



PARKLAND FOOD BANK ANNUAL REPORT

Ensuring healthy food is accessible to all in our community

2025



WHO WE ARE

Vision

We are at the heart of our community where no one goes hungry, so families and individuals can feel empowered, supported, and hopeful.



Mission

To coordinate the collection and distribution of healthy food to people in need within the Tri-Region area and connect them to additional resources in the community.

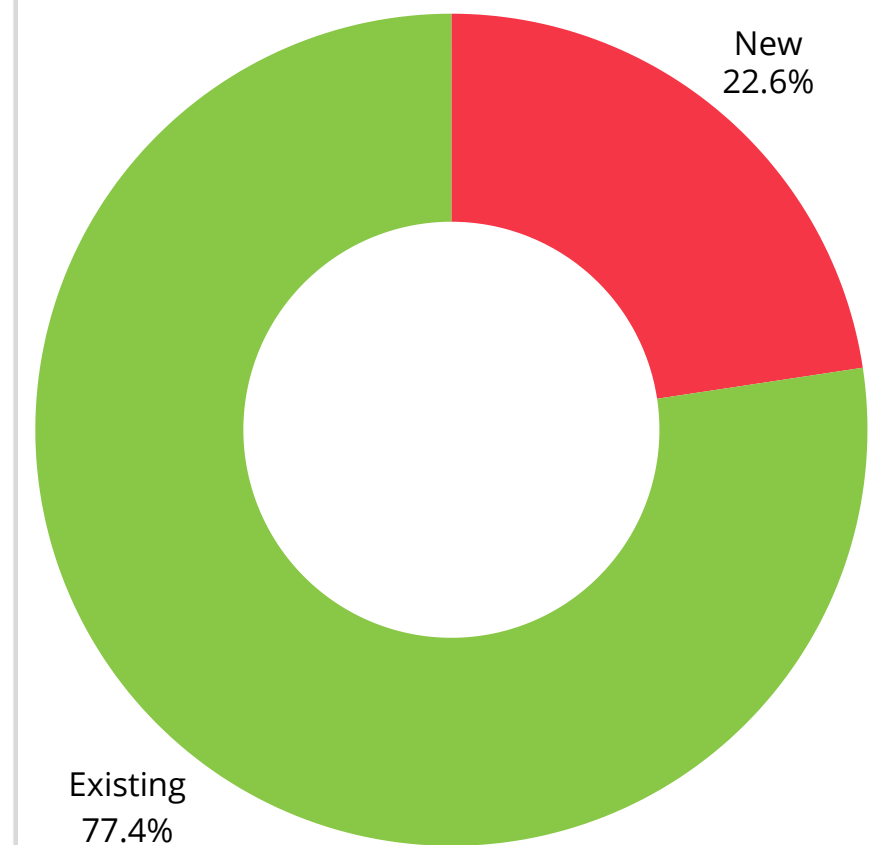
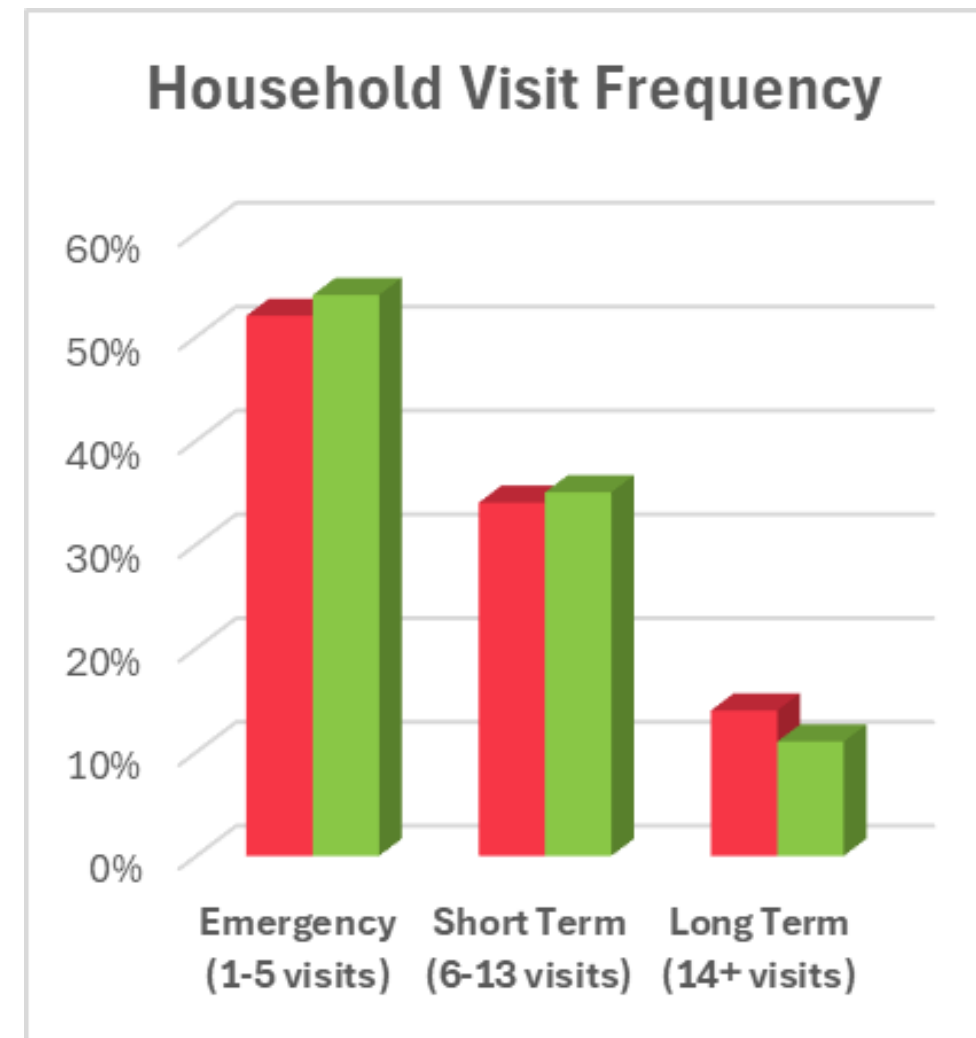
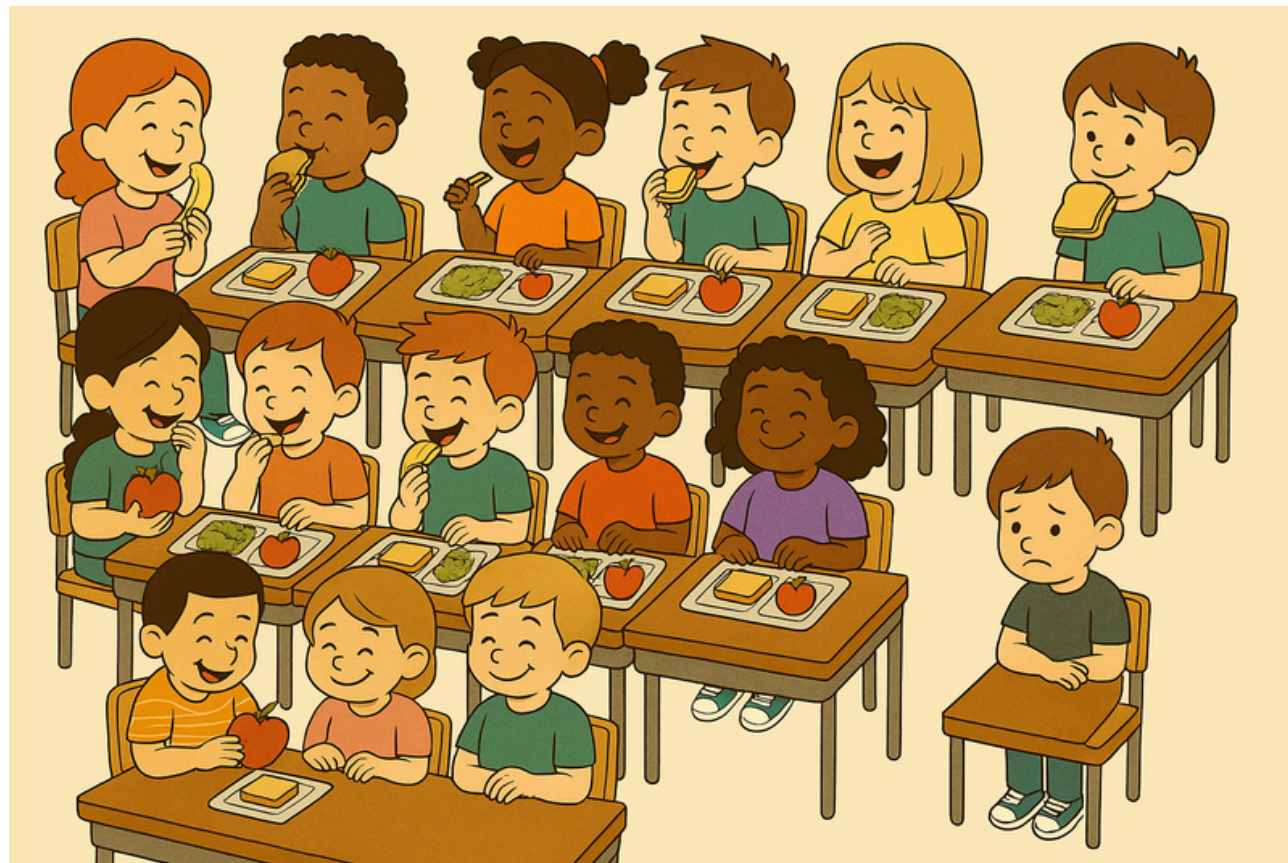
The Need

In Alberta, almost 1 in 3 households experience food insecurity. Household food insecurity is a serious public health issue in Alberta that negatively affects physical, mental, social wellbeing, and society as a whole.

FAST FACTS

In 2025, nearly 406,000 Albertans (8.7%) lived in households where people regularly skipped meals or went without food because they could not afford it. This level of food insecurity represents the most severe forms of hardship and reflects rising living costs, including housing and food, that continue to place pressure on individuals and families across the province—even those who are employed.

1 in 13
local children
fed in
2025



425 Households used Parkland Food Bank for the first time in 2025.

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EXECUTIVE COMMITTEE

Provided executive leadership and governance oversight

supporting Board effectiveness during a year of growth and transition

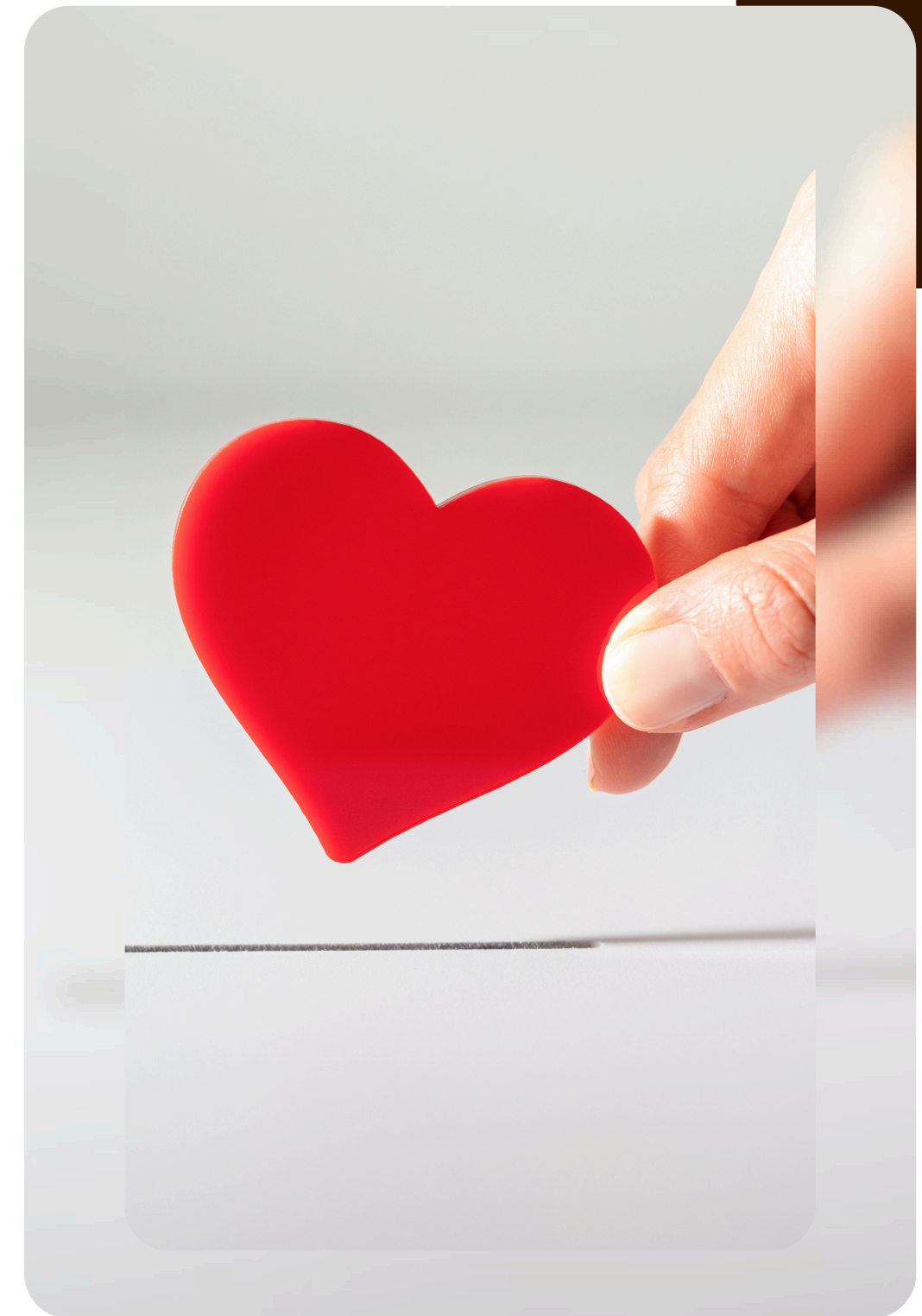


Strengthened governance frameworks and policies

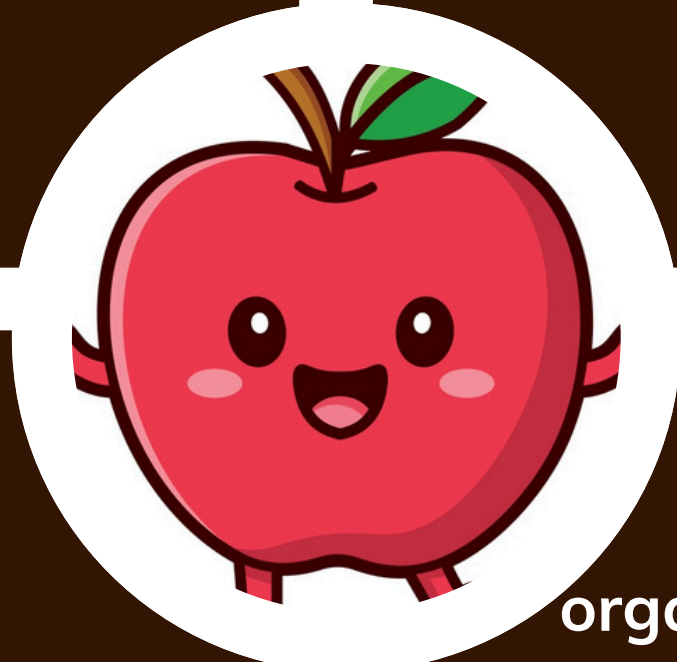
including updated Terms of Reference, governance renewal, and guidance on confidentiality of AI use

Supported and evaluated executive leadership

completing a comprehensive Executive Director performance review and ensuring alignment with strategic priorities



AUDIT & FINANCE COMMITTEE



Provided strong financial oversight on behalf of the community

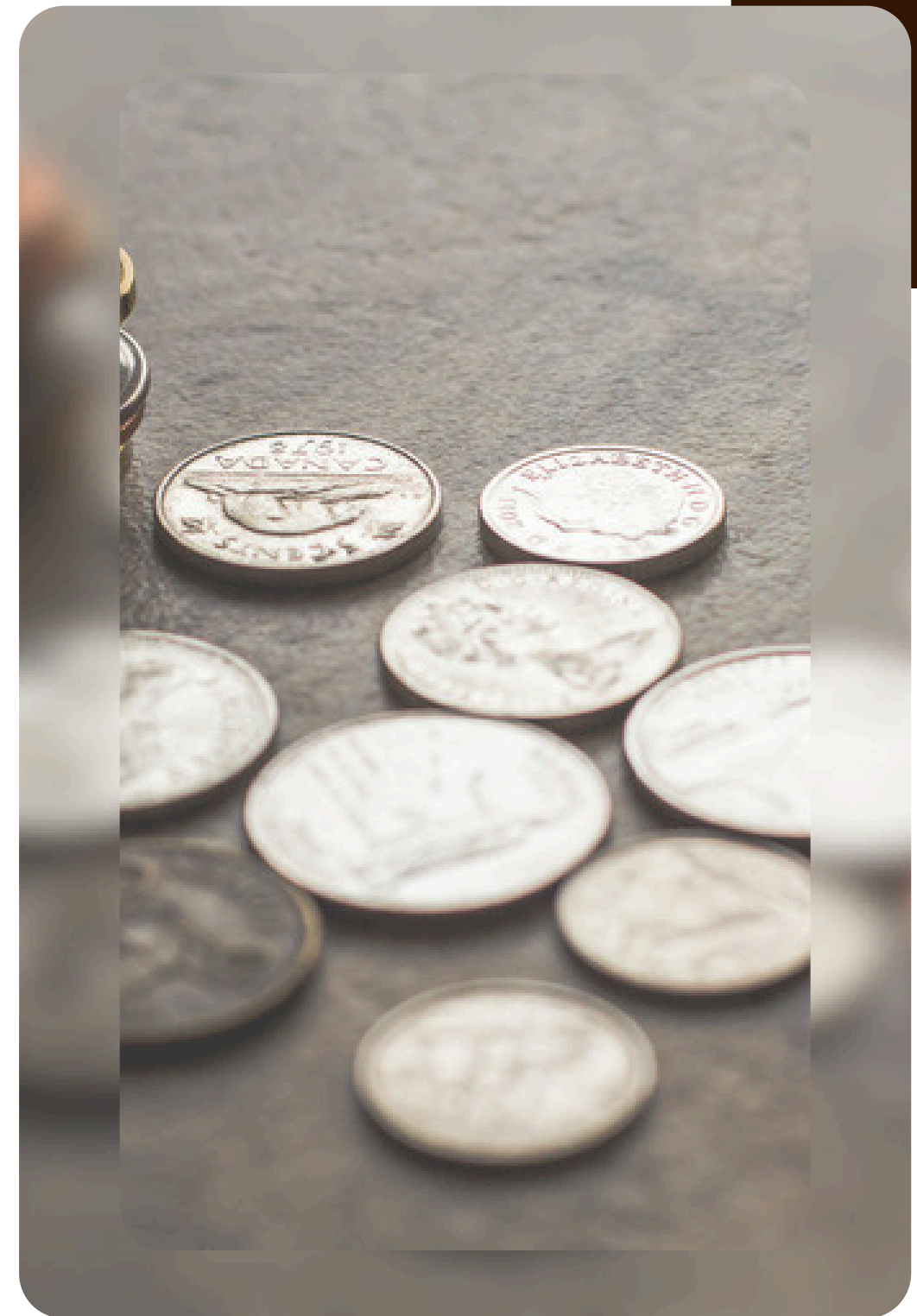
by reviewing audits, strengthening financial policies, and ensuring the Food Bank meets all financial and legal requirements.

Helped ensure responsible use of funds

by supporting annual budgeting, long-term planning, and careful management of the Food Bank's buildings and equipment.

Supported good governance and organizational stability

by identifying potential risks, developing practical policies, and overseeing key processes that help the Food Bank operate safely and efficiently



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NOMINATING COMMITTEE

Strengthened Board recruitment and succession planning by identifying priority skills, leading a structured recruitment process, and supporting both mid-year and AGM Director appointments.



Improved onboarding and Board development

through updated governance materials, orientation and training sessions, facility tours, and standardized onboarding tools

Enhanced governance practices and Board effectiveness

by refining policies, supporting committee recruitment, improving digital governance systems, ensuring compliance with membership requirements



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WORKPLACE DEVELOPMENT COMMITTEE



Provided governance oversight for core workplace policies by guiding the development of codes and standards that promote ethical conduct, privacy, safety, and accountability

Strengthened workplace health and safety practices by setting clear expectations for training, incident prevention and response, and reporting to the Board

Supported a culture of trust and safety through review of annual conduct agreements and key safety documents, including the Health & Safety Handbook and Emergency Response Plan



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CAPITAL COMMITTEE



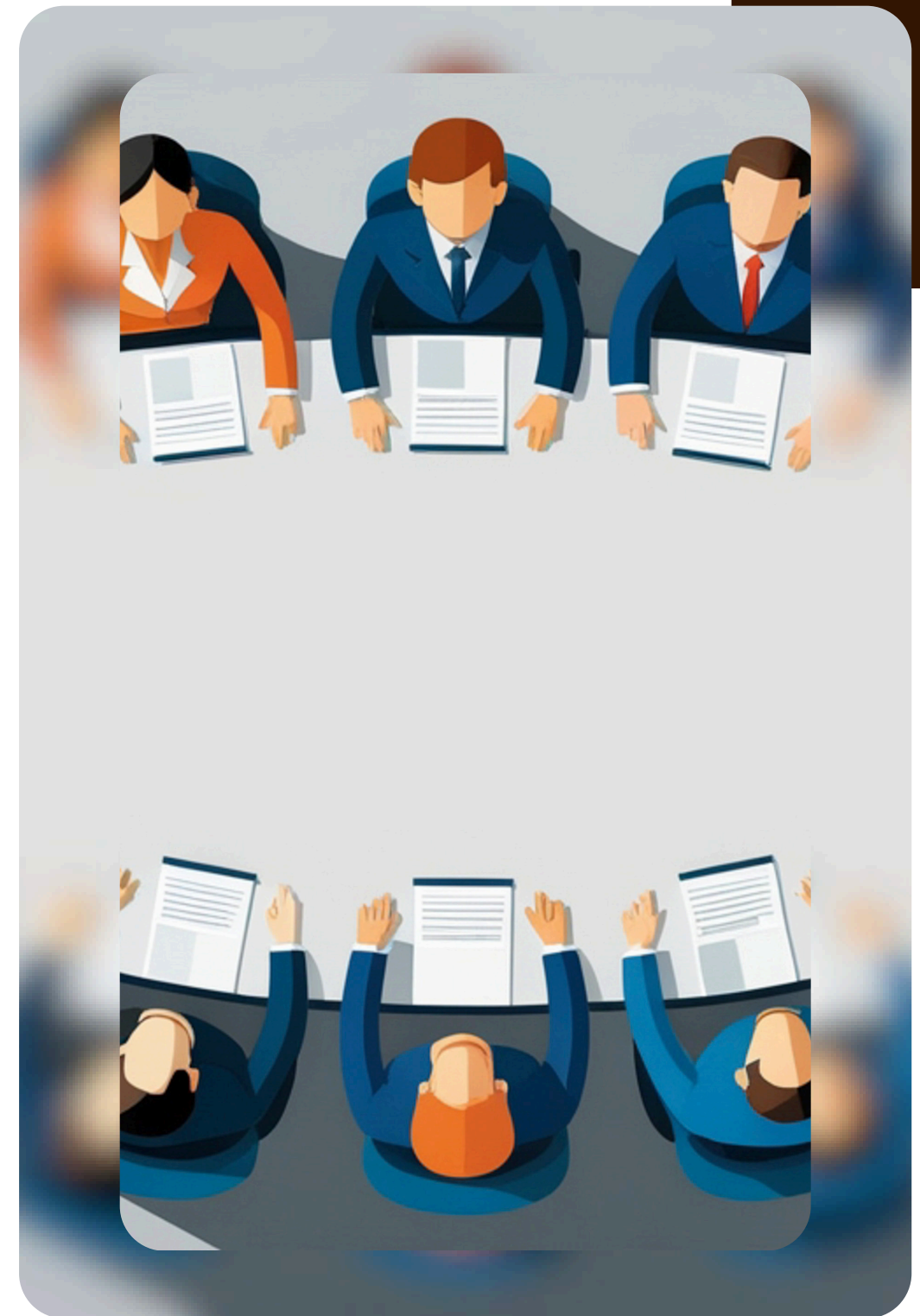
Identified suitable consultant to support campaign through a robust Request for Proposal process

Assessed Capital Campaign strategy and our internal capacities

identified the need to acquire consultant support

Established fundraising best practices and policies

to ensure transparent and responsible fundraisings activities



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BUILDING COMMITTEE



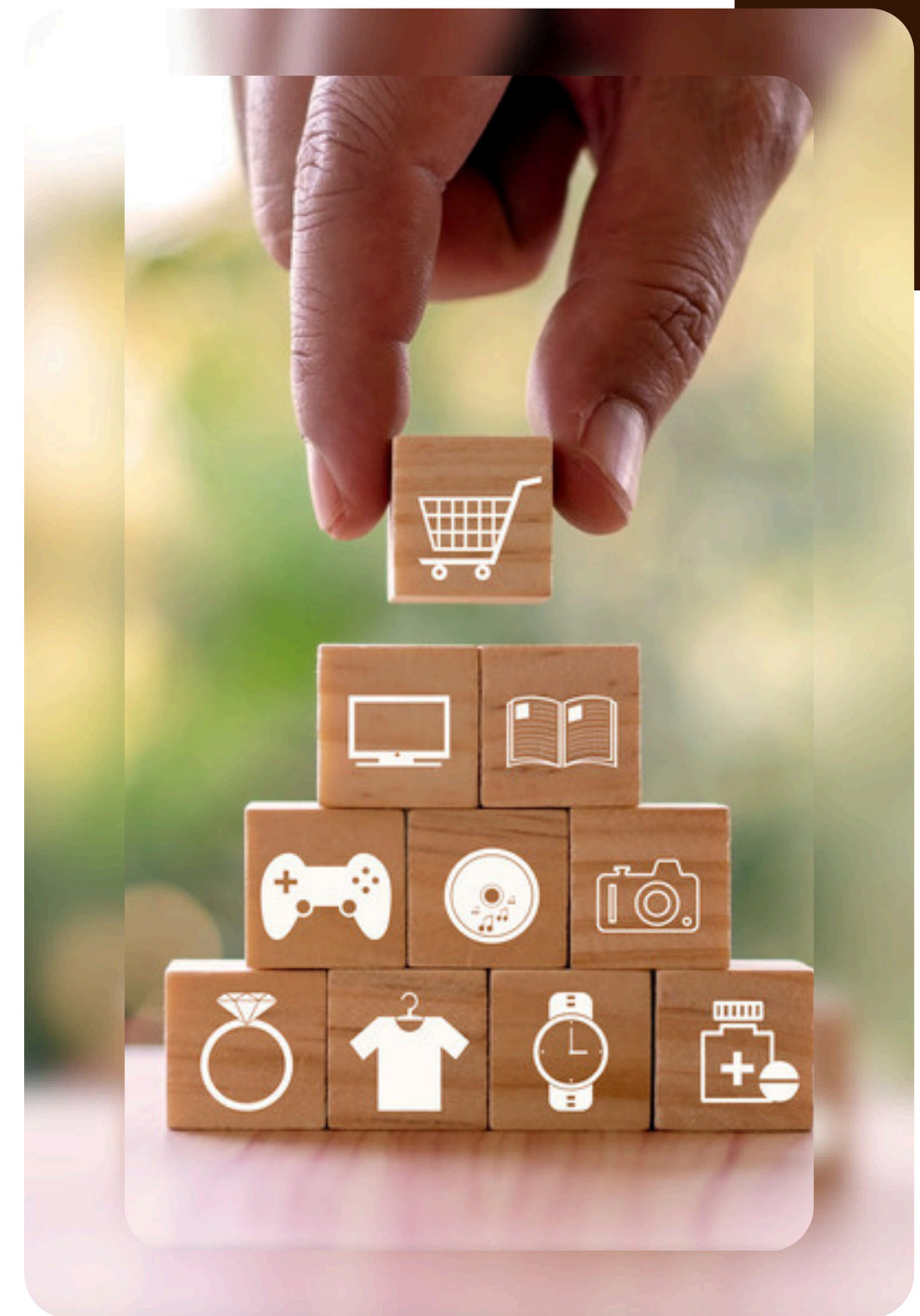
Secured the future home of the Food Bank
by purchasing land and completing all site reviews, confirming the property is suitable and ready for development

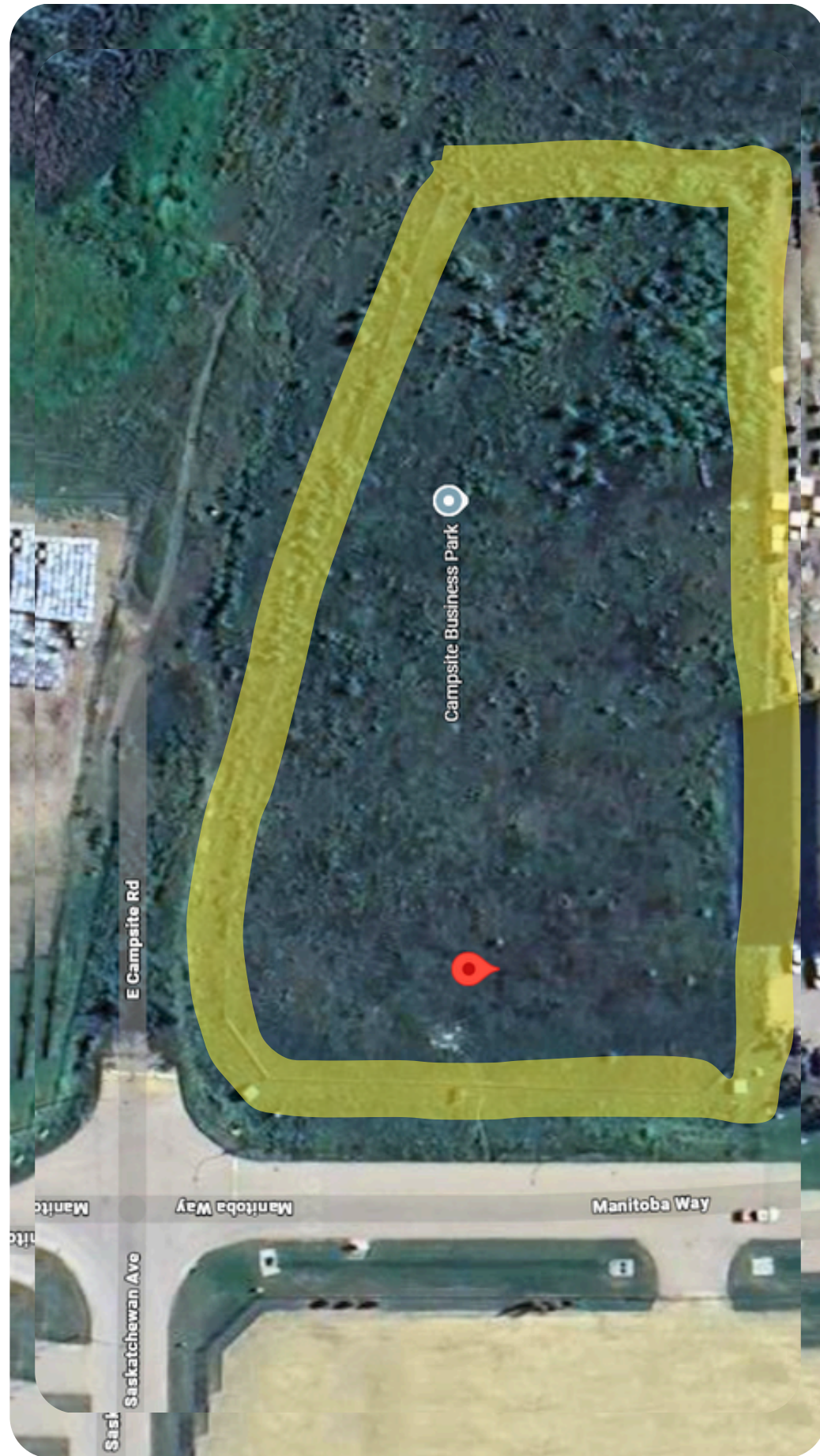
Prepared the project for successful delivery

by establishing budgets, timelines, and governance processes to ensure responsible use of funds and effective project oversight

Completed careful planning and due diligence

to ensure the new facility is feasible and responsibly developed





NEW LAND & NEXT STEPS

60 Manitoba Way

Our vision is to build a purpose-built community food center—a welcoming, efficient, and scalable space designed to nourish people and strengthen connections for decades to come.

Like a healthy orchard growing new branches, Parkland Food Bank is expanding its reach to meet growing demand while deepening impact. The new community food center will accommodate projected five-fold growth in food volume, support the safe storage of food, and dramatically strengthen regional emergency preparedness.

Beyond food, this space looks to include collaborative service provision with partner agencies, classrooms for education and training, and a community kitchen that brings people together. These spaces will foster collaboration, learning, dignity, and belonging—addressing food insecurity while supporting longer-term stability and resilience.



WHO WE SERVE

Parkland Food Bank use by municipality

Definitions:

HH (Household): A single family unit or living group.

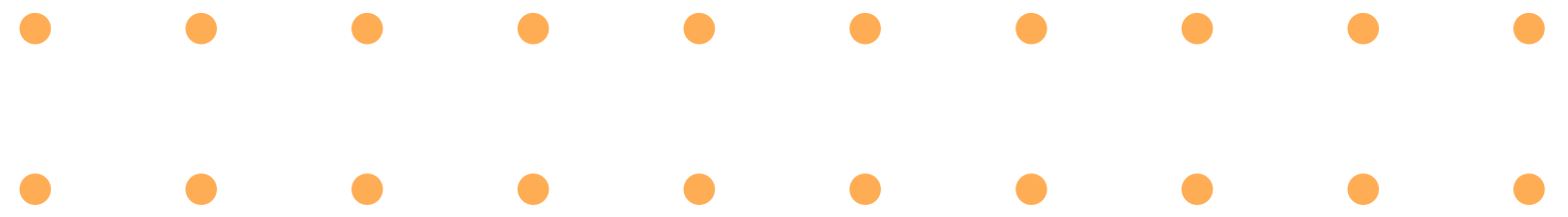
Ind. (Individual): A single person receiving support.

Unique: Each household or individual is counted only once, regardless of the number of visits.

Duplicate: Each household or individual is counted for every visit made.

Parkland County	Paul First Nation	Spruce Grove	Stony Plain
20% of Households Representing 3% of county population	4% of Households Representing 25% of nation population	47% of Households Representing 5% of city population	24% of Households Representing 6% of town population

WHO WE SERVE



	2025	2025	2025	2025	5 years	5 years
Municipality	Unique HH	Duplicate HH	Unique Individuals	Duplicate Individuals	Unique Individuals	Duplicate Individuals
Parkland County	369	2,507	999	6,718	2,005	39,443
Paul First Nation	77	450	346	1,828	572	8,752
Spruce Grove	887	6,381	2,430	17,401	5,107	85,864
Stony Plain	446	3,140	1,229	8,367	2,571	41,864
No Address	89	524	100	573	208	199
Out of Jurisdiction	11	46	26	154	88	396
Total	1,879	13,048	5,130	35,041	10,551	176,518

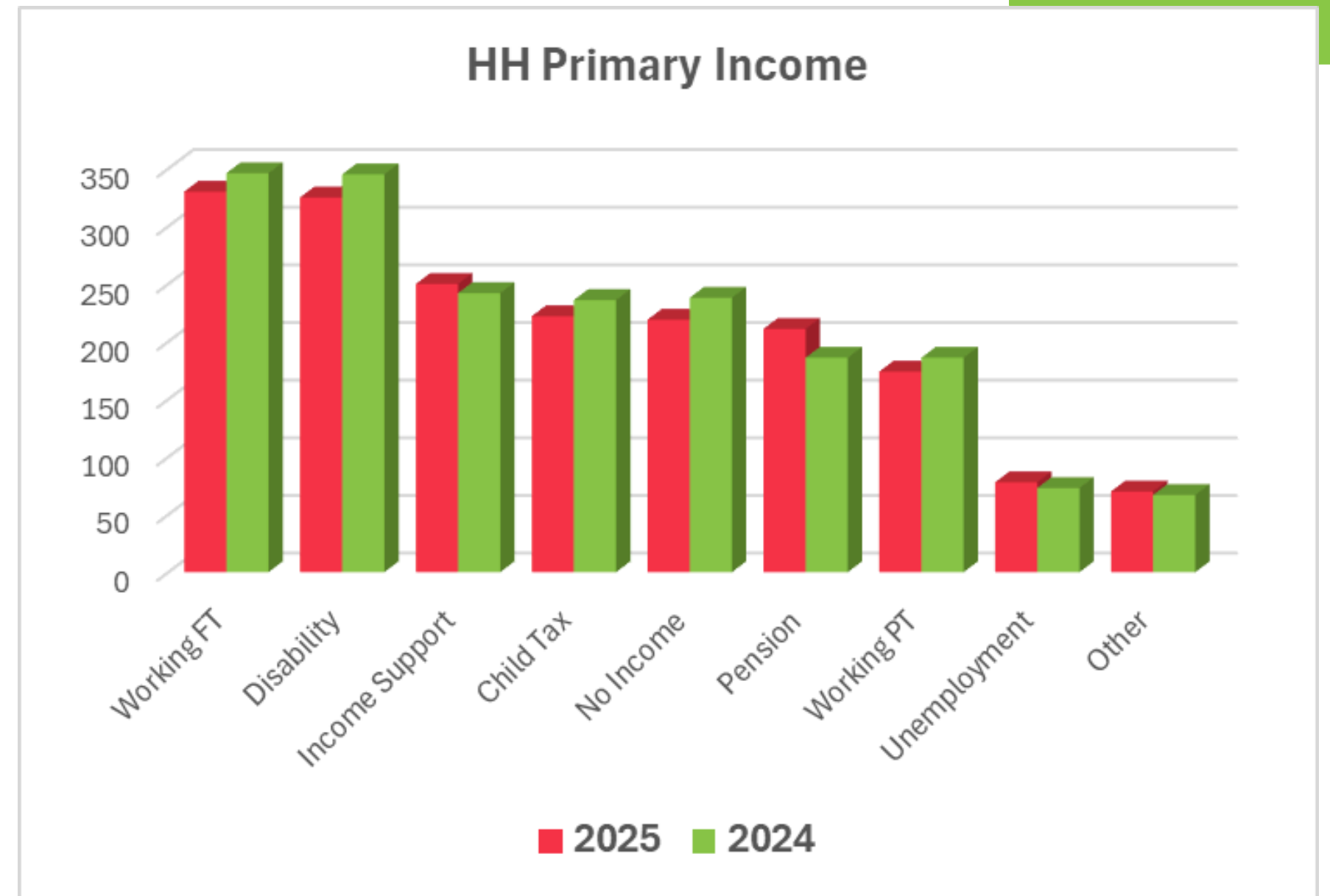


WHO WE SERVE

By Income

The chart shows that many households using the Parkland Food Bank in 2025 relied on employment as their main source of income, including some who were working full-time. This reflects a broader provincial trend: Alberta has the highest food insecurity rate in Canada, with nearly one in three people living in households that struggle to afford enough food, and food banks across the province report that over one-third of clients are employed.

Rising housing and food costs, wages that have not kept pace with inflation, and limited or unstable work hours mean that even working individuals and families are increasingly turning to food banks. These realities highlight the continued need for community support alongside broader efforts to improve income stability and affordability.

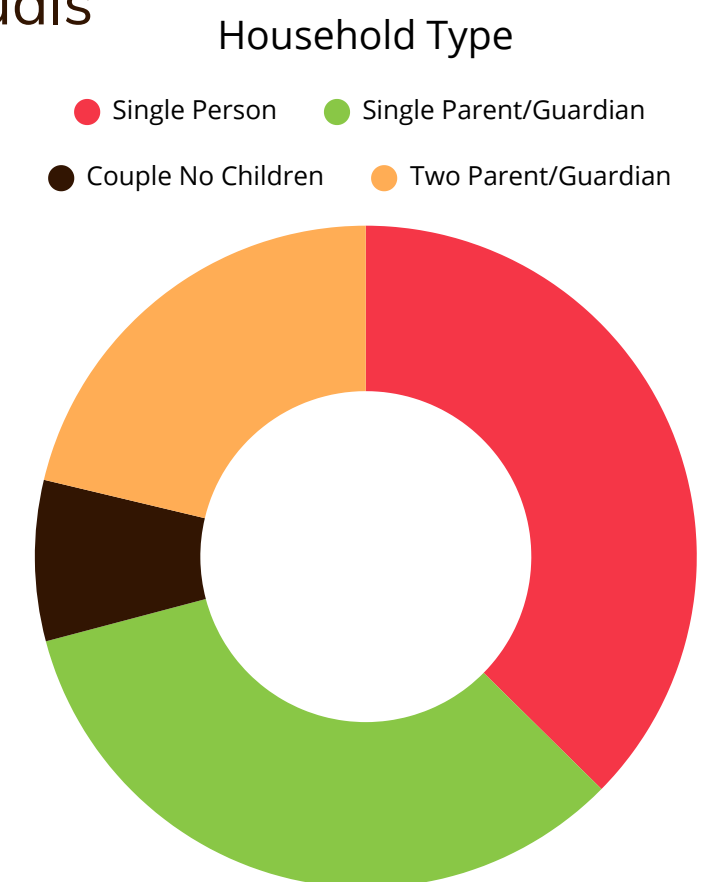
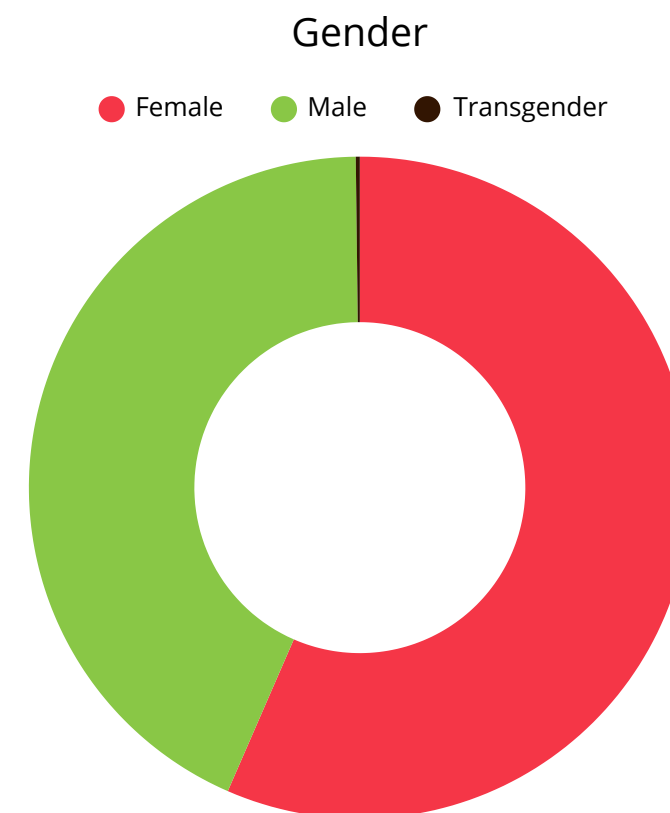
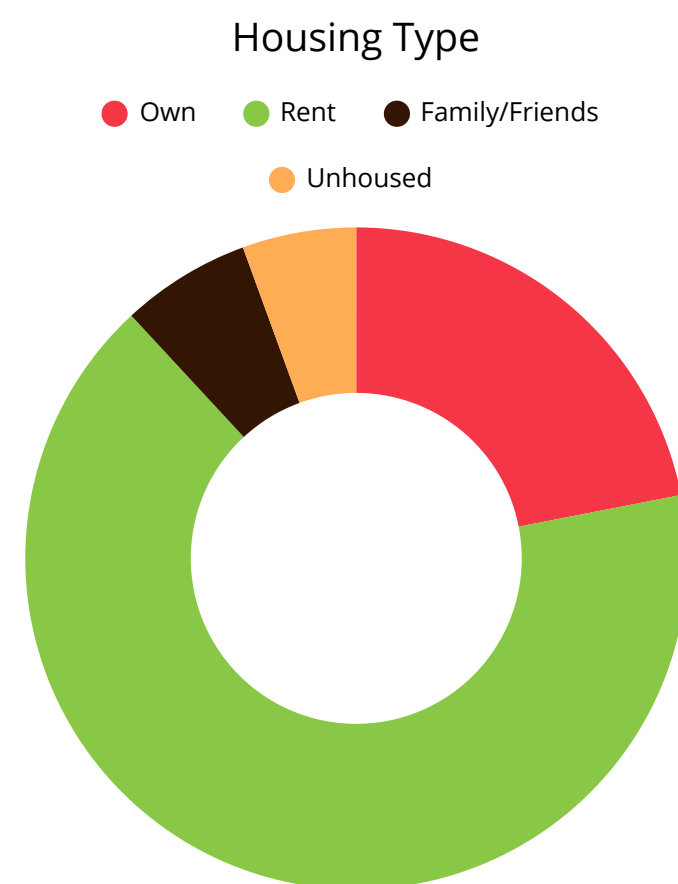
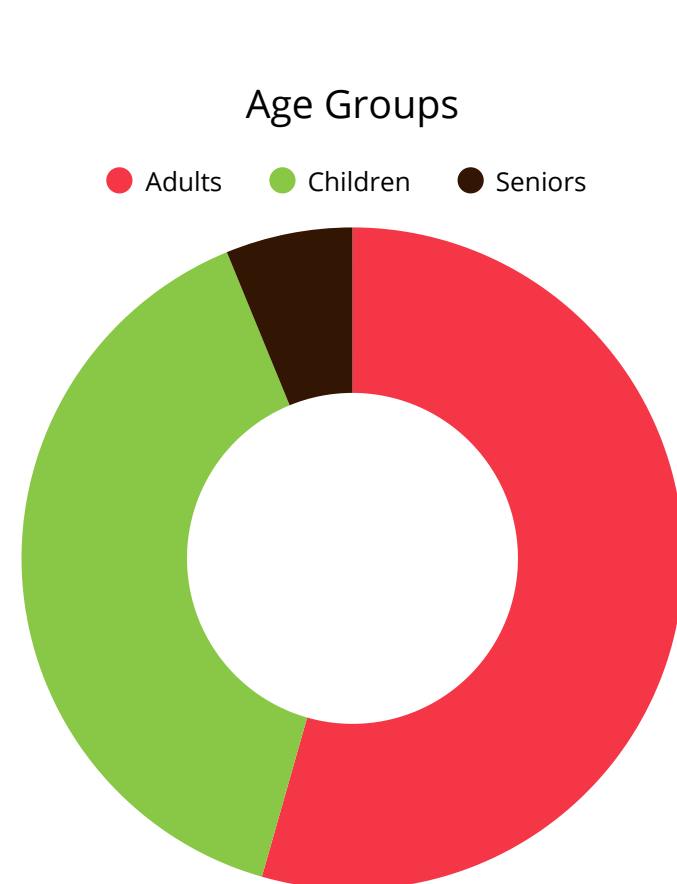


WHO WE SERVE

Demographics

In 2025, the majority of people served by the Parkland Food Bank were adults, with children making up nearly four in ten clients and seniors representing a smaller portion. Housing instability remains a significant issue, as most clients were renters, while others owned their homes, stayed temporarily with family or friends, or experienced homelessness.

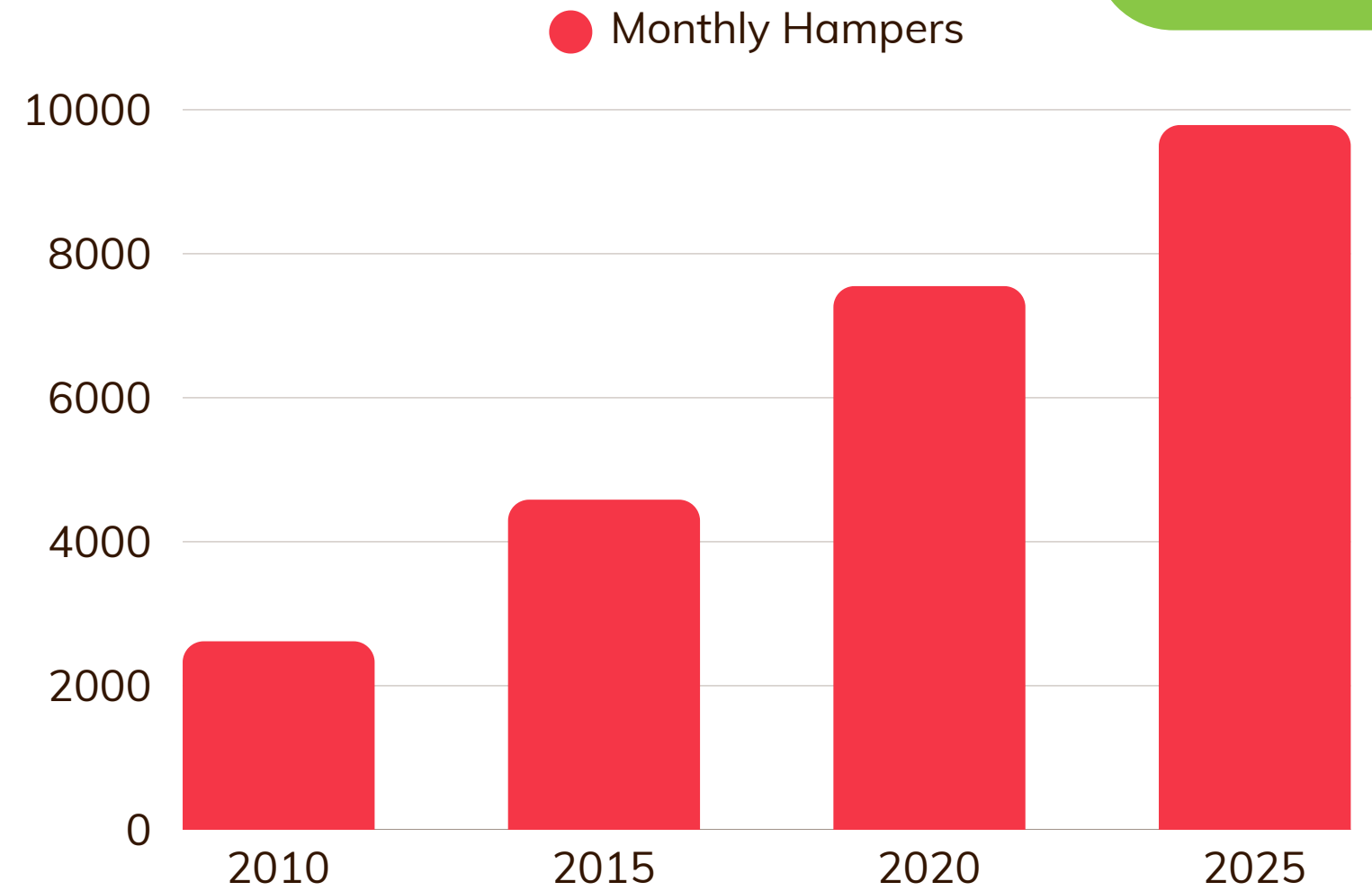
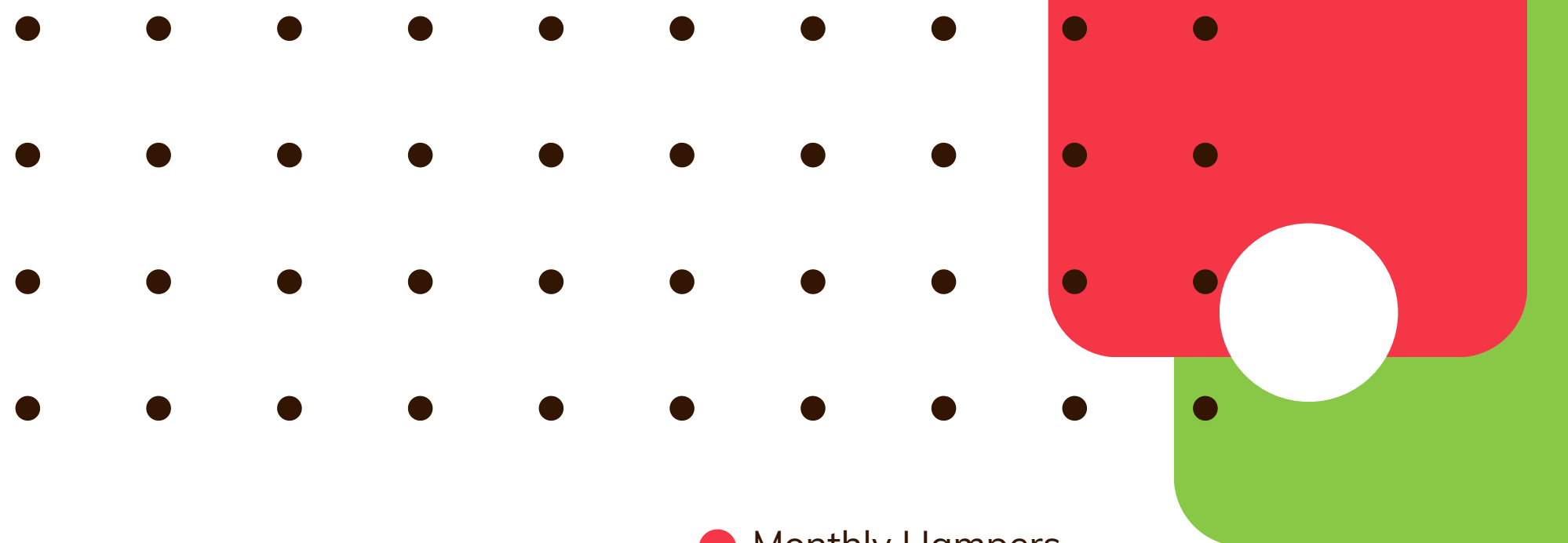
Women accounted for just over half of all clients served, with men making up just under half. Nearly two-thirds of households were single-adult households, highlighting the financial and practical challenges faced by individuals managing the rising cost of living on their own.



PROGRAMS

Monthly Hampers

In 2025, Parkland Food Bank distributed 9,787 Monthly Hampers. Each household can access one hamper per calendar month, which includes a mix of essential food items and household supplies.



PROGRAMS

Monthly Hampers

Gluten-Free, non-perishable hampers are available for clients with specific dietary needs. In 2025, 586 Monthly Hampers were delivered to households with barriers to accessing the food bank.



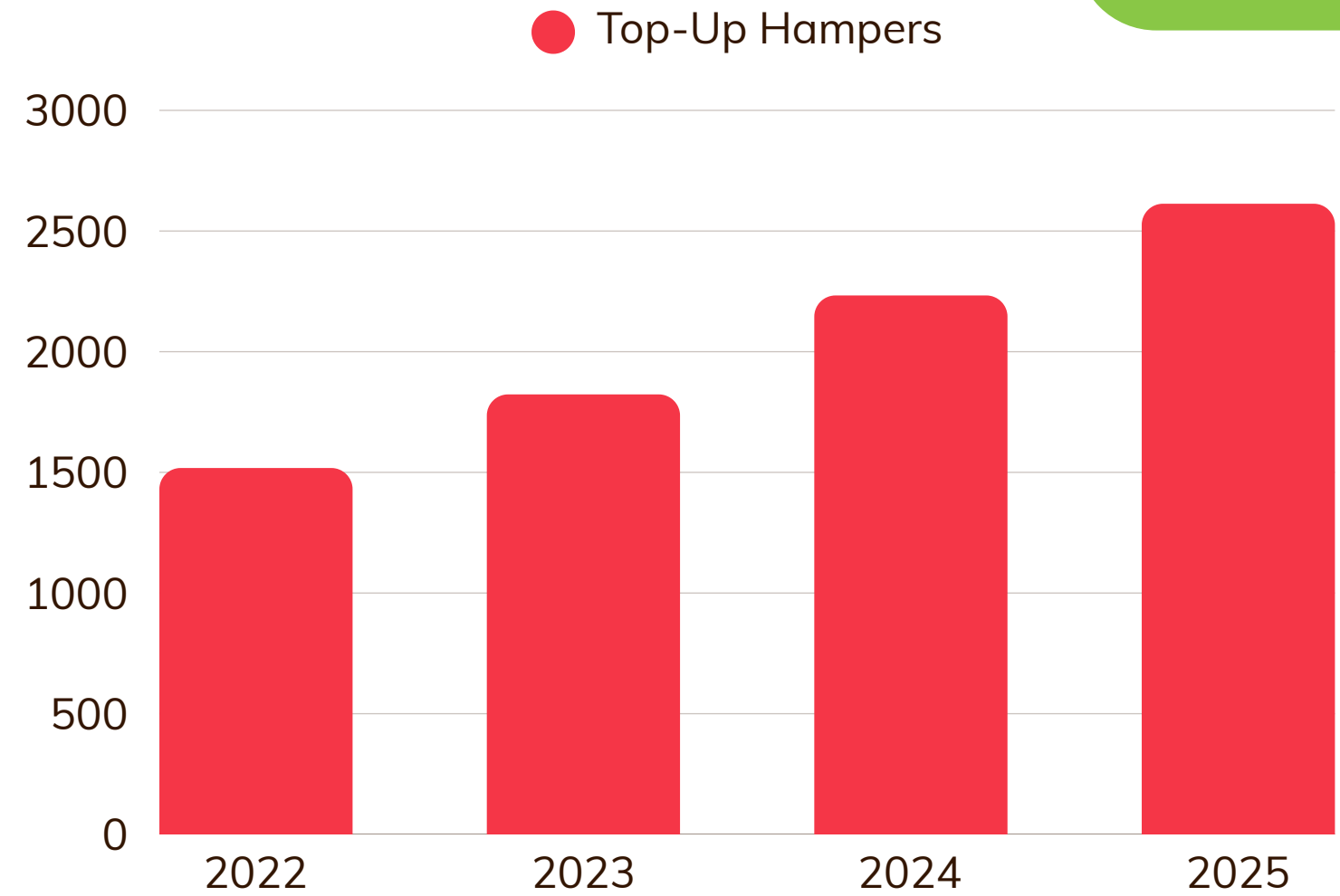
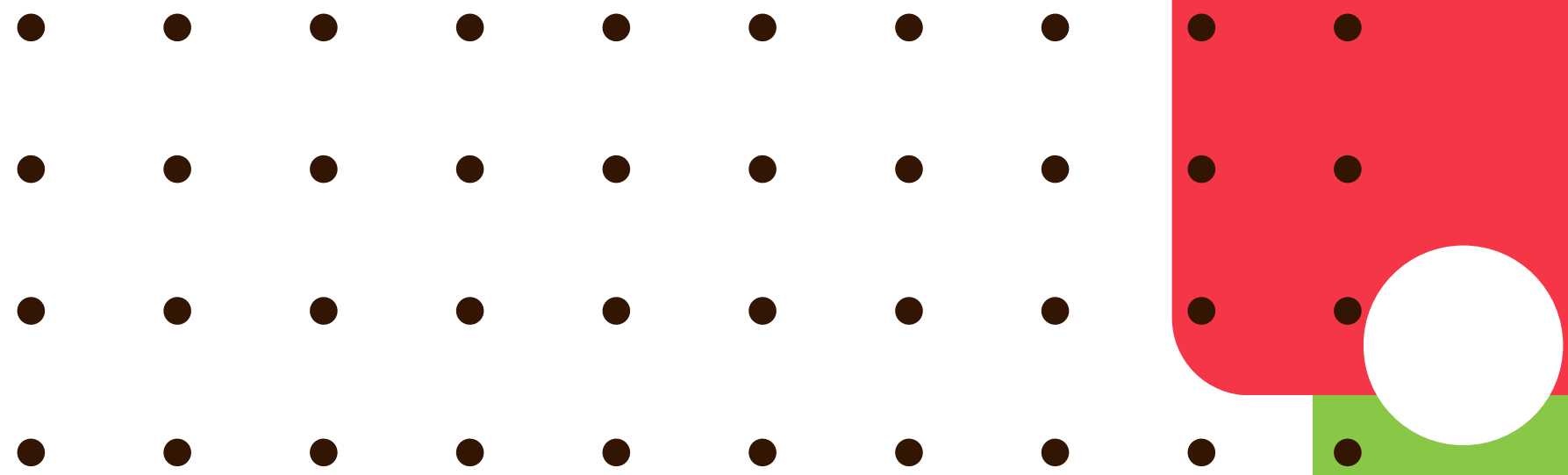
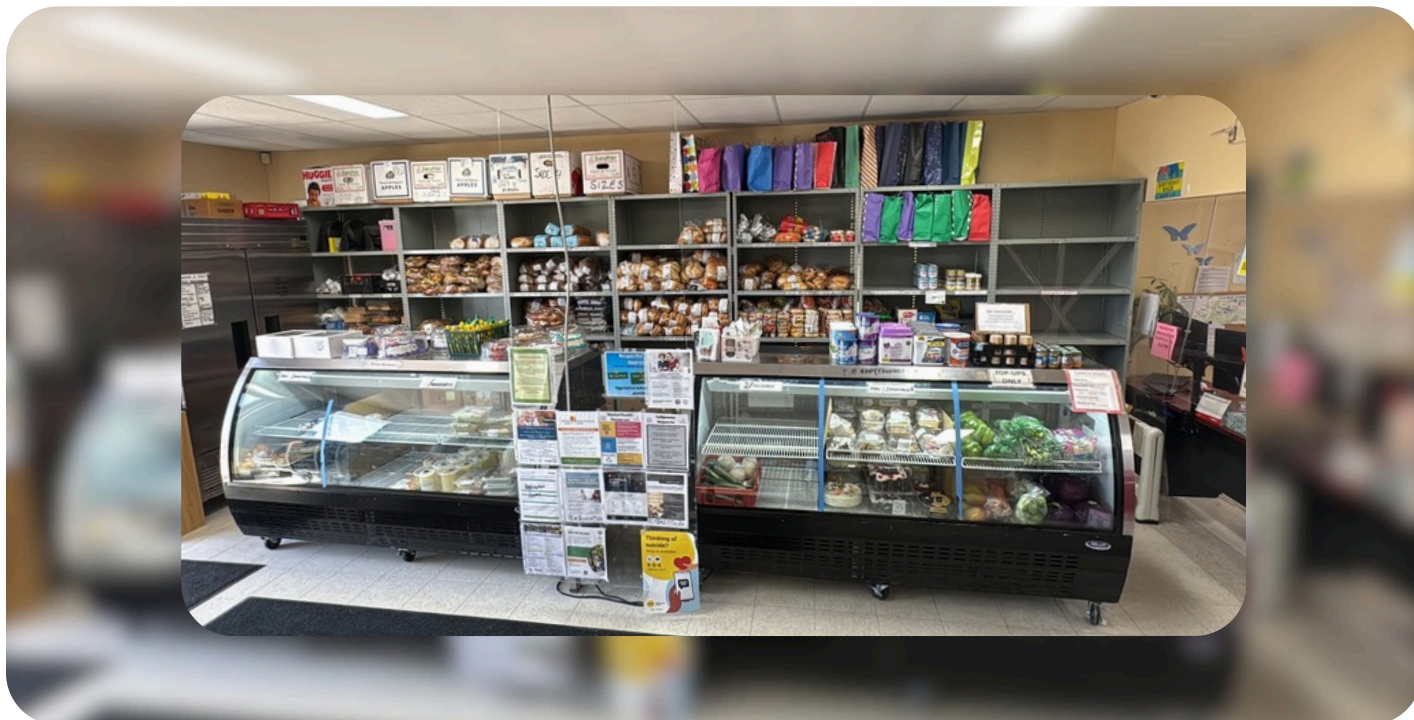
Core Monthly Hamper Items Provided

- Pantry Items: \$1,468,472
- Meat: \$406,000
- Eggs: \$102,000
- Milk: \$71,000
- Fresh Produce: Fruits and vegetables
- Bread and Pastries: Bread, buns, specialty bread, pastries
- Frozen Goods: Miscellaneous frozen items
- Paper Products: Toilet paper, paper towel
- Baby Products: Formula, baby food, diapers
- Household Supplies: Laundry detergent, dish soap, cleaning supplies

PROGRAMS

Top-Up Hampers

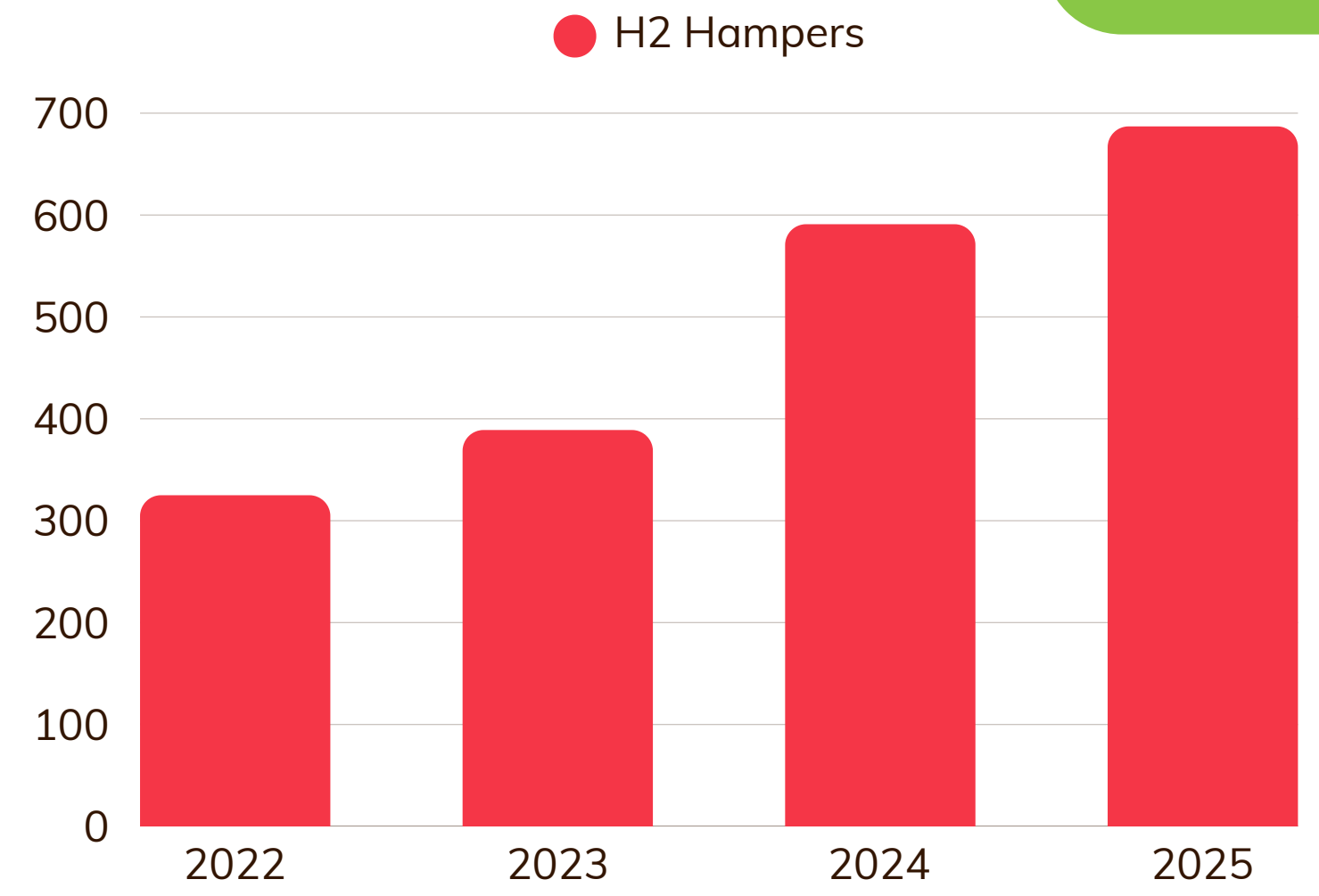
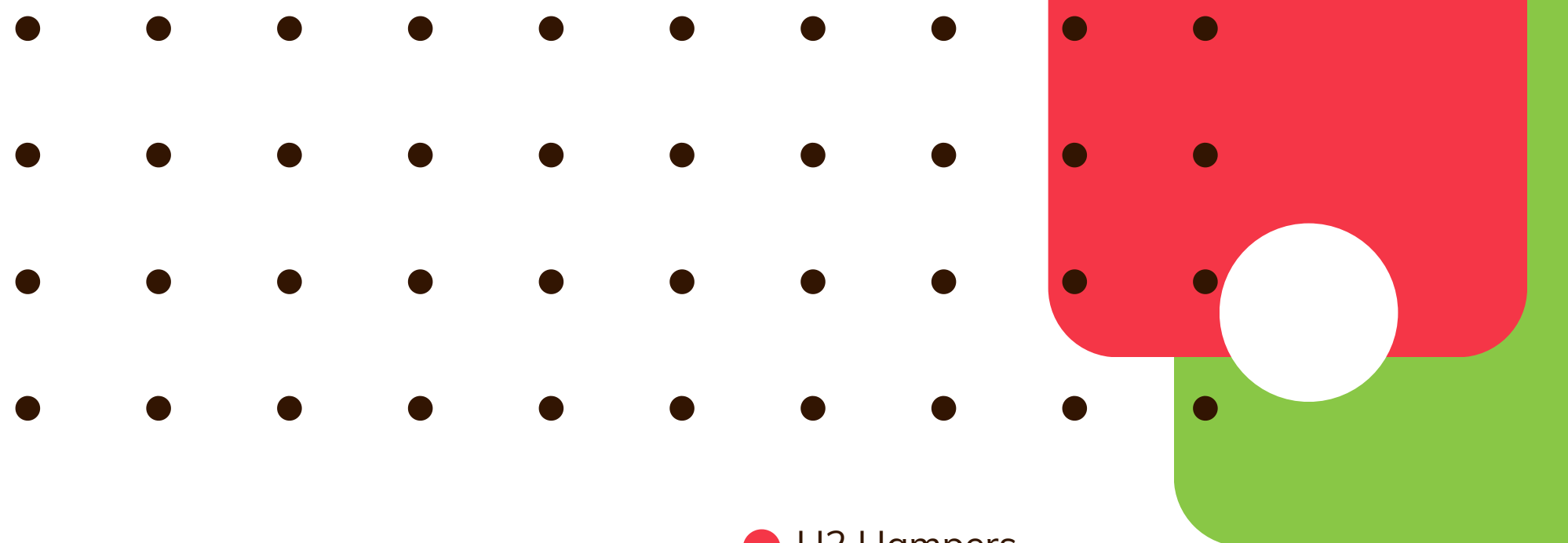
In 2025, 2,613 Top-Up Hampers were distributed. Households can access a Top-Up once per calendar month, which includes a selection of items from the client services area, such as specialty breads, cooler and freezer items, fresh produce, baby and feminine hygiene products.



PROGRAMS

H2 Hampers

In 2025, 687 H2 Hampers were distributed. These hampers can be accessed once a week and are designed to fit in a large backpack. They contain ready-to-eat foods that require no meal preparation.

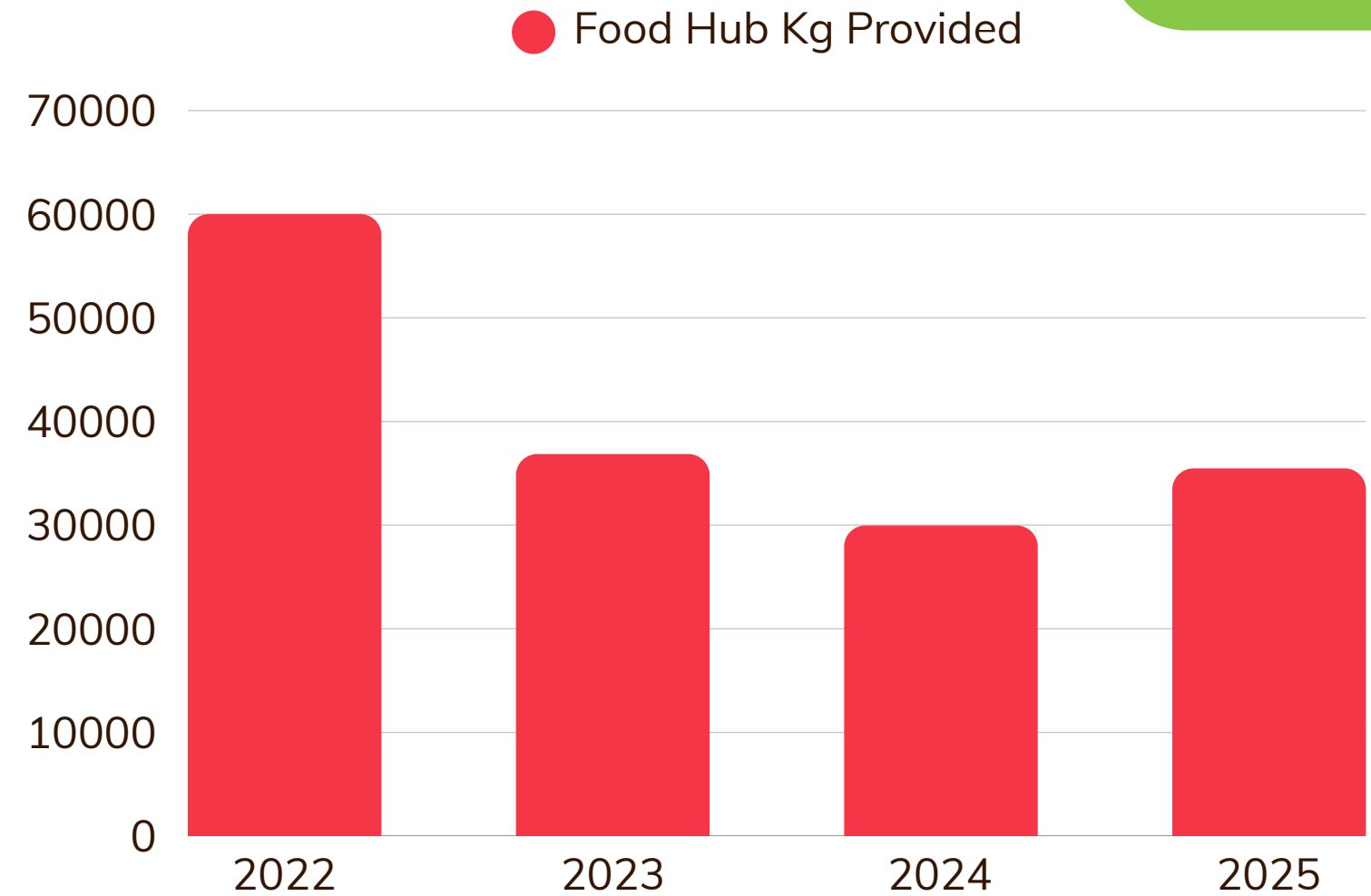


PROGRAMS

Hub Program

The Parkland Food Bank's Food Hub plays an important role in strengthening the regional food-support network by ensuring surplus produce is distributed to local food banks, church programs, and community agencies. By maximizing the use of donated food and reducing waste, the Food Hub helps ensure valuable resources reach people who need them most while supporting the broader community food system.

In 2025, the Food Hub supported seven partner agencies, providing essential food items that helped sustain a wide range of community programs and services. This collaborative approach expands access to food beyond the main Food Bank, reduces pressure on core services, and empowers local organizations to respond effectively to food insecurity within their communities.



EVENTS

2025 Parkland Food Bank Hosted Events

Coldest Night of the Year (February 22, 2025)

Individuals, businesses, and families came together at Columbus Park, braving the winter chill to walk 2km or 5km in support of our community. Thanks to their dedication, this event raised over \$66,000 to support food purchases, making a significant impact in the lives of those facing food insecurity.

Parkland Food Tri-Region Hunger Day (May 28, 2025)

Presented by North American Construction Group, Tri-Region Hunger Day brought the community together to support local families, raising 3,500 kg of food and \$47,500 for Parkland Food Bank programs.

Corporate Challenge (August 2025)

The Corporate Food Drive Challenge brings local teams together in a fun, meaningful way to support families facing food insecurity. Last year, 24 businesses participated, raising nearly 9,000 lbs of non-perishable food for individuals and families in need.

Thank you to everyone who participated, sponsored, and volunteered at these events.

Your Generosity

Every kilogram donated is an act of care. Thank you to our community for standing with us.



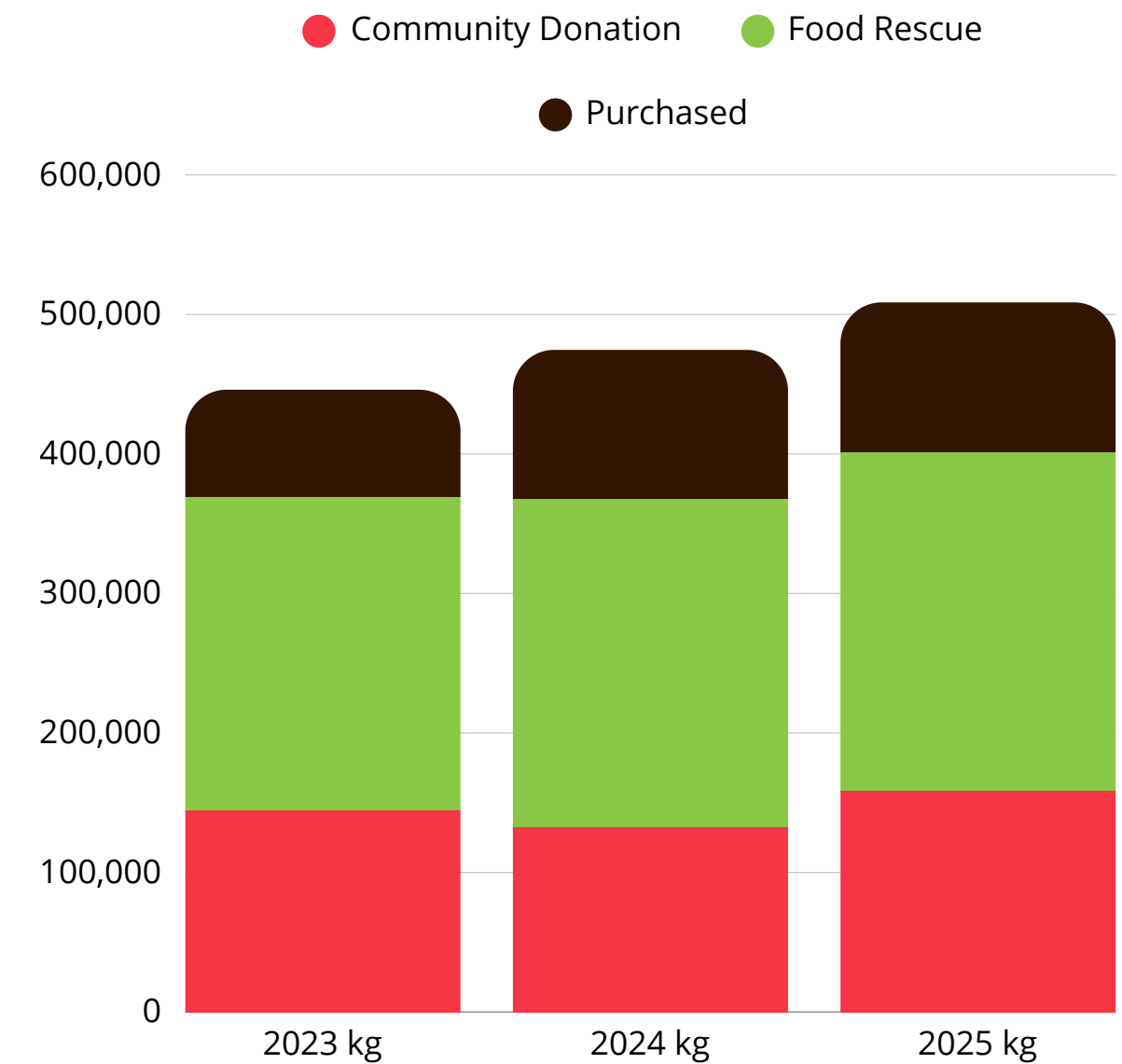
Learn how you can help at

parklandfoodbank.org/donate-food/

DONATIONS

Food Donation Summary

The Parkland Food Bank is deeply grateful for the continued generosity of our community. As shown in the chart, strong food donations from 2023 to 2025 were matched by growing financial value, reflecting both rising food costs and the care our community shows for one another. Donated food was valued at \$2.1 million in 2023, increased to \$2.9 million in 2024, and reached \$3.1 million in 2025. Alongside strategic food purchases, this support helps ensure consistent access to healthy food and makes a meaningful difference for individuals and families across our region.



DONATIONS

Community Food Drives 2025

The Parkland Food Bank relies entirely on the generosity of individuals, local businesses, schools, and community organizations to support the Tri-Region. In 2025, an incredible 1,035 community events, fundraisers, and individual and business donations helped provide essential food and financial support.

These efforts reflect a strong shared commitment to caring for neighbours and ensuring no one goes without. We are deeply grateful for the ongoing support of our community partners, whose generosity continues to make a meaningful difference for those facing food insecurity.



OUR VOLUNTEERS

the heartbeat of our mission

Volunteers embody the spirit of compassion and generosity, donating their time and energy to make a meaningful difference. Whether collecting food donations, packing hampers, speaking with clients, or sorting and repackaging food, their dedication and willingness to lend a helping hand are truly inspiring.

In 2025 we had 370 dedicated individuals give over 19,652 hours support support the work of Parkland Food Bank!





THANK YOU



ONLY TOGETHER CAN WE NOURISH HOPE AND
STRENGTHEN OUR COMMUNITY!