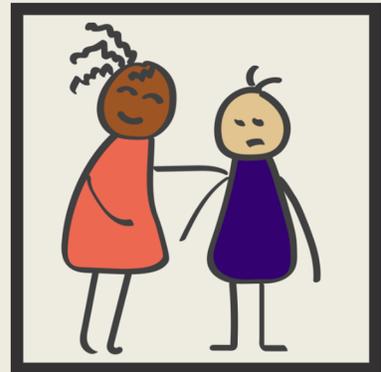




ANNUAL REPORT

FEEDING THE TRI-REGION



Our vision

We are at the heart of our community where no one goes hungry, so families and individuals can feel empowered, supported, and hopeful.

Our mission

To coordinate the collection and distribution of healthy food to people in need within the Tri-Region and connect them to additional community resources.

Key success factors

COMMUNITY SUPPORT

The Parkland Food Bank's main purpose is to support the community, and it also depends heavily on the support of the local community to achieve its goals and provide supports for those community members who need it most.

CLIENT CENTERED

Our focus is centered on the principle of being attentive to the needs of clients and adjusting our processes and approaches with them in mind.

PARTNERSHIP/COORDINATION

The goals and objectives outlined are achievable only through partnerships and working collaboratively with businesses, community members, and services providers.

EFFICIENCY & EFFECTIVENESS

We strive for continuous improvement. We focus on effectiveness first and then refine processes to be more efficient.

EDUCATION/AWARENESS

We believe strongly that it is through education and awareness that we can best support our clients.

PARKLAND FOOD BANK SOCIETY

Year in review



58%

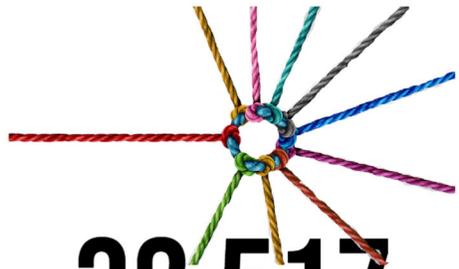
OF OUR DONATIONS COME FROM
INDUSTRY PARTNERS.
WE RESCUED 281,504 KG OF
PERISHABLE FOOD



VOLUNTEER

18,758

HOURS VOLUNTEERED.
EVERY DAY, 25
PEOPLE VOLUNTEER

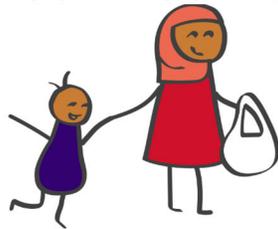


32,517

KG OF FOOD WAS
DISTRIBUTED THROUGH THE FOOD HUB
PROGRAM TO 12 PARTNER
ORGANIZATIONS

8,696

HAMPERS DELIVERED THROUGH ALL OUR PROGRAMS



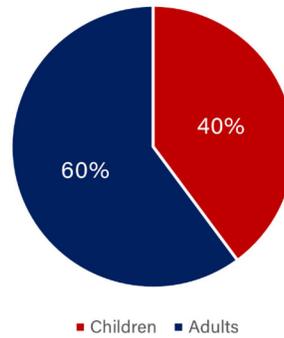
7,963

MONTHLY FOOD HAMPERS WERE DISTRIBUTED WITH A VALUE OF \$1.4 MILLION

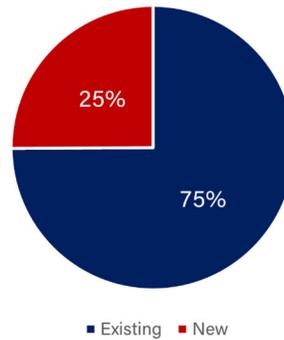
Household Primary Income

26%	INCOME ASSISTANCE
23%	EMPLOYMENT
17%	DISABILITY
12%	PENSION
10%	EMPLOYMENT INSURANCE
10%	NO INCOME
2%	OTHER

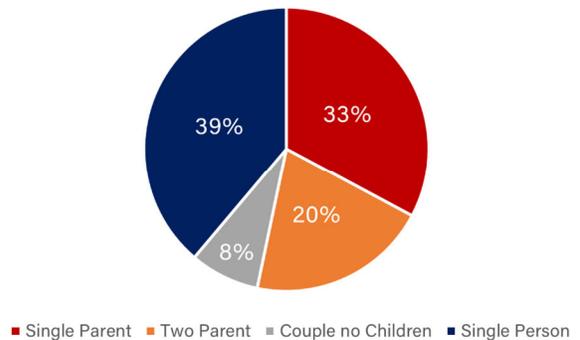
Individuals Served



Individuals: Existing vs. New



Household Types



Message from our Board Chair

"We were a mom-and-pop food bank that grew into a multi-million-dollar operation."

This is a phrase I have used when I speak with donors, volunteers, and the community about the current state of the Parkland Food Bank. When I started on the board back in 2013, we handed out just over 2,300 hampers. In 2021, we handed out almost 8,000! The question struck me - How did we do this? This is a **243% increase in 9 years! We are** a small food bank with a small staff and a small budget. How did we do this?

The reality is, we grew. Those numbers showed us that the need in the community continued to grow, and as the need grew, so did we. We had too.

Our donor base - both food and financial - grew. The Tri-community has an amazing culture of generosity. Businesses, municipalities, community groups, individual donors, and others have continually stepped forward with more and more donations.

The food rescue programs grew allowing us to dramatically increase the quantity of hampers we gave out as well as the quality and quantity of food that went into each hamper.

The number of volunteers we relied upon grew as community members stepped forward to donate their ideas, energy and time to supporting food pick up, storage, and the creation and distribution of food.

Our footprint grew. We added an expansion and then we added a mezzanine. We also added racking, larger freezers, and a truck lift. We added security and safety features and expanded our parking lot.

Our contingent of Food Bank staff grew. It had too. As the number of volunteers, food, and donors grew, we recognized that we needed to hire more people to manage this complexity.

Our policies, procedures, and practices grew to ensure we not only kept pace with the efficiency demands required to work in a small space serving this many clients but also to ensure our staff, volunteers, and clients were kept safe.

It is incredible when you look back on something to see where you started and where you ended up. As I approach stepping down, I look back with both pride and awe at what we accomplished together! As I look forward, I am struck with the same sense of pride and awe at that is to come - Things that we could never have dreamed of 9 years ago.

Craig Curran-Morton
BOARD CHAIR

Team

2021 ANNUAL REPORT

Parkland Food Bank

STAFF

- ◆ Executive Director: Sheri Ratsoy
- ◆ Warehouse Coordinator: Elena
- ◆ Volunteer Coordinator: Natyra
- ◆ Client Services Coordinator: Charyl
- ◆ Fleet Coordinator: Jim

BOARD OF DIRECTORS

Thank you to the following individuals who served in 2021!

- ◆ Chair: Craig Curran-Morton
- ◆ Vice-Chair: Cindy Barclay
- ◆ Secretary: Dawn Scribner
- ◆ Treasurer: Stephen Webber
- ◆ Director: Yvonne Beattie
- ◆ Director: Graham Cooper
- ◆ Director: Becky Giberson
- ◆ Director: Soula Jackson
- ◆ Director: Noreen Lang-Bryant
- ◆ Director: Kevin Tatlow

VOLUNTEERS

Parkland Food Bank Society is incredibly grateful to the 220 volunteers that dedicated their time in 2021.

Our operations require 25 volunteers each of the six days a week we operate, providing 18,758 hours to the work of the food bank!

Some of our volunteer roles are:

- Filling Client Orders
- Food Repackaging
- Food Sorting
- Hamper Delivery
- Loading Dock
- Reception
- Drivers Assistants
- Produce Sorting

Hamper Program

In 2021 Parkland Food Bank was able to directly support 1,548 unique households (4,109 unique individuals) through our Monthly Hamper (8 days of food), Top Up Hamper and H2 Hamper (3 days of food) Programs.

When we count each instance a client accessed the food bank, we provided approximately 5 days' worth of food to 23,398 individuals.

We have several hamper options:

Monthly Hamper Program

Appointment Only

Once every calendar month, clients can access a Monthly Hamper. This hamper consists of non-perishable pantry items, meat, eggs, and milk. Items available through the fresh food program are also included with this hamper.

Gluten free non-perishable food boxes are also available with the Monthly Hamper Program.

Monthly Hamper Contents

Core food item values for the Monthly Hampers:

- Non-perishable food = 164,690 kgs
- Meat = 23,970 kgs
- Eggs = 14,596 dozen
- Milk = 21,674 liters
- Frozen goods
- Bread and pastries
- Household supplies as available (cleaning/laundry products, toilet paper, etc.)
- Personal care supplies as available (hair care, soap, toothcare, etc.)
- Feminine Hygiene products
- Baby supplies (formula, diapers, baby food)

Top-Up Hamper Program

Drop-In

Once every calendar month, clients can access a Top-Up Hamper in addition to the Monthly Hamper. This hamper consists all shopping items in the front reception area: Specialty breads, cooler and freezer items, feminine hygiene, baby supplies.

This is a new program introduced in July of 2021.

H2 Hamper Program

Drop-In

For our clients that do not have access to refrigeration or cooking, we have our H2 Hampers available. These hampers can be accessed once a week, are sized to fit in a large backpack and consist of all ready to eat foods that require no meal preparation.

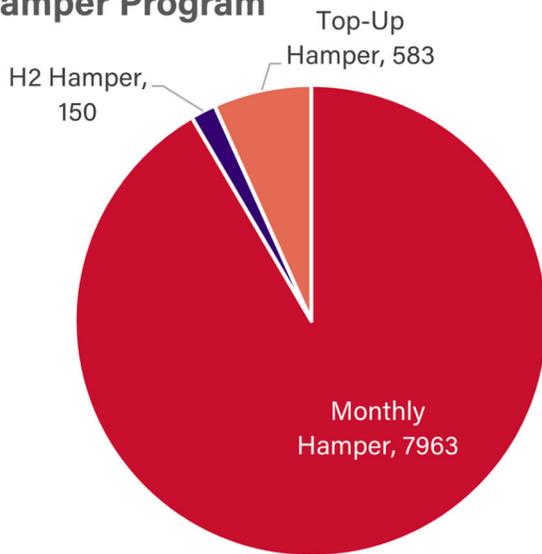
**32,500
KG'S**

FOOD HUB PROGRAM

This program supports community programs that have a similar mandate of providing food support relief to those experiencing food insecurity. Local organizations supported through the food hub program include:

- Agencies
- Churches
- Other food banks

2021 Hamper Program

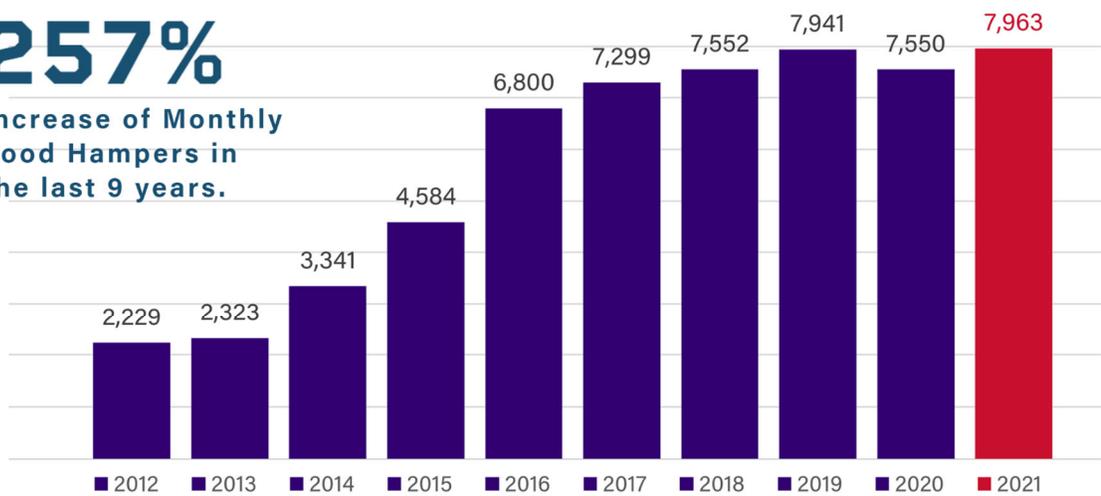


“
 Wonderful experience 😊 I'm so thankful. They put so much thought and care into the boxes I'm so happy.
 ”

Monthly Hamper Yearly Comparison

257%

Increase of Monthly Food Hampers in the last 9 years.



PARKLAND FOOD BANK SOCIETY

Donations



**PRIDE IN THE PARK
2021**

**FOOD BANK
FILL-UP**

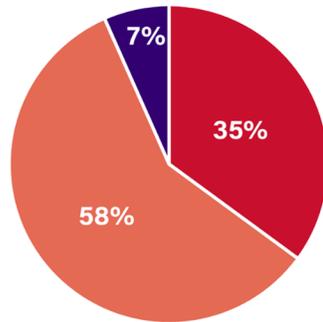
**Drop off a
donation
for the
Parkland
Food Bank**

June 26th between 10am - 10pm

JUNE 25 + 26
ONLINE EVENT



2021 Food Donations



■ Community Donation ■ Food Rescue ■ Purchased Food

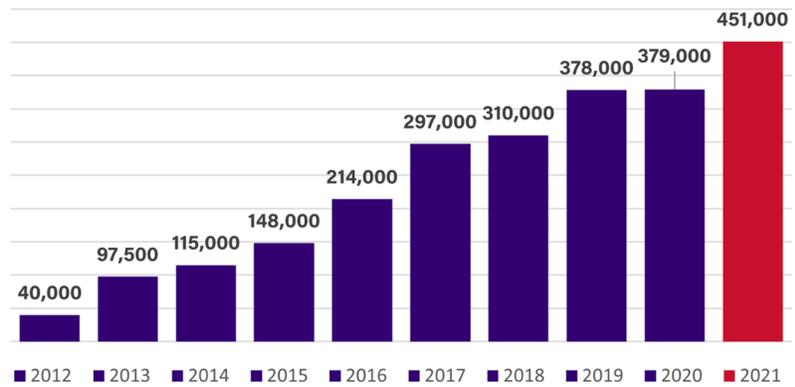
FOOD RESCUE

Rescuing quality food. The process of gleaning viable food account for 58% of the 451,000 kg of food we received last year. It is no small feat to ensure consumable, but near-date perishables and overstock items are diverted from the landfill.

1028%

Increase of food processed through our warehouse in the last 9 years.

Yearly Food Donated in kg



1st Annual Golf Tournament
Parkland Food Bank

Hole in One \$15,000

12 Holes
 Best Ball Golf
 Cart
 BBQ Lunch following play
 Specialty Prizes

SEPT. 24, 2021

9:00 AM REGISTRATION
 10:00 AM SHOTGUN START
 1:30 PM BBQ LUNCH
 2:20 PM AWARDS

\$125 PER PLAYER

Register at <https://parklandfoodbank.org/>

Pineridge Golf Resort Seba Beach, Alberta

Charity Tournament Platinum Sponsor
MIDWEST

Charity Tournament Trophy Sponsor
Zender FORD

Charity Tournament Cart Sponsor
THE BLACK DIRT COMPANY
 You pick up or we deliver.

Charity Tournament BBQ Sponsor
CO-OP North Central

\$18,678 Raised

Thanks to all sponsors and the 96 golfers for an amazing day!

2021 FUNDERS





Parkland Food Bank Coldest Night of the Year

February 20th, 2021
a virtual fundraiser

<https://cnoy.org/location/sprucegrove>



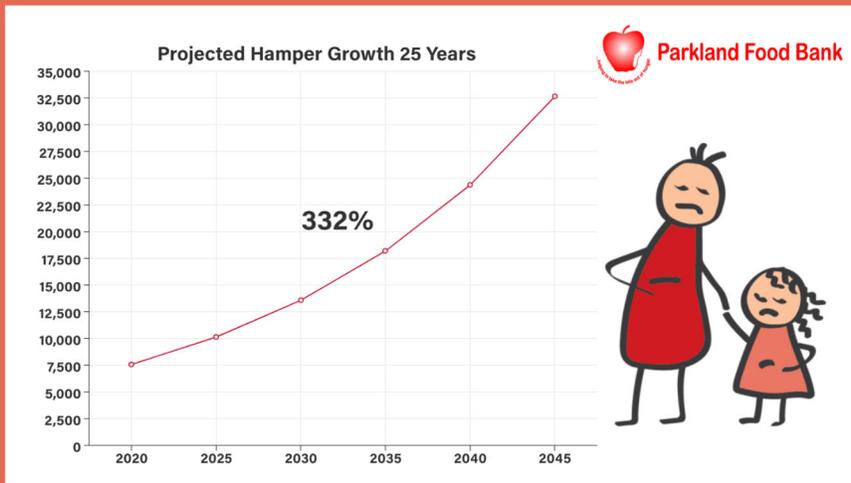
\$65,000 Raised

**Even Covid can't keep good supporters down!
We couldn't be all together, we still had 185
walkers join us virtually, raising more money
than ever before!**



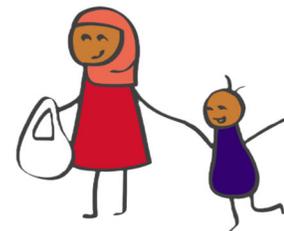
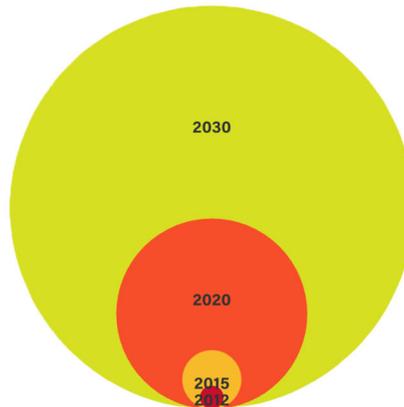
United Way
Alberta Capital Region

The Future



Projecting into the next 25 years at a conservative rate of growth, we could be looking at serving 13,500 hampers a year by 2030 and over 32,000 hampers a year by 2045

To meet the growing hamper demands, our food donations and purchases would need to increase to 750,000 kg by 2030 and over 2 million kg by 2045!



Facility Needs & Construction Report



In 2021 we started the process to create a plan to address Parkland Food Bank’s operational capacity for the next 15-25 years. This plan is to address:

Current Needs/Future Growth

Our current space is not large enough to house the food needed to meet monthly demands. We need immediate and future building capacity to expand with community growth and service demands.

Food Hub and Rescue

We serve as a hub to other agencies, churches and food banks that provide support to community members. In 2021, we collected over 280,000 kg of rescued food. We require a dedicated space to sort, clean, and repackage for distribution.

Easy Access

We need to identify land that provides ample vehicle space for parking and for semi-trailers, while allowing for easy accessibility for clients.

Sustainable

We want to minimize our carbon footprint and ensure sustainable operations for the future.

Expanded Service

We want to explore the possibility of a multi-agency facility to act as a social services hub for our region; simplifying access to supports.





ANNUAL REPORT

FEEDING THE TRI-REGION

Let's Connect

 @PrkIndFoodBank

 @PrkIndFoodBank

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Spruce Grove

Mailing:

Box 5213
Spruce Grove, AB,
T7X3A3

Phone:

780-962-4565

Phone:

780-962-4565

