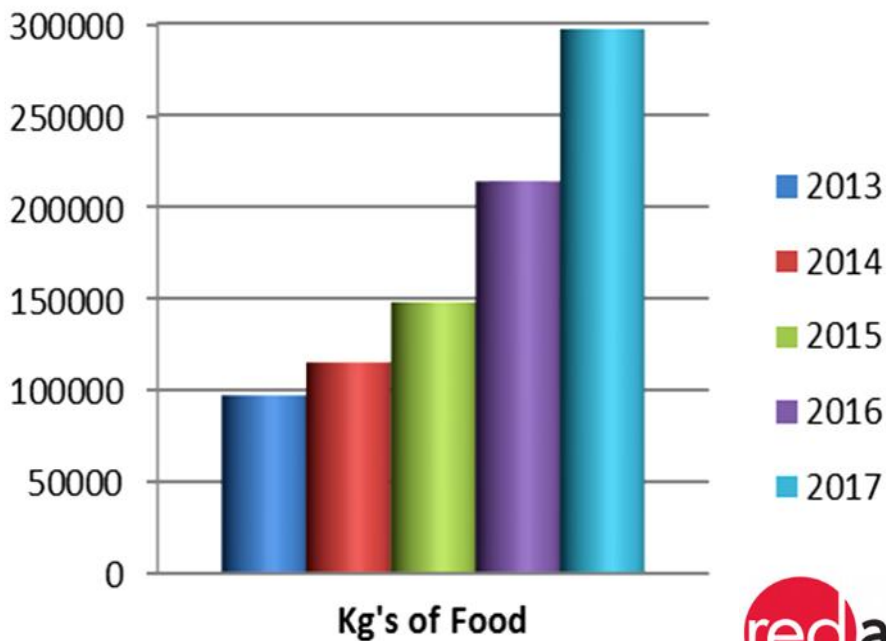
Driver volunteers pick up the Parkland Food Bank Truck at the food bank and pick up donated food according to the schedule for the day. This position involves being comfortable driving our cube van and backing into loading docks at the local stores.

Special Needs Volunteers

Volunteers with disabilities that give of their time and talents with their own supervision.



Yearly Food Donation Comparison



REAL CANADIAN Superstore
Super never cost so little.

Walmart

Overwaitea Foods

SAFEWAY  **Sobeys**
Better food starts here.

save on foods
AN ACTIVE PART OF THE COMMUNITY

COBS BREAD

red apple

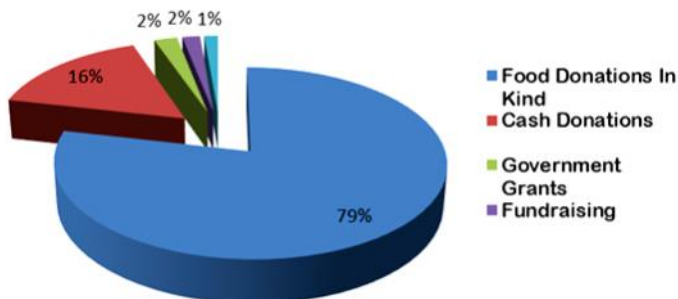
FRESNO BROS.

CO-OP

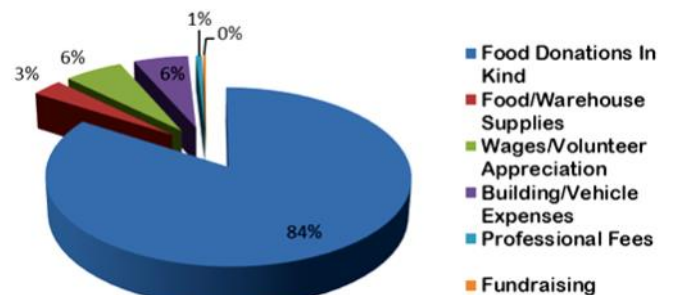
North Central

Parkland Food Bank simply reflects the generosity of our community as it receives 100% of the food and money it takes to operate from the individuals, businesses and organizations from the Tri Region. Last year we received over 1.6 million dollars worth of food.

PFB Revenue 2017



PFB Expenses 2017



Operations Sponsor
2017, 2018, 2019

MCLEOD
Home
building centre



Operations Sponsor
2017, 2018, 2019

Parkland
Dental Associates

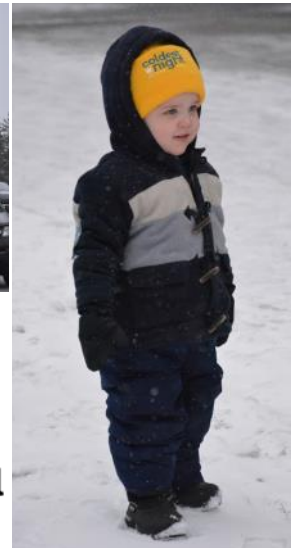


Operations Sponsor
2016, 2017, 2018

SCRI
Secure Electronic Recycler
reducing our footprint, bit by bit

PFB Fundraisers

Feb. 25, 2017—It was cold out there, but 142 people zipped up their coats, pulled on their warmest boots, and wrapped themselves in their longest scarves in support of the hungry, homeless and hurting in the Tri-Region. It was our first annual Coldest Night of the Year walk raising over \$20,000 for PFB.



North Central

Corks & Kegs With Parkland Food Bank

Featuring wine and beer and other surprise beverages from Liquor On McLeod

\$40 per person

Saturday November 4, 2017

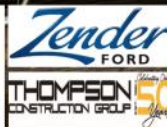
7:00-10:30 pm

Stony Plain Heritage Park, 5100 41 Ave.

Join us for an evening of Wine, Beer, Appetizers, Desserts and Silent Auction!

Tickets available online @ www.parklandfoodbank.org

Thank you to our sponsors!



Nov. 4, 2017 we had 190 community members join us for our 4th annual Corks & Kegs. This was a sold out event raising over \$27,000 for the food bank!! Join us in 2018 on Nov. 3, 2018.



Friends of the Food Bank

1878174 Alberta Ltd.
1st Blueberry Scout Group
1st Spruce Grove Girl Guides
360 Wellness
4th Spruce Grove Brownies
4th Spruce Grove Girl Guides
Acheson Business Association
Alberta Capital Region Wastewater
Alberta Community & Co-operative Association
Alberta Culture And Tourism
Albrecht, Carmen
Alla Dekterov Professional Corporation
Alquinn Homes
Altatech Agencies Ltd.
Altiham, Barry
Anderson, Muriel
Anglican Church Women
Anneke's Antique Sale
Anuendrud, Norman
Assinger Lumber Ltd.
ATB Financial
Atco Epic Program
Badry, Beverly
Baseline Masionic Lodge
Bates, Helen
Bendle, Jack
Birdsell Grant LLP
Bixby, Jaydee
Blais, Sharon
Blueberry School
BMO Bank Of Montreal
BOGGS Trefoil Group
Bottle Refund
Brightbank & District Lions Club
Brightpath Daycare
Brookwood Elementary School
Brutes Baseball Team
Bubble Up Marketing
Buckam, Sylvia
Burgess, Suzanne
Business Development Bank Of Canada - Golf Tournament
Cabella's
Cameron, Keaton
Capital Power Corporation
Cardinal, Lance
Cedar Brae Social Committee
Chartrand, Laurette
CHIMP-Charitable Impact Foundation Canada
Christian Fellowship Church
City of Spruce Grove
College Of Alberta School Superintendents
Congregational Christian Fellowship Church
Co-op Food Store
Cottontail Corner
CRS Towing & Recovery
Cummins, Mary Ellen
Cunningham, Ann
Cunningham, Gail
Cunningham, Marion
Curran-Morton, Craig
Curves Spruce Grove
Danyluk, Connie
Debbies FFF
Deer Park Community
Deering Holding Inc.
Deering, Deborah
Deerpark Kids Lemonade Stand
Demontigny, Riley
Diagnostic Imaging-Misericordia Hosp.
Dimangondayao, Dennis
Dodd, Trevor
Donnelly, Catherine

Don's Power Vac
Dunbar, David
Dunn, Catherine
Edmonton Community Foundation
Edmonton Food Bank Gleaners
Edmonton Regional Airports Authority
Edmonton Trailer Sales & Leasing Ltd.
Edo Japan Restaurants Ltd.
Elder, Barb
Emco Corporation
Emeco Canada Ltd.
Emmanuel Healing Center
Enders, Robert
Engage City Church
Evans, Peter
Fairhaven
Farm Credit Canada
Farmers Day Parade
Faubert, Karen
Fetting, Max
Fidelak, Brenda
Finning CAT
Food Banks Alberta Association
Food Banks Canada
FortisAlberta Inc.
Foster-Cole, Janice
Freson Bros
Gawenus, Elizabeth
Gibb, Linda
Gibbon, Christopher
Giftfunds Canada
Gilchrist, Jane
Good Shephard Lutheran Church
Graminia School
Grant, Keith
Greystone Centennial Middle School
Grieder, Kristen
Grobman, Marion
Grove Collision Repairs Ltd.
Grove Cruise
Grove Health Supplements & Food
Grove Medical Centre Ltd.
Grove RV And Leisure Inc.
Grove Seniors Village
Hagen, Una
Harms, Grant
Hawkstone Solutions Inc.
Hayduk, Donna
Hills, Gwen
Hoerbiger
Holy Trinity Catholic Church
Home Depot
Homegrown Foods
Homeless Link Alberta
Hope Christian Reformed Church
Horizon Stage
Houston, Stuart
Ible, Lana
Ice Caps Hockey Tourney
IHC Rehab
Immanuel Lutheran Church Of Rosenthal
Initiation Ice Cap Tournament
J. J. Huston Land Corporation
Jansen, Janet
Jeffrey, Kathy
Jen-Col Construction Ltd.
Jensen, Patricia
J-Man Enterprises
Joe's Garage
John Paul II School
Johnson, Irene
Jol, Maxine
Jones, Ken

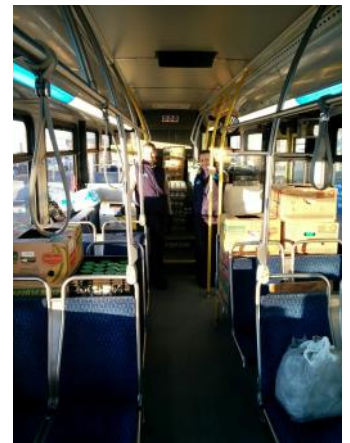
Kaiser, Jean
Kalita, Theodore J.
Kallal, Tom
Karo Dental Care
Kellgren, Mrs. Maida
Kellogg, Tanya
KFC & Food Donation Connection
Kinette Club Of Spruce Grove
Kingston Ross Pasnak LLP
Kinsmen Club Of Stony Plain
Kirkland Homes
Knievel, Carol
Kushner, Bill
Kyle, Alma
Ladies Auxiliary To The Royal Canadian Legion #256
Lakemere 4-H Beef Club
Laurie, Pauline
Laustsen, Paul
Lee, Carol
Lee, Rosalind
Lewis, John
Lienau, Kenneth
Lifemark Physiotherapy Stony Plain
Lighthouse Church
Lions Club Of Stony Plain
Living Waters Christian Academy
Liviniuk, Barbara
Loblaw Inc
Local Union 488
Lypowy, June
Mackie, Irma
Madge, Sharon
Maher, James
Maid In Alberta Cleaning Services Ltd.
Main Street Law
Mallard Agencies Ltd.
Manke, Cindy
Maridon Music Ltd.
Mastaler, Brad
Matthews, Dennis
McDonald, Reid
McEnery, Cheryl
McLennan, R. Graham
McLeod Mercantile Ltd.
McNabb, Anne
McQuarrie, Kathy
Meinczinger, Sheri
Memorial Composite High School
Metzner, Brenda
Mini Monster Bash
Miss Lauren Music
Mixcor Aggregates
Mogck, Larry
Moody, Brian
Morrissette, Rene
Mueller, Clemens
Muench, Mrs. Annette
Muir Lake Community League
Muir Lake School
Murray, Ellwood
Murray, Janet
Muscle Beach Fitness
Myshak Sales & Rentals
NAIT Spruce Grove Campus
Naomi's Tupperware
Nelson Environmental Remediation Ltd.
Nelson, Harriet
Nicol, Lynda
North Central Co-operative Association Ltd.
Oleskiw, Susan

Friends of the Food Bank

Olson, Harold
Omelchuk, Helen
O'Neill, Tracey
Original Joes Franchise Group Inc.
Pampered Chef
Pankewich Holding Ltd.
Parent, David
Parkland Area Retired Teachers Association
Parkland Baptist Church
Parkland Celebration Choir
Parkland Community Basketball
Parkland Community Compass
Parkland County
Parkland Dental Associates Inc.
Parkland Farm Equipment Ltd.
Parkland Funeral Service
Parkland Potters Guild
Parkland Riding Club
Parkland School Division
Parkland Seventh-Day Adventist Church
Payne, Grant
Peace Lutheran Women's Missionary League
Peart, Kerry or Sharon
Perks Coffee House
Perpetual Fitness
Peters, Katherine
Pineridge Wednesday Morning Ladies League
Pink, Edward
Pooch And Pony
Porta Romana Restaurant
Poulin, Phillip
Prescott Learning Centre
Quick X Transport
Rainbow Palace Restaurant
Ratsoy, Travis
Real Canadian Superstore
Rebagliati Restaurants Ltd.
Rebus, John
Red Apple
Rehoboth
Reliable Landscape Maintenance Ltd.
Rental Bus Line
Restoring Hope To Cities
Richard, Harold
Richardson, Hazel
Ritzena, Noel
Robinson & Company Barristers & Solicitors
Robinson, Yvonne
Rona
Rook, Lorriena
Ross, Wally
Rotary Club Of Parkland After Dark
Rotary Club Of Spruce Grove
Rotary Club Of Stony Plain
Rotorchrome Industries Inc.
Royal Canadian Legion BR 256
Royal LePage
Rufiange, Malayna
Saal, Beverly
Safeway Spruce Grove
Safeway Stony Plain
Sage, Mary
SAR 1st Response Society
Sarich, Lorna
Saskatchewan Mutual Insurance
Save-On-Foods
Scheideman, Evelyn
Scotiabank Stony Plain
Scribner, Ann
Seal & Bedard Accountants
Seba Beach Seniors Golden Age Club
Servus Credit Union Ltd. Spruce Grove Branch

Servus Credit Union Ltd. Stony Plain Branch
Shanked Computer Recycling Inc.
Shoppers Drug Mart
Siegel, Ruth
Sim, Irene
Simmonds, Georgina
Simply Health
Skorek, Cathleen
Smarty Pants Day Home
Smith, Gordon
Smith, Mara
Smithson Real Estate Services Ltd.
SML Christian Academy
SMS Equipment Inc.
Sobeys
South Park Cove
Specialized Transit Services Spruce Grove
Spruce Grove Acupuncture
Spruce Grove Aerials Gymnastics Club
Spruce Grove Alliance Church
Spruce Grove Bantam Cougars Football
Spruce Grove Business Association
Spruce Grove Chamber Of Commerce
Spruce Grove Chiropractic Centre
Spruce Grove Curling Club Ladies League
Spruce Grove Lions Club
Spruce Grove Playschool
Spruce Grove Post Office
Spruce Grove Ringette
Spruce Grove Saints Junior A Hockey
Spruce Grove Sturgeon St. Albert PC Association
St. Aidan And St. Hilda Anglican Church
St. Andrews United Church
St. Augustine's Parkland Anglican Church
St. Augustine's United Church Wabamun
St. John Paul II Catholic School
St. Joseph Catholic School
St. Marguerite Catholic School
St. Matthew Lutheran Church Stony Plain
St. Matthew's Lutheran Church Spruce Grove
St. Peter The Apostle Catholic High School
St. Saviour Mission
Stanway, Mabel
Stony Plain and District Chamber Of Commerce
Stony Plain Central
Stony Plain City Hall
Stony Plain Dental Centre
Stony Plain Farmers' Market
Stony Plain Kinsmen
Stony Plain Library
Stony Plain Seed Cleaning Association Ltd.
Stony Plain United Church
Stony Plain Women's Institute
Strongman Competition
Suder, Kyla
Sunrise Dental
Swallow Hollow Orchard
Sysco Food Reclamation
Tasha's Zumba Fitness
Tasko, Verna
Taylor, Elizabeth
Taylor, Rosetta
TCL Supply Chain Inc
TCT
Teasdale, Glen
Telus
The Barn Owl
The Boxing Club Of Spruce Grove
The Branch Manager
The Church of Jesus Christ Latter Day Saints, Stony Plain
The Church Of Jesus Christ Of Latter-Day Saints Spruce Grove

The City Of Spruce Grove
The Dance Place
The Heart Of Dance Studio
The Leder Charitable Foundation
The Royal Canadian Legion Spruce Grove Branch #281
Ladies Auxillary
The Thrift Shop
Thomas, Bill
Thompson Bros. LP
Thompson, Gail
Tinney, Tanya
TOPS 4720
Touchmark At Wedgewood (Edmonton) Inc. Special Account
Town Of Stony Plain
TransAlta
TransCanada
Trevor Horne, MLA
Tri Municipal Leisure Facility Corporation
TST Overland Express
Turner, Ronald
Tworek, Olga
Tyscott Mechanical
UEW Local 30703
Ulmer, Bruce
United Nurses Of Alberta
United Way Of Calgary, Donor Choice Program
United Way Of Greater Toronto
United Way Of The Alberta Capital Region
Unterschultz, Richard
Van De Goor, Anita
Vandenberghe, Trent
Vankeulen, Colleen
Vankosky, Casey
Vermeer, Gerrit
Village Of Spring Lake
Von Stackelberg, Eric
Walker, Ruth
Walmart Canada Corp
Walton, Marilyn
Warburg Hutterite Colony
Ward School Of Dance
Warden 4H Club
Warehouse One The Jean Store
Weatherald, Leanne
West Parkland Gas Co-Op Ltd.
Western Star Trucks (North) Ltd.
Westridge Curling Club
Westvac Industrial Ltd.
Westview Health Centre
Whispering Waters Seniors Center
Whitney, Wendy
Wideman, Ken
Wildrose Alliance Spruce Grove-Sturgeon-St. Albert
Constituency Association
Willcock, Charlotte
Woodhaven School
Zawacki, Lorri
Zender Ford
Zender, Kenneth
Zumba Babe-Karen Sievwright





**Help us
Stuff a Bus!**
Dec. 2, 2017
8:30 am—3:30 pm
Spruce Grove
Save-on-Foods!



Thank You

Together, we raised \$3,500

It fuels good to help out Parkland's Food Bank.

5¢ PER LITRE AT THE PUMPS

CUSTOMER DONATIONS

GOOD BUY TO HUNGER FOOD BAGS

FOOD BANK BBQS

SEPT 19TH

FUEL GOOD DAY

Grower Give-Back-Pack

25lb

RED HAT

IGRA SAFEWAY Sobeys

TIRECRAFT

Get Ready for the first Road Trip of the Season with our

PARKING LOT SALE

ONE DAY ONLY - TWO LOCATIONS

SATURDAY MAY 6TH 8 AM - 5 PM

Purchase of 4 New tires includes:

Free Vehicle Inspection including: Front End Suspension • Brakes • Lights • Wiper Blades • Shocks & Struts

PASSENGER / LIGHT TRUCK TIRES

TRAILER TIRES

TRAILER WHEELS

LIGHT TRUCK/PASSENGER WHEELS

STONY PLAIN 67 Boulder Blvd • 780-963-5540

SPRUCE GROVE 140 Century Crossing • 780-571-0778

ABOUT

CITY CENTRE EVENTS Columbus Park

Mon. 10AM - 4PM

WINTER FEST

Win a Free South Island Snow Machine!

PERKS

Anneke's Antique Sale

April 14-15, 2017

Friday 10AM-6PM

Saturday 10AM-4PM

Heritage Pavilion

5100-41 Avenue,

Stony Plain

\$5.00 Admission

Free Parking

Contact 780 699 7839

ceantiques@shaw.ca

classiceuropeantiques.com

Loblaw Companies

National Food Drive

This holiday season, donate at your local store.

December 8 to December 24

Loblaw Companies

PERPETUAL FITNESS

WINTER CLASSIC

Fun & Fundraising for the Parkland Food Bank

Why?: Fun & Fundraising for the Parkland Food Bank

When?: Saturday, February 11th, 2017

Family Skate: 10-11AM

Skills Comp: 11AM-12PM

Puck Drop: 12PM

Where?: Brookwood School Outdoor Rink

4 Teams of 12 Players

All Skill Levels Welcome

Shinny Hockey (Helmets & Gloves)

Everyone To Bring Food Bank Donations

"Skills" Competition

Food & Refreshments Available w/Donation

Interested in playing?
Talk to Devo or Leslie at Perpetual's front desk

TeckEra

SPONSORED BY ROYAL LEPAGE NORALTA

ROYAL LEPAGE

NORALTA REAL ESTATE

ANNUAL PUMPKIN GIVEAWAY

Saturday October 14, 9 AM

Location: Superstore

Drop off a donation for the Parkland Food Bank and pick up your free pumpkin.

Royal LePage Noralta REALTORS® will be taking donations until all the pumpkins are gone.

Parkland Spring Fling

Home & Garden Expo

March 18, 2017 | 10am - 6pm

Transalta Tri Leisure Centre

221 Jennifer Heil Way | Spruce Grove, Ab

Admission: \$2 Adults | Kids 12 & under free when accompanied by a parent

Door Prizes & Giveaways | Landscape Design | Garden Solutions | Realtor Tips | Special Guest Speakers

Proudly supporting Parkland Food Bank | www.parklandfoodbank.org

World of Windows

PARKLAND COUNTY WINTER WARM UP

Saturday January 28th

10 a.m. to 2 p.m.

at Chickakoo Lake Recreation Area

parkland county

Parkland Food Bank



Parkland Food Bank

Annual Report 2017

Let's Connect

Location:

105 Madison Cr.
Spruce Grove, AB

Mailing Address:

Box 5213
Spruce Grove, AB, T7X 3A3

Phone:

780-962-4565

Board of Directors Contact:

parklandboard@outlook.com



www.parklandfoodbank.org



<https://www.facebook.com/PrkIndFoodBank/>

<https://www.facebook.com/ColdestNightParkInd/>



<https://twitter.com/ParkIndFoodBank>