



# Parkland Food Bank Beyond the Numbers 2018

Parkland Food Bank



...helping to take the bite out of hunger.





## A WORD FROM THE BOARD

### Stability

That is the word for 2018. We saw our number stabilize from the dramatic double digit increases in people accessing our services month over month to small, single-digit increases. This stability has allowed us to focus our efforts on improving the efficiency of our operations. We started the year by completing the mezzanine level, which has dramatically increased and improved our ability to store goods. Moreover, we have been able to significantly expand our food rescue program which has allowed us to offer our clients healthier food options.

And we could not have done this all without the support of the community. The businesses and organizations in the Tri-region have been unbelievably supportive of our efforts. Our volunteers continue to amaze us with their time, energy and ideas. Finally, the citizens are always willing to step forward and help whenever our call goes out.

On behalf of the Parkland Food Bank Society board, I would like to thank you for your continued support to ensure we are able to meet our mandate to address the needs of hunger by providing food to those in need.

Regards

Craig Curran-Morton  
Board Co-Chair

Gabrielle Seymour  
Board Co-Chair



### STUFF THE CRUISER!!

To benefit Parkland Food bank



August 25<sup>th</sup>

10:00 am to 4:30 pm

Real Canadian Super Store - 110 Jennifer Heil Way

Real Canadian Super Store Loss Prevention

and

Spruce Grove RCMP

Are asking you to help them stuff the cruiser with healthy breakfast and lunch foods. Along with much needed back to school supplies for kids in need.



Back to school supplies that are needed are backpacks, paper, binders, pens, pencils, erasers, folders, protractors, compasses, glue, calculators, scissors and crayons. All of the collected school supplies will be sorted and the backpacks will be filled on Monday, August 27, 2018.





## **TRI REGION RESIDENTS VISITED PARKLAND FOOD BANK 16,771 TIMES IN 2018**

### **POVERTY IS THE ROOT CAUSE OF FOOD BANK USE.**


Food bank use remains at unprecedented high levels. While Parkland Food Bank Society is doing everything that we can to help those in need, we are not able to address the root causes of why people need support.

This is because the root cause of food bank use is, and always has been, related to poverty and low income. Economic disruptions, low incomes, and government policies that don't provide adequate support are what keep the number of food bank users persistently and unacceptably high. According to the Edmonton Social Planning Council, Alberta Child Poverty Report "Alberta remains to have the largest gap between the rich and the poor of all the provinces, with the richest 1% earning 46 times the poorest 10% of the provincial population, relative to other Canadian provinces." Other key findings in the report are:

- Over one in six Albertan children live in poverty.
- Alberta is one of two provinces that does not have a provincial poverty reduction strategy, even though one was identified as a priority under the 2013 Social Policy Framework.
- Three-quarters of workers who benefit from the minimum wage increase are 20 years or older, with more than 40% falling within core working age of 25 to 54.
- The demand for income support has increased by 65% since 2014. Consequently, income support payments Albertans receive are among the lowest in all of Canada. And although disabled Albertans saw a small increase in their AISH benefits in 2018, single adults receiving AISH will still be below the poverty line.

To give us further information on our area of Alberta, in the fall of 2018, 260 respondents completed the Tri-Region Housing and Service Needs Estimate survey. This project aimed to capture insights on the homeless population by using survey data gathered by service agencies. Of the service agencies that assisted in administering the surveys, Parkland Food Bank completed 73%. Key findings from that survey are:

- 219 adults at risk of homelessness, 221 children at risk of homelessness
- 1 in 4 people at risk of homelessness are employed
- Single moms were over five times more likely than single dads to be At Risk of Homelessness.



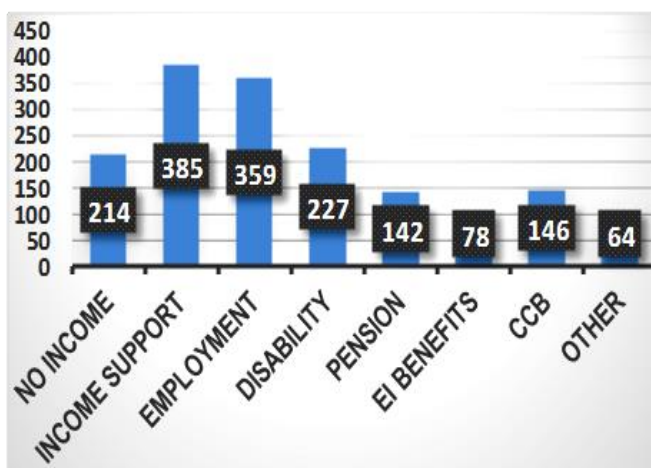
**35% of households accessing Parkland Food Bank list social Assistance or disability-related supports as primary source of income.**

### WHO DOES PARKLAND FOOD BANK SUPPORT?


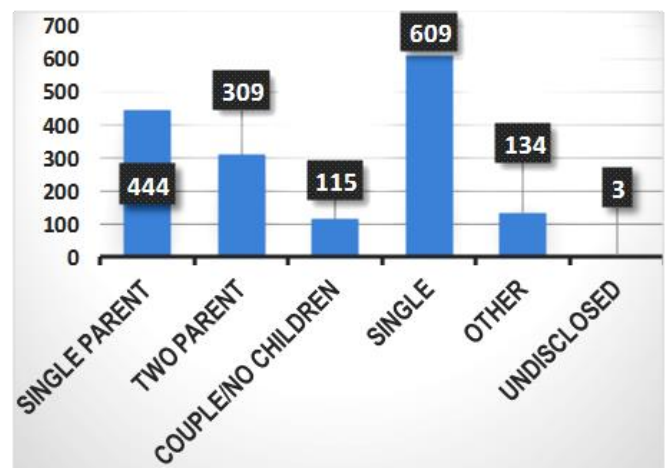
Parkland Food Bank assisted 1614 unique households in 2018, including children, seniors, single parents, working adults and people living with disabilities.

Children are over-represented in food bank use compared to the overall population. Single-parent households are also over-represented in food bank use compared to their share of the population. Single person households represent an alarming 38% of the households accessing food bank support. 35% of those who receive support from food banks indicate that social assistance or disability-related supports as their primary source of income.

**Household Primary Income**

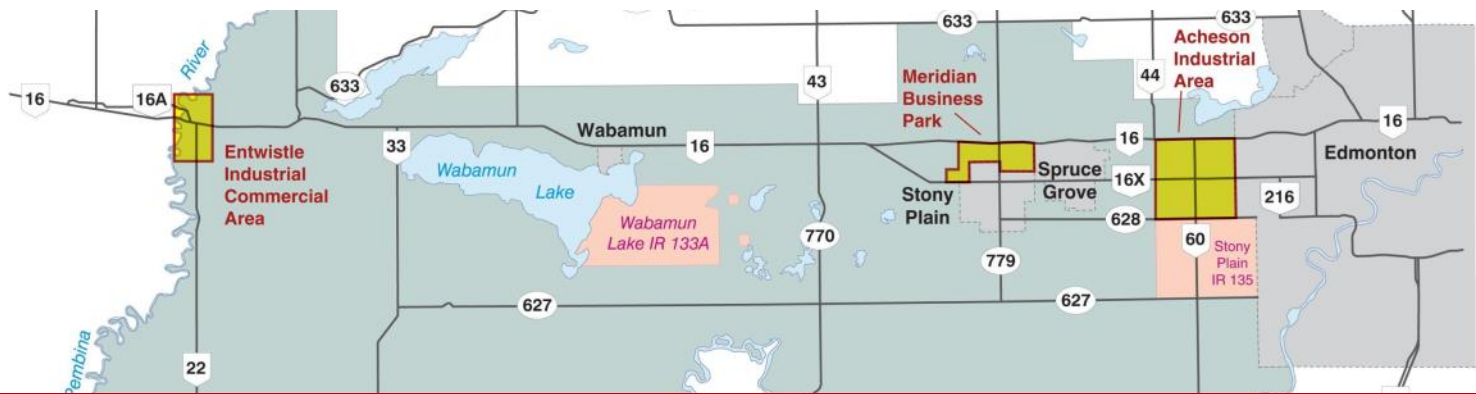


**Household Family Types**



**39% of those relying on PFB are children, when they only represent 27% of the population.**





**ONLY 6% OF HOUSEHOLDS SERVED ARE LONG TERM CLIENTS**

## WHO DOES PARKLAND FOOD BANK SUPPORT?

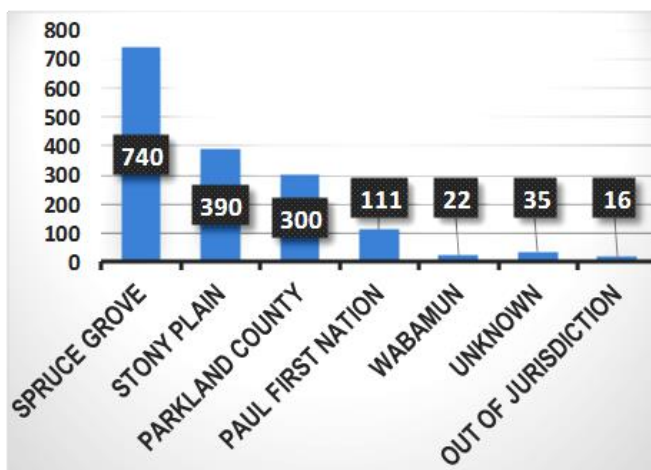
The purpose of Parkland Food Bank society is to address food insecurity among residents of Spruce Grove, Stony Plain and Parkland County, by providing weekly access to healthy food, to individuals and families in short term, long term and emergency situations.

Emergency Situations (1-2 food bank visits) - 32% of households served

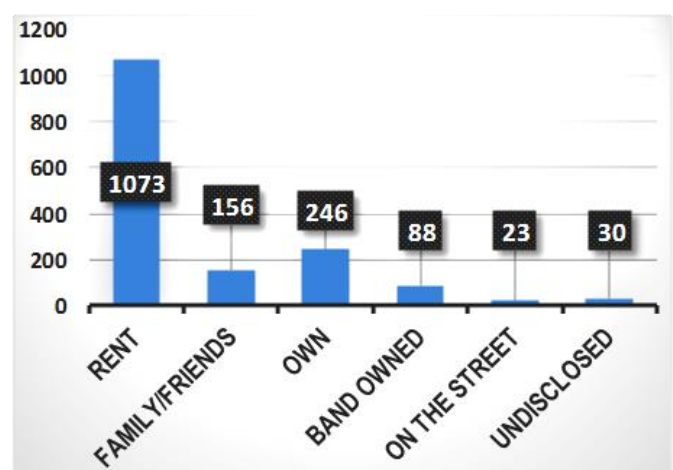
Short Term Situations (3 months of food assistance) - 48% of households served

Medium Term Situations (4-7 months of food assistance) - 14% of households served

**Households by Community**



**Household Housing Type**





## IN 2018 WE GAVE OUT A HAMPER EVERY 3 MINUTES WE WERE OPEN

Averaging 1,398 hampers per month

Parkland food Bank gave out 16,771 food hampers to 1,614 unique households in 2018. When we count each instance a client accessed the food bank, we provided approximately 3 days' worth of food for 44,226 people. Most of our clients are eligible to receive two different types of hampers.



### FULL HAMPER

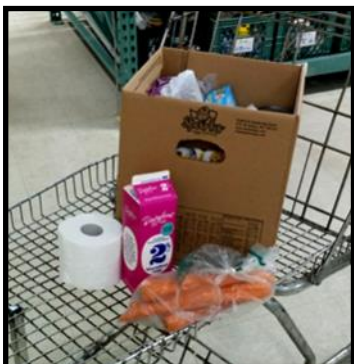
Once every calendar month, clients can receive a FULL Hamper consisting of a box of dry goods, milk, meat, eggs, pastry, produce and bread. (Approximately 5 days of food)

**We gave out 7,552 FULL Hampers in 2018**

### BPP HAMPER

Any week a client is not receiving a Full Hamper, they can come get a weekly hamper that includes bread, produce, pastry, yogurt, extra canned and frozen items, personal supplies or cleaning supplies. (Approximately 2 days of food)

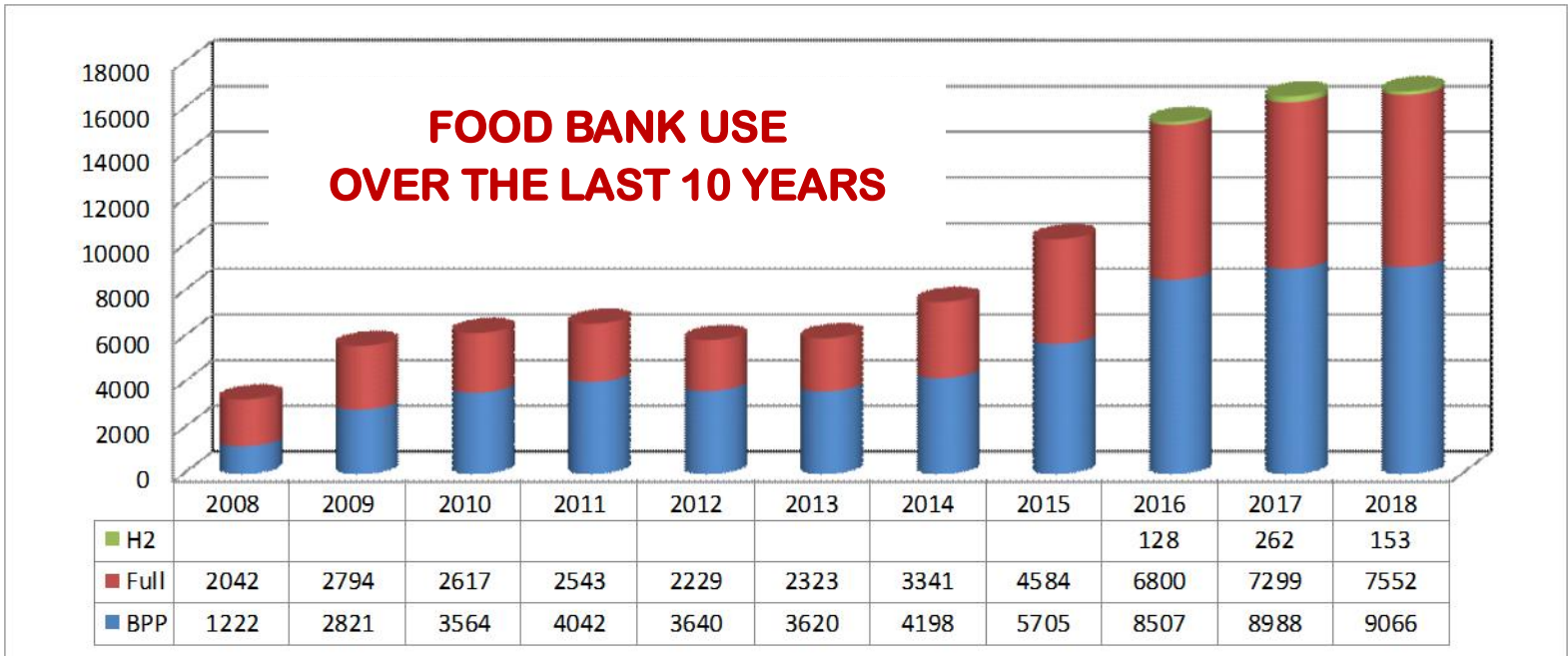
**We gave out 9,066 BPP Hampers in 2018**



### H2 Hamper

H2Hamper programs is a weekly hamper, designed for clients that do not have access to kitchen facilities (due to homelessness, living in hotel, etc.), and is filled with ready to eat foods that do not need cooking or refrigeration.

**We gave out 153 H2 Hampers in 2018**



## IT TAKES A COMMUNITY - HOW DO WE COLLABORATE?

**Referral Program:** At Parkland Food Bank we make sure to have an in depth conversations with our clients to find out why they need our assistance. The first time a client accesses the food bank, and at least once a year after that, if they need long term support, we have an interview with our clients to collect household data, discuss their income/expenses and their situation. Our screening process not only gives us insight into the many reasons why our neighbor's face food insecurity, but also gives us the opportunity to connect them with any and all other community resources available to them. Some examples of common issues and referral are:

- Low income mother not receiving her Child Tax Benefit because she can't afford to get her income done. We can refer her to a free income tax clinic.
- Person with a long term disability not receiving any financial support because they don't know how to complete the AISH application. We can refer them to a social worker who specialized in AISH application process.
- Person considering a high interest pay day loan to pay for utilities that are going to be cut off. We can refer them to Neighbourlink for one time assistance with utility payment.

Parkland Food Bank is also involved in many **community collaborations**, recognizing that all community agencies are stronger when we work together.

- Critical Connections: All agencies assisting people in poverty situations, meet quarterly to learn about each others programs and make sure we are not duplicating services.
- Tri-Region Housing and Service Needs Estimate: Giving residents an opportunity to share their housing and service needs.
- PathwaysHOME: Spruce Grove strategy to reduce poverty and homelessness

## CALL TO ACTION

**Educate yourself and start talking about the problem with friends  
and family**





**STARTS FRIDAY – DON'T MISS IT!**  
 Pictures in the Big Red Chair & BBQ for the Parkland Food Bank on Saturday

**SPRING FLING**

**MCLEOD Homebuilding centre**

**REAL CANADIAN SUPERSTORE**

*Invites you...*

... to join us for a barbeque in support of the Parkland County Food bank. Hamburgers or hot dogs can be purchased by a monetary or food donation. 100% of proceeds will go directly to the foodbank to assist our community.

Where: Real Canadian Superstore  
 10-110 Jennifer Heil Way  
 Spruce Grove, AB  
 When: Saturday April 28, 2017  
 11am-4pm

**Parkland Food Bank**



**Fall Winterizing Special**

**FOOD DRIVE**

Bring in a donation for the Parkland Food Bank and receive 10% off your RV Winterization!

**ANNUAL PUMPKIN GIVEAWAY**

**Saturday October 13, 9 AM**

**Location: Superstore**

Drop off a donation for the Parkland Food Bank and pick up your free pumpkin.

**ROYAL LEPAGE**

**NORALYA REAL ESTATE**



## HOW DO WE OPERATE?-Where does the food come from?

Parkland Food Bank simply reflects the generosity of our community as it receives 100% of the funds it takes to operate from the individuals, businesses and organizations from the Tri-Region.

**Food Donations:** To provide approximately 5 days' worth of non perishables in the FULL Hampers, requires an average of \$50,000 worth of food every month. To help us accomplish this, the community donated over 102,000 kg's of food in 2018! We truly appreciate our supporters for thinking of us every time they are shopping and for hosting events to encourage their friends and colleagues to donate!

**Food Rescue:** Food Rescue is a program that collects all surplus food regardless of quality and redirects it to the highest and best use. This surplus food is primarily fruit, vegetables, meats and dairy items that grocery retailers have traditionally thrown out. Once food is collected, our volunteers sort it according to the high standards of Food Banks Canada to ensure that only the highest quality food is made available to people. Food that does not meet these standards is made available to local farmers to feed livestock. 207,621 kg's of close-dated, perishable product was diverted from the landfill in 2018, and delivered to our 4,089 clients, community agencies and schools that make meals or provide school snacks, and three farmers for animal feed. This initiative is zero waste.

**Food Purchases:** Every month Parkland Food Bank purchases approximately 1,700L of milk in order to provide 1L of milk/person/month. In 2018 we spent \$51,000 purchasing milk and occasionally non perishable foods (such as rice, oatmeal, juice, canned tuna), as needed.



**Binx Auto**

**Parkland Food Bank**

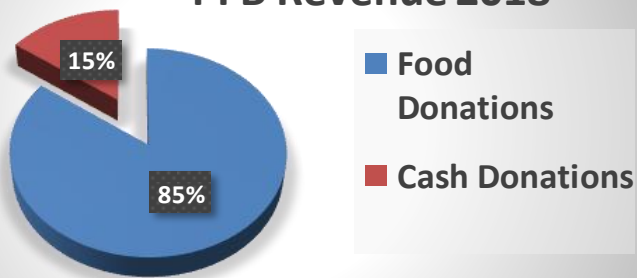
**helping to take the bite out of hunger.**

**CALL TO ACTION**

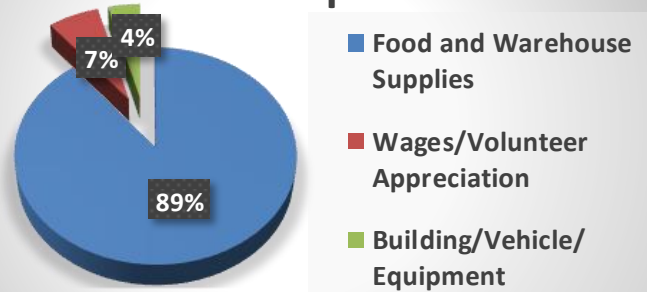
**Donate food and funds to your local food bank**



## PFB Revenue 2018



## PFB Expenses 2018



## HOW DO WE OPERATE? - Leadership

### Parkland Food Bank Board of Directors

Parkland Food Bank's Board of Directors is a governance board. They are responsible for setting policies and providing oversight and leadership to Parkland Food Bank.

**Craig Curran-Morton, Chair**

**Gabrielle Seymour, Vice-Chair**

**Dawn Scribner, Secretary**

**Stephen Webber, Treasurer**

**Bill Kelly, Director**

**Grant Payne, Director**

**Laura Nelubowich, Director**

**Kai Shuler, Director**

**Kevin Tatlow, Director**



### Parkland Food Bank Staff

**Sheri Ratsoy, Executive Director**

[sherir@parklandfoodbank.org](mailto:sherir@parklandfoodbank.org)

**Elena Maltais, Warehouse Supervisor**

[warehouse@parklandfoodbank.org](mailto:warehouse@parklandfoodbank.org)

**Lynne Scheideman, Volunteer Coordinator**

[volunteer@parklandfoodbank.org](mailto:volunteer@parklandfoodbank.org)



## CALL TO ACTION

**Become a food bank member or director**



## HOW DO WE OPERATE? - Volunteer

Volunteers are the lifeblood of food bank operations. We simply could not provide the services we do without the members of our community stepping up to give their time and talents week after week. In 2018 we had 193 individuals volunteer with us, providing 16,000 hours of assistance. Our volunteer opportunities include:

- **Administration:** Volunteers working in the front reception area of the food bank are the first point of contact to our clients and to general members of the community that have business here at the food bank.
- **Food Repackaging:** Some of our food items come in large quantities that we then repackage for use in the hampers. As we are handling the raw food product, it is important to use safety precautions to protect the clients.
- **Food Sorting:** Food that is received needs to be inspected and sorted for future use.
- **Hamper Assembly:** Full Hamper boxes are pre-packed to be ready for when a client comes in.
- **Cleaning:** As a food service warehouse, we need to make sure we keep a high level of sanitation.
- **Special Events:** This position is for people interested in helping on a casual basis for various food drives, fundraisers and events.
- **Loading Dock:** Involves receiving and storing food donated to the food bank.
- **Drivers and Driver Assistants:** Volunteers use the food bank trucks to pick up donated food according to the schedule for the day.
- **Special Needs Volunteers:** Volunteer with disabilities that give of their time and talents, with their own supervision.
- **Food Rescue:** Sorting through all food rescue products to pick out what is still fit for human consumption.

To learn more about volunteering or to sign up as a new volunteer, visit our website at:

<http://parklandfoodbank.org/get-involved/become-a-volunteer/>

**CALL TO ACTION**  
**Volunteer**





## HOW DO WE OPERATE? - Special Events

The Coldest Night of the Year is a fantastically fun, family friendly walk-a-thon that raises money for the hungry and hurting in the Tri-Region. On February 24, 2018 we were joined by 178 walkers that fundraised over \$44,000 for Parkland Food Bank Society!



## HOW DO WE OPERATE? - Special Events

On November 3, 2018 we hosted our annual Corks & Kegs fundraiser with our partner Liquor on McLeod. We had 254 guest join us as we sampled various wines, beers, liquors, and many other treats. There was also a silent and live auction that contributed to the \$25,641.00 that we were able to raise for the food bank!



**CALL TO ACTION**  
Join Us!



**Apple Sponsor**  
2016, 2017, 2018



**Tree Sponsor**  
2017, 2018, 2019



**Tree Sponsor**  
2017, 2018, 2019



## COMMUNITY INVOLVEMENT

### Parkland Food Bank Program Sponsorship

The following sponsorships are a three year commitment to an annual donation.

As our region's population has grown, Parkland Food Bank has also grown from a small pantry serving 48 families each week to 400 families each week. An operation of this size and complexity requires sustainable, long term support.

We are aware that as a local business or community organization, you are approached for support frequently. We recognize that you would like to be able to plan your annual and long term giving. We have developed a sponsorship program which will allow you to choose the level best suited to your community support goals.

Please consider one of the following options in addition to your regular contributions of food and funds.

#### **Tree Sponsor—\$4000.00**

Recognition for sponsorship will include:

- Corporate log proudly displayed on front fence of Parkland Food Bank
- Corporate logo proudly displayed on food bank website and all social media
- Four tickets to our annual Corks & Kegs event
- Sign recognizing support, for your corporate office
- One on-site, half-day team building/volunteering event for up the 4 volunteers from your organization, including a Q & A with our Executive Director

#### **Apple Sponsor—\$2000.00**

Recognition for sponsorship will include:

- Corporate logo proudly displayed on front fence of Parkland Food Bank
- Corporate logo proudly displayed on food bank website and all social media
- Two tickets to our annual Corks & Kegs event
- Sign recognizing support, for your corporate office

#### **Seed Sponsor—\$1000.00**

Recognition for sponsorship will include:

- Corporate logo proudly displayed on front fence of Parkland Food Bank
- Corporate logo proudly displayed on food bank website and all social media
- Sign recognizing support, for your corporate office

## CALL TO ACTION

Consider becoming a long term sponsor





**FOOD RESCUE PARTNERS**

Local grocery stores and food distributors who have made the commitment to reduce food waste in the Tri-Region, sending all unsaleable food to Parkland Food Bank.

DLM Distributors	Edmonton Potato Growers	Freson Bros
KFC Restaurant	The Little Potato Company	Quick X Transport
Real Canadian Superstore	Safeway Spruce Grove	Safeway Stony Plain
Save-on-Foods	Shoppers Drug Mart	Sobeys
Steve’s No Frills	Sysco	TCL Supply Chain Inc.
TST Overland Express	Walmart Canada Corp.	

**FRIENDS OF THE FOOD BANK**

1878174 Alberta Ltd.	Blueberry Moms	CN Canada
1st Blueberry Scout Group	Blueberry School	Coldest Night Of The Year
1st Spruce Grove Girl Guides	BMO Bank Of Montreal	Community Investment Husky Energy
2001 Junior Eagles Hockey Club	Boost Physical Therapy Ltd.	Congregational Christian Fellowship
3rd Spruce Grove Brownies	Boston Pizza Foundation	Church
Aasgard, Michele	The Boxing Club Of Spruce Grove	Copeland, Melanie
Acheson Business Association	BP Calahoo Ltd.	The County Of Parkland #31 Social Club
Alberta Community & Co-operative Association	Broadbent, Mrs. Darlene	Couturier, Jaxon
Alberta Honey Producers Co-Operative	Brookwood Elementary School	Crackmasters
Albrecht, Carmen	Brown, Conn	Craner, Brie
Alia/Tan Jay	Brown, Ellen	Crowther, June
All Trailer Repair	Bruneau, Darren	Cruise, Judy
Alla Dekterov Professional Corporation	Bubble Up Marketing	CWT Group
Allen, Lindsay	Burgess, Suzanne	The Dance Place
Anderson, Muriel	Business Development Bank	Dans, Nancy
Anglican Church Women	Canada Helps	Davidson, Dayna
Anton, Lynne	Canada Post	Debbies FFF
ASETPA	Cargill Foods	Deering, Deborah
ATB Financial Spruce Grove	Caribbean Homes Ltd	Dirks, Cheryl
Atco Epic Program	Cedar Brae Social Committee	DLM Distributors
Bahm, David	CentiMark Ltd.	Dobbe, Cornel
Bank Of Montreal Pension	Chartrand, Laurette	Dodd, Trevor
Barclay, Glen	Chasing Dreams Photography	Donnelly, Catherine
Bates, Helen	Cherewka, Kelly	Duffield School
Bell, John	CHIMP-Charitable Impact Foundation	Dunbar, David
Bendle, Jack	Canada	Dunsmore, Randy
Beta Sigma Phi	The Church of Jesus Christ Latter Day Saints	Ecole Meridian Heights School
Binx Automotive Inc.	The City Of Spruce Grove	Edmonton Flying Club
The Black Dirt Company	City Slickers	Edmonton Food Bank Gleaners
Blue Sea Philanthropy Inc.	Clements, Jean-Ellen	Edmonton Potato Growers
Blueberry Hall	Cleveland, Jo-Ann	Edmonton Trailer Sales & Leasing Ltd.
		Edo Japan Restaurants Ltd.

## FRIENDS OF THE FOOD BANK

Engage City Church  
Evahnenko, Richard  
Evans, Peter  
Faubert, Karen  
Fegyverneki, Kerry  
Fetting, Max  
Finn, Tara  
Flamin Floozies Of Spruce Grove  
Food Banks Alberta Association  
Food Banks Canada  
Formula Alberta Ltd.  
FortisAlberta Inc.  
Fountain Tire  
Fresh Field Grown Produce  
Freson Bros  
Friesen, Paul  
Gawenus, Elizabeth  
Gibb, Linda  
Gibbon, Christopher  
Girl Guides Three Sisters District  
Glenn Hall Concession  
Glowing Embers Campground  
Good Sam's - Fifth Meridian  
Good Shephard Lutheran Church  
Goodings, Holly  
Goulden, Tom  
Government Of Canada  
Graff, Lisa  
Greystone Centennial Middle School  
Grove Cruise  
Grove Medical Centre Ltd.  
Grove Seniors Village  
Hagen, Una  
Harms, Grant  
Hayward, Marc  
Henson, Joanne  
Hill, Dave  
Hoerbiger  
Holy Trinity Catholic Church  
Home Depot  
Homegrown Foods  
Hope Christian Reformed Church  
Horizon Orthodontics  
Horizon Stage  
Houston, Stuart  
Huddleston, Joan  
Huedepohl, Chuck  
Ible, Lana  
IHC Rehab  
Initiation Ice Cap Tournament  
J-Man Enterprises  
Jansen, Janet  
Jeffrey, Kathy  
Jen-Col Construction Ltd.

Jensen, Patricia  
Joe's Garage  
John Paul II School  
Johnson, Kathy  
Kal Tire  
Kal Tire Spruce Grove  
Kallal, Tom  
Kalmbach, Tracey  
Kenyon, Elva  
KFC & Food Donation Connection  
Kinette Club Of Spruce Grove  
Kingston Ross Pasnak LLP  
Kinsmen Club Of Stony Plain  
KLM Ventures Ltd.  
Kwality Services Ltd.  
Ladies Auxiliary To The Royal Canadian  
Legion #256  
Lamouche, Chris  
Landmark Cinemas  
Laustsen, Paul  
The Leder Charitable Foundation  
Lee, Carol  
Leriger, Jenessa  
Lienau, Kenneth  
Lighthouse Church  
Lions Club Of Stony Plain  
Liquor On McLeod Ltd.  
The Little Potato Company  
Little, Sandra  
Liviniuk, Barbara  
Loblaw Inc  
Long, James  
Lucas, Riley  
Luck, Ken  
Lypowy, June  
Mackie, Irma  
Madge, Sharon  
Maher, James  
Main Street Law  
Majeau, Marian  
Mallard Agencies Ltd.  
Manderson, David  
Manke, Cindy  
Maridon Music Ltd.  
Matthews, Dennis  
McAsphalt Industries Ltd.  
McCann, Darlene  
McDonald, Reid  
McGann, Margo  
McGonigal, Sharon  
McLeod Mercantile Ltd.  
Memorial Composite High School  
Metzner, Brenda  
Mewassin United Church

Michener Allen Auctioneering Ltd.  
Millgrove School  
Mini Monster Bash  
Miss Lauren Music  
Mixcor Aggregates  
Moore, Michael  
Morrison, Jack  
Mostowich, Ron  
Mr. Hot Tub  
Mueller, Clemens  
Muir Lake School  
Multicultural Centre  
Murray, Janet  
Murray, Meryl  
Musseau, Alison  
Myshak Sales & Rentals  
NCSG Crane & Heavy Haul  
North Central Co-operative Association  
The North West Company  
Obergr-Riise, Marion  
OK Tire & Auto Service Spruce Grove  
Oleskiw, Susan  
Omelchuk, Helen  
Orange Theory Fitness  
Original Joes Franchise Group Inc.  
Ouellette, Doris  
Pampered Chef  
Panda Rose Consulting Studios, Inc.  
Pankewich Holding Ltd.  
Paragon Soil  
Parkland Area Retired Teachers  
Association  
Parkland Baptist Church  
Parkland Bingo Association  
Parkland Celebration Choir  
Parkland County  
Parkland Dental Associates Inc.  
Parkland Farm Equipment Ltd.  
Parkland Jays  
Parkland Minor Ball  
Parkland Pickleheads  
Parkland Riding Club  
Parkland School Division  
Parkland Seventh-Day Adventist  
Church  
Parkland Travel Ltd O/A Marlin Travel  
Parsons, Isabel  
Peace Lutheran Women's Missionary  
League  
Pearson, Miranda  
Peart, Kerry  
Peavey Mart (Corporate)  
Perpetual Fitness  
Peters, Kathrine



## FRIENDS OF THE FOOD BANK

Petit, Remi	Sobeys	Suder, Kyla
Pink, Edward	Solare Distributors Inc.	Swanson, Gail
Polk A Dot Daycare	Spruce Grove Aerials Gymnastics Club	Sweetpea Dayhome
Prescott Learning Centre	Spruce Grove Alliance Church	Synergy Aviation Ltd.
Quick X Transport	Spruce Grove Bantam Cougars	Sysco Food Reclamation
Real Canadian Superstore	Football	Taylor, Harvey
Rebagliati Restaurants Ltd.	Spruce Grove Brownies/Sparks	TCL Supply Chain Inc
Rebagliati, Teri	Spruce Grove Chiropractic Centre	Terry Fox Run
Rebus, John	Spruce Grove City Centre Business	Thompson Bros. LP
Red Apple	Association	The Thrift Shop
Rehoboth	Spruce Grove Daycare Ltd	Tirecraft
Reliable Landscape Maintenance Ltd.	Spruce Grove FCSS	Tomahack Ranch
Rental Bus Line	Spruce Grove Lions Club	Toms, Robert
Restoring Hope To Cities	Spruce Grove Minor Soccer	Torgerson, Len
Rhaybrex Holdings Ltd.	Spruce Grove Oil Wives	Town Of Stony Plain
Riise, Conrad	Spruce Grove Playschool	TransAlta
Robertson, William	Spruce Grove Saints Junior A Hockey	TRC Management
Robinson, Lesley	Spruce Grove Soccer Association	Trefoil Guild Girl Guides
Robinson, Yvonne	Spruce Grove Strongest Man	Tri Municipal Leisure Facility
Rodeman, Elsie	Competition	Corporation
Rona	St. Aidan And St. Hilda Anglican	Truth Church Of Spruce Grove
Ropert, Mary Lou	Church	TST Overland Express
Ross, Wally	St. Andrews United Church	Turner, Ronald
Rotary Club Of Parkland After Dark	St. Augustine's Parkland Anglican	Twice As Nice
Rotary Club Of Stony Plain	Church	Tworek, Olga
Rotorchrome Industries Inc.	St. Germain, Barb	Ulmer, Bruce
Rouleau, Susan	St. Joseph Catholic School	United Nurses Of Alberta
Royal Canadian Legion Branch 281	St. Joseph, Wabamun	United Way Of Calgary, Donor Choice
Royal LePage	St. Marguerite Catholic School	Program
Safeway Spruce Grove	St. Matthew's Lutheran Church Spruce	United Way Of Greater Toronto
Safeway Stony Plain	Grove	United Way Of The Alberta Capital
Save-On-Foods	St. Peter The Apostle Catholic High	Region
Scheideman, Evelyn	School	University Of Alberta
Schmeichel, Robert	St. Saviour Mission	Value Village
Schnell, Juanita	St. Thomas Aquinas Middle School	Vermeer, Gerrit
Schroeder, Clarence	Stanway, Mabel	Village Of Spring Lake
Schroeder, Kevin	Steller Homes Inc.	Vormeer, Gerrit
Scorpion Aggregates	Steve's No Frills #3628 - 7631707	Walker, Ruth
Scribner, Ann	Stevenson, Rhonda	Walmart Canada Corp
Scribner, Dawn	Stony Plain Alliance Church	Walshe, Marian
Seba Beach Seniors Golden Age Club	Stony Plain Central	Ward School Of Dance
Serge, Poirier	Stony Plain Chamber Of Commerce	Warehouse One The Jean Store
Shanked Computer Recycling Inc.	Stony Plain Dental Centre	Weatherald, Leanne
Sheen, Jim	Stony Plain Eagles	WEE Community Foodbank
Shoppers Drug Mart	Stony Plain Farmers' Market	Western Star Trucks (North) Ltd.
Shotz Sports Lounge	Stony Plain Legion #256	Westridge Curling Club
Siegel, Ruth	Stony Plain Library	Westview Health Centre
Sim, Irene	Stony Plain Nursery & Garden Center	Wideman, Ken
Simmonds, Georgina	Stony Plain RV	Woodhaven School
Skorek, Cathleen	Stony Plain Seed Cleaning Association	World Of Vendors
Slater, Rob	Stony Plain United Church	Yellowhead Regional Library
The Smile Spot	Stony Plain Women's Institute	Zender Ford
Smith, Mara	Struhan, Mike	Zender, Kenneth
Snap Fitness	Stuchlik, Jacob	Zumba Babe-Karen Sievwright

## A FEW WORDS FROM OUR CLIENTS

My fiancé has cancer and a completely blown left knee. I have cardiac disease, vascular disease, fibromyalgia, anemia. The food bank makes it so we can eat. The ladies are AMAZING.

(The food bank) Has helped tremendously especially when cost of food keeps going up. Always have had good support from the food bank.

The food bank has helped a lot. We would have went hungry often if we didn't have any help.

I love coming here. The staff is very friendly and they accommodate my needs the best they can.

### LETS CONNECT

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